

School Health Advisory Committee Meeting Minutes

May 17, 2023

Members of the public are welcome to attend in-person. Fairfax County and City residents may make public comment by submitting a video or audio testimony by email to lmskurpski@fcps.edu prior to the scheduled meeting.

Members in Attendance:

P=Present A=Absent

A	Boyd, Michelle	A	Koubaroulis, Danielle*	P	Smalls, Saray
P	Cohen, Opal*	A	McLaughlin, Megan	P	Smith, Ann*
P	Danner, Kara*	P	Mignano, Paul	A	Smith, Kimberly*
P	De La Cruz, Kolette*	A	Nachnani, Sherry*	P	Spanier, Holly*
P	Demers, Bethany	P	Payne, Phyllis*	P	Spivack, Beth*
A	Elhady, Merehan*	P	Rohmiller, Mary*	P	Steiner, Jen*
P	Glenn, Adriana *	P	Schlink, Amanda	P	Wilkie, Ann*
P	Greer, Kim*	P	Silvia-Torma, Brenda*	P	Yergin- Doniger, Ilana*
A	Jadallah, James	P	Skurpski, Lea	n/a	n/a

Non-Committee Members in Attendance: N/A

- Meeting Called to Order by SHAC Co-Chair-** Ilana Yergin-Doniger at 7:12pm, after technical audio difficulties prevented a timely start.
- Approval of March 2023 Minutes:** Motioned by Ann Smith and seconded by Opal Cohen. SHAC voted to approve the minutes.
- Approval of April 2023 Minutes:** Motioned by Kolette De La Cruz and seconded by Ann Smith. SHAC voted to approve the minutes.
- Public Comment:** No public comment.
- FCPS Updates:** SHAC's end of the year report will be presented at the School Board meeting on June 27th at 6pm. FCPS is in the planning phase for next school year. The Wellness Newsletter will be published and disseminated in June and will be posted on SHAC's webpage. Schools will provide their wellness reports shortly, and the results will be posted sometime in July 2023.
- Nominations for SY 2023-24 SHAC Co-Chair(s) and Charge** Brenda Silvia-Torma

The committee engaged in a group discussion regarding next year's chair(s). Nominations were offered, but no member accepted a nomination to be next year's chair. Unable to reach completion on the SHAC chair nomination process at the meeting, SHAC's current cochairs tabled this topic so that we could move onto our key work of finalizing our annual report.

During the chair discussion, many current SHAC members mentioned that they will no longer be able to serve on SHAC after this year, due to other commitments. Brenda Silvia-Torma asked committee members to email her by mid-July if they plan to step down from the SHAC committee.

Updated 5/21/2023

The committee received a proposed SY 23-24 charge from Brenda Silvia-Torma, and much enthusiasm was expressed about the charge. This charge aligns with the data that we obtained during this year, including how often students feel disconnected to school in grades 7-12, and the elementary school versus middle school transition. In addition, because of the pandemic, elementary school children are just now learning how to connect.

SHAC will recommend the following charge to the FCPS School Board for SY23-24:

According to the US Surgeon General, Vivek Murthy, MD, MPH, the country faces a loneliness epidemic. **Technology is a critical factor** in why people of all ages feel less connected.

SHAC will **build upon** the lessons learned and recommended actions from SY 2022 2023's charge on EdTech and **identify strategies** to help FCPS implement two of the six foundational pillars within the Surgeon General's National Strategy to Advance Social Connection. These two pillars are:

- **"Reform digital environments" and**
- **"Cultivate a culture of connection."**

Phyllis Payne motioned to approve the recommended charge. Seconded by Ann Wilke. Motion passes.

7. Upcoming Dates

Brenda Silvia-Torma

- SHAC Final Report Presentation to Fairfax County School Board
 - June 27 – 6 pm. Brenda encouraged committee to attend the school board meeting.
 - Brenda will send the committee a draft infographic for review. The infographic will be reviewed by the committee with the plan of being approved within 2 weeks. The goal is to submit it in advance of the June 27th presentation.

8. Committee Q&A/Discussion:

The committee discussed changes to the final report, working collaboratively in a hybrid meeting. The draft final report document was edited live, using the screenshare function to share the live edits with Zoom attendees. In-person attendees were able to see the screenshare on large conference room screens.

Brenda Silvia-Torma motioned to approve the final report. Seconded by Kolette De La Cruz. Motion passed; SHAC voted to approve the final report.

9. Adjournment: Ilana Yergin-Doniger adjourned the meeting at 9:20pm.

Meeting Notes Drafted by: Brenda Silvia-Torma