

Mini Lesson: Worth Writing About...

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When we are writing we can often get stuck coming up with a topic. In reality, our daily lives are interesting enough to write about (well, most of the time) and that means those moments are worth writing about. Let's investigate how to use moments in your life to generate ideas for writing.

One way to do this is...

- 1) Spend your day paying close attention to moments that are "worth sharing" with others.
- 2) Write down this kernel of an idea somewhere and come back to it during writing time to expand.
- 3) Explore these ideas as you sit down to write.

Look at some example here:

Kernels from today:

- *I saw a 5 year old wore a wig while eating her breakfast today.*
- *I tried to put my pants on backwards while getting dressed today.*
- *While driving home I saw a man walking barefoot down the side of highway 495!*

How can I capture these events?

What would be the best way to share them?

Can I write a story? A poem? An article?

Now it's your turn to try...

Keep a piece of paper with you today (sticky notes are good too) and write down everything, even the small things, that seem remotely interesting (yes, it can even be your breakfast). At the end of the day, set up a page in your notebook and pick the top 3 most interesting events, either stick or copy them at the top of your page. Push yourself to answer the three questions about these three events. Choose one to take all the way into a piece of writing of your choice (ex: a story, a poem, an article, etc.)

Today and every day that you are writing you can use small moments from your day or night to inspire and inform what you share.