

School Health Advisory Committee Meeting Minutes

DATE: April 18, 2018

Call to Order:

The regular meeting of the Fairfax County School Board's School Health Advisory Committee was called to order on April 18, 2018 at (7:07) pm by David Whiting, Chairman. The meeting was held in room 5055 of the FCPS Gatehouse Administration Center, 8115 Gatehouse Rd., Falls Church, Virginia 22042.

Members in Attendance:

P	Cecilia Alvarez	P	John, Elizabeth	A	O'Brien, Anne-Marie		
A	Bartus, Camille	P	Johnson, Teresa	P	Payne, Liz	A	Stiller, Carol
A	Chamberlain, Amber	P	McGee, Morgan	P	Payne, Phyllis	A	Sullivan, Leslie
A	Durán, Francisco	P	McGuigan, Holly	P	Presson, Teresa	P	Thompson, Joe
P	Ende, Elizabeth	P	Michelback, Richard	P	Skurpski, Lea	P	Trouton, Lorraine
P	Evans, Sandy	A	Milani, Kavian	P	Spanier, Holly		
P	Hemmat, Joanna	P	Mumtaz, Hannan	P	Spears, Jennifer	P	Whiting, David
		P	Mwila-Martial, Sandra	P	Stewart, Catherine	P	Yo, Seung Je

P=Present A=Absent

1. Call to Order 7:07 PM
2. Approval of Prior Meeting Minutes: Elizabeth John motioned to approve. Seconded by Lorraine Trouton. Minutes approved on a voice vote.
3. Public Comment: Discussion around recess that has been eliminated in middle school. Student is a sixth grader, and does not get the recess opportunity his peers get that are in elementary school. Benefits of social interaction, problem solving, exercise, and stress relief are compromised when attending a middle school. Looking to reinsert recess into the middle school setting in order to improve social/emotional and mental health benefits for students. Elizabeth Ende asked for clarity regarding the middle school logistics of providing recess for sixth grade vs recess for all middle school students. Elizabeth commented that high schools have down time built in to the intervention schedule. She cited Daniel Pink's newest book and his pro-recess stance. Sandy Evans: all schedules are 6:45 minutes, and legislature states a 5:30 minute minimum.
4. Committee Updates:

Teresa Johnson discussed that the wellness survey has been implemented division-wide and that principals are completing the surveys now. We are on our way, and we are looking forward to the data coming in. The deadline is April 30 for schools to complete. Surveys are uniquely linked and the expectation is that there will be 100% compliance. Elementary Principals Association met today. We have developed a Recess Training committee with elementary principals to be sure that teachers are getting properly trained on updated policy. Additionally, all principals were given the request to eliminate dirty water buckets from the cafeteria. Most principals reported this was already being done, however a renewed emphasis will be in place to ensure attention is paid to keeping clean water buckets available.

Richard Michelback reports that *Procedures For Wiping Off Cafeteria Tables* (an Office of Safety and Security Fact Sheet) will be disseminated to all elementary principals

through an infogram. Holly McGuigan reported that the elementary school procedure she uses is to fold paper towels that are sprayed by adults and tables are wiped down by students. David Whiting asked for clarity from Richard on whether Principals are bound to follow the fact sheet. David posed the question to the group: is this document something that we should enact as a policy? Response from group is that finds this as progress and Richard will make small edits and send out to group for final approval of the committee.

Firearms Information: Basic rule is that no individual may be allowed to have a firearm, or a look alike, on school property at any time for any reason. The exception is Law Enforcement, acting in the role of law enforcement officers. This is supported by Virginia state law and FCPS SR&R. David: what measures are in place to identify students who are at risk of harming others, or identifying community members who are at risk of harming others? Teresa Presson: School board passed resolution regarding gun violence. Teresa Johnson met with Fairfax City Public School Board asking both divisions to explore how the threat of school violence impacts student health. Sandy Evans confirms that the school board is concerned about the mental health piece associated with threat of violence. Board has requested, and Superintendent is responding to specific questions around safety and security, and identifying individuals that are at risk for harming others. Sandy commented that the school board would welcome any suggestions that the SHAC could bring to the discussion. David asking for SHAC to commit to making this an item for next year's agenda. Additionally, would like Sandy to explore allowing a SHAC member to be part of the reporting and meeting.

Hannan Mumtaz reports that students are organizing in extra-curricular groups to have open dialogue to allow small groups to discuss personal impacts. Hannan included that the need for support and facilitating options from school administrators. The mental health discussions of the school board are open to the public, and it may be possible for the committee to participate at that point.

Elizabeth Ende commented that there are concerns around the educational curriculum of Family Life Education (FLE) does not address gun safety. Liz Payne suggested that the committee explore that gun safety lessons be part of the general health curriculum, not the FLE curriculum.

Holly Spanier expressed concern about how students identify and report mental health concerns of peers. Jennifer Spears explained that we take all threats seriously. Office of Communications and intervention services coordinate and collaborate with students, community, and schools to address all threats. FCPS has a very robust threat assessment in place as well as suicide risk assessment that is utilized by trained school personnel. Lessons for students include most common mental health concerns in adolescents, how to approach concerns with peers, and how to address concerns with trusted adults.

5. Rodney Taylor – Presentation on Food and Nutrition Services programs. Comprehensive review of impact the most recent changes have had on students' health and education. Revenue, innovation, quality, and service are paramount to the successes FCPS is currently experiencing.

Discussion of Topics for Review as a Result of this Meeting: David expressed the need to bring the AP discussion to the number one item on the agenda for next month. Additionally, discussion will include recess suggestions. Committee will need to discuss next year's charge, the SB presentation in May and make elections for next year.

Adjournment: 8:40

Meeting Notes Drafted by: Joe Thompson