

**Fairfax County School Board's  
SCHOOL HEALTH ADVISORY COMMITTEE (SHAC)  
VIRTUAL MEETING AGENDA for October 20<sup>th</sup> 7:00 pm-9:00 pm**

**\*SHAC Members may participate virtually or in-person**

The SHAC will be meeting Wednesday, October 20<sup>th</sup>, 2021 at 7:00 p.m. SHAC committee members may participate in-person or virtually due to the Covid 19 emergency. Conference Room 5055 will be available from 7pm-9pm for in-person attendance for the meeting.

**Public Comment at SHAC Meetings During COVID-19 Emergency:** SHAC will now meet in-person or virtually via Zoom. During this time, Fairfax County and City residents may submit a video or audio testimony by email to [lmskurpski@fcps.edu](mailto:lmskurpski@fcps.edu). A maximum of 5 slots are available, first come, first served. Please submit your video or audio testimony by 5:00 p.m. on Tuesday, October 19<sup>th</sup>. **Video and audio testimony should not exceed 3 minutes in length.**

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| 1. Call to Order                                 | Phyllis Payne            |
| 2. Approval of Prior Meeting Minutes (9.22.2021) | Committee                |
| 3. Public Comment, if any                        | TBD                      |
| 4. Presentation                                  | Stacy Simera, MSSA, LISW |

Positive Psychology, Resilience, and Flourishing: Moving Beyond the Absence of Illness and Into Wellness

**Committee Charge for 2021-2022**

SHAC will focus on student anxiety. We will look for schools modeling approaches that are helping students flourish by promoting mental health for staff, students, and caregivers. We will identify ways to publicize and share such examples. Time permitting, we hope to create webinars or podcasts to interview and share positive outcomes from schools with creative ideas to share.