

PHYSICAL EXAMINATION REMINDERS

This is an official notification to all drivers that you are responsible for completing your annual physical exams. Due to COVID-19, the Virginia Department of Transportation extended physical exams until December 31, 2020.

All drivers must complete or have scheduled their physical exams before the end of calendar year of 2020.

All drivers must pass the physical examination to continue employment with FCPS.

The physical examination includes submission of required medical documentation, including medication statements for existing health conditions, A1C laboratory reports; stress tests; cardiac evaluations; sleep studies, and CPAP compliance logs at the time of the scheduled physical.

Drivers must also provide all follow-up medical documentation within the specified time.

All drivers who fail to update their medical history or pass the annual physical examination within the established time limits (See [Regulation 4140, Physical and Medical Examinations](#)), may result in the driver being:

- Removed from duty
- Placed on leave without pay until the requirements are met; or
- One day suspension.

Inova Centers Currently Open due to Covid-19: Please do not schedule more than one appointment.

LOCATION	PHONE NUMBER
Alexandria - Inova Occupational Health 4700 King Street, Suite 201 Alexandria, Virginia 22302	By Appointment Only Phone: 571-665-600
Ashburn - Inova Occupational Health 21785 Filigree CT, Suite 103 Ashburn, VA 2147	By Appointment Only Phone: 703-554-6644
Vienna - Inova Occupational Health 180 Maple Avenue West Vienna, Virginia 22180	By Appointment Only Phone: 703-938-5300