

Career and Technical Education Highlights for May 2023

Academy Events:

Academy events will continue to be held at multiple academies throughout May and June.

- Edison Academy Awards - May 11th at 6:00 p.m. at Edison High School Auditorium
- MTAS Showcase - May 15th at 7:30 p.m. Fairfax High School
- West Potomac Academy Awards - May 16th – 17th during class periods
- Marshall Academy Awards and 25th Anniversary – May 17th at 3:15 p.m. at Marshall High School Cafeteria
- Chantilly Academy Awards - May 17th at 6:30 p.m. at Chantilly High School Auditorium
- Falls Church Academy Awards - May 22nd at 6:00 p.m. at Falls Church High School Auditorium
- Fairfax Academy Awards - May 23rd at 7:00 p.m. at Fairfax High School Auditorium
- Edison High School Global STEM Challenges Program Student Presentations – June 12th -15th during class periods
- Edison High School Global STEM Challenges Program – June 13th at 4:00 p.m. at Edison High School Lecture Hall

Business and Information Technology:

Aspirations in Computing Award

A HUGE congratulations to Selwyn Lawrence, BIT teacher at South Lakes HS, and his student on receiving awards from the [Aspirations in Computing](#) (a National Center for Women and Information Technology program). Way to go!

Girls Who Code Club

Students at Robinson SS participated in a Girls Who Code club that met for 8 weeks! They had three high school leaders, and 10 students attend. The students created an HTML website.

Health and Medical Science:

George Washington University Mentor Program

West Potomac Academy in partnership with George Washington University School of Medicine and Health Sciences, PATHS Program, are piloting a Mentor Program. Students in Exploring Health Sciences/Language of Medicine and Biotech Foundations applied for a PATHS Mentor. The PATHS

Mentor Program is a Virtual Model. Students participate with their Mentors in Monthly Career Prep Group Workshops and Mentors work individually with students on Career Exploration and Preparation, in addition to select students are participating in the API Research Project with their Mentor. During the pilot year, we have been able to match 16 students with a PATHS Mentor. The PATHS Mentors volunteer from George Washington Hospital, NIH, and Johns Hopkins from the Health and Medical Sciences career fields.

Clinical Shadow Inova Ambulatory Services Specialty Clinics

Medical Assisting Students are participating in Clinical Shadows with Inova Ambulatory Services Specialty Clinics. Students spend a day shadowing a Medical Assistant in an Inova Clinical Specialty of their choice. Participating Inova Clinics to include: Cardiology, Vascular and Cardiac Surgery, Primary Care, OBGYN, and Neurology.

Pharmacy Hours

Pharmacy Tech students are completing 130 Pharmacy Hours in local Giant Pharmacies per the Virginia Board of Pharmacy to take the National Board Pharmacy Technician Certification Exam in May. Ten students elected to take the Internship for Credit Course and are completing an additional 280 hours in a Giant Pharmacy plus the required 130 hours. All these students have been hired as employees by Giant, Ahold Corp. through their Internship and West Potomac Academy Pharmacy Technician Program.

Family and Consumer Sciences:

Fun Service Project

Students in the Family and Consumer Sciences classes at Luther Jackson MS implemented a fun service project. Students made dog toys by recycling old t-shirts! They received over one hundred old t-shirt donations from which the students made 60 dog toys that were then delivered to 'Animal Welfare League' of Arlington.

Real Food for Kids Culinary Challenge

The Real Food for Kids Culinary Challenge took place this year at Robinson SS. Real Food for Kids business partnership with FCPS continues to reap extraordinary benefits for the organization and the school division, both through building the connection between healthy school meals and academic success, as well as the connection between health, culinary skills, workforce learning and building an awareness of career pathways.

Herndon HS competed in the 11th annual Real Food for Kids Culinary Challenge at Robinson this year. Their instructor, Lauren Spector, shared those 4 students received the Community Choice award, as well as placing 2nd in the School Lunch category of the competition. The theme for this year's Culinary

Challenge was “Fresh Take on Tradition,” in which students were asked to create a plant-forward meal that reflects the school community and experiences of the team members. Herndon High School created Bocado de Tostada, which is a fresh take on a traditional Mexican dish, taking the beloved tostada and making it bite-sized. The dish was veggie-forward and is plant powered by jackfruit and homemade, refried beans. As a side, they served Elote Loco Salad. Herndon High School was fortunate to collaborate with Beanstalk, a local vertical farm located in Herndon, Virginia who donated cilantro, arugula, and radish confetti for the dish. For their fruit requirement, Herndon created a refreshing, frozen mango sorbet topped with Tajin. The team was led by Herndon High School’s instructors, Heather Palm and Lauren Spector.

Luther Jackson Middle school also competed in the Real food for Kids Culinary Challenge. Their showcase recipe, Tiger Tostadas took home the community choice award. Four students shared the process they used to develop this dish. Their creativity and collaboration was evident in a very tasty creation. All participants put their passion and enthusiasm into action to demonstrate these authentic work force ready skills. Their team was led by Neha Mathur, Family & Consumer Sciences instructor.

Food Truck Wars

Lewis HS students in Nutrition and Wellness participated in a Food Truck Wars competition where they created the name, theme, look, and menu of a new food truck. Students then created the food items and competed for who had the best.

Marketing:

The Prom Dress Shop is back! Marketing students participating in Classroom on the Mall organized the shop which provides free prom dresses and accessories to FCPS students. The shop is open in April and May. You can watch the news coverage on this event here: [WUSA9](#), [NBC4](#), and [Telemundo](#)!

CTSO Celebrations:

HOSA

Our Health and Medical Science (HMS) students participated in the HOSA State Competition in March. FCPS had 14 Top 3 winners! You can find the competition details on the [Virginia HOSA Student Leadership Conference 2023 Winners](#). Way to go HMS students!

FCCLA

Sierra Warden, an incredible junior at Fairfax High School, earned a gold medal at the 2023 FCCLA State Leadership Recognition Conference held in Virginia Beach. She competed against other juniors and seniors from across the state in the Career Investigation STAR event placing 3rd in her category. Sierra

researched a career in forensic science which matched her exploration of attributes, interests, skills, and academics. City of Fairfax Detective Trey Leightley and Detective Noelle Becker met with Sierra and demonstrated how field testing is done at crimes scenes providing her with hands-on experience.

Additionally, Sierra has been awarded the highly coveted Family, Career & Community Leadership of America Access Scholarship. Over 150 applications were received from FCCLA members from across the country, but Sierra's application stood out to the esteemed Inclusion, Access, Equity, and Diversity (IAED) Committee - the selection panel for the Access Scholarship. As part of the expectations, the students had to be a nationally affiliated member in good standing, and she has been a member since 7th grade competing in STAR events at the state and national level. Sierra was required to provide an academic transcript; a current extracurricular and community involvement resume with contributions made to FCCLA and respond to four extensive essay prompts. The application required letters of recommendation from Ms. Georgina Aye, Principal, and Ms. Von Schaack, Chapter Adviser. Unanimously selected as one of only six (6) recipients nationwide, Sierra has been granted a scholarship worth \$5,000 to attend the 2023 National Leadership Conference (NLC) in Denver, CO, from July 2-6. This year's scholarships were generously sponsored by the Governor's Highway Safety Association (GHSA), Octane Public Relations, and Texas FCCLA. The Access Scholarship, introduced by FCCLA in 2022, was created to provide life-changing opportunities for student members and their chapter advisers to attend NLC.

FCCLA and the Inclusion, Access, Equity, and Diversity (IAED) Committee are proud to announce Sierra Warden of Virginia as one of the 2023 National Leadership Conference Access Scholars! FCCLA received over 150 incREDible applications for this year's scholarship! The FCCLA members and their chapter advisers have each been awarded a scholarship to attend the 2023 National Leadership Conference in Denver, CO.

FCCLA State Leadership Competition 2023

Savannah Simmons from South County HS competed in the FCCLA state competition in Virginia Beach and took home 1st place and gold in her Sports Nutrition STAR event. This is the first time in South County's history that we have placed in this category. She has qualified for nationals in Denver. She is planning to attend and take home another 1st place win in July.

Savannah Vernon and Lindsey Stoner from Madison HS competed in the FCCLA state competition in Virginia Beach and took home 1st place and silver in the STAR event called Professional Presentation Level 2.

Sierra Warden, from Fairfax HS competed in the FCCLA state competition in Virginia Beach and took home 3rd place and gold in the STAR event Career Investigation Level 3.

Ava McCracken from Lake Braddock SS competed in the FCCLA state competition in Virginia Beach and took home 5th place and silver in the STAR event Chapter Service Project Display Level 3.

In support of Lake Braddock SS's first FCCLA State President, administrators attended the state conference hosted at the Virginia Beach Conference Center, VA Beach, Virginia. In attendance, including the three Lake Braddock FCCLA Advisers, Lead State Executive Council Adviser, Toshieba Ragland, co-advisers, Thomas Prassa and Angela Moyer, were Whitney Ketchledge, FCPS CTE Coordinator, Teri Hampton, Associate Principal, and Chris Farmerie, Assistant Principal.

Teri Hampton received the 2023 Virginia FCCLA Administrator Award.

Lake Braddock Chapter received the Membership Milestone 100+Trophy.

Toshieba Ragland received the 2022-2023 Adviser Mentor Award and the National Adviser Mentor Award!

Special thanks to all the teacher advisers at these FCPS schools with FCS programs. Their FCCLA chapters were awarded recognition at the VA FCCLA State Leadership and Recognition Conference for membership.

- Re-Established 100% Middle Level Chapter and "Impeccable" Chapter: Irving MS
- Milestone 100 Member Chapter and "Impeccable" Chapter: Lake Braddock SS
- New Chapter and "Impressive" Chapter: Franklin MS, Frost MS, Holmes MS, Jackson MS, Kilmer MS, Rocky Run MS, Stone MS, Thoreau MS, Twain MS, and Whitman MS
- New Chapter and "Impactful" Chapter: Hayfield SS
- Re-Established Chapter and "Impressive" Chapter: Glasgow MS and Herndon MS
- New Chapter: Cooper MS
- "Impactful" Chapter: Annadale HS, Herndon HS, and Johnson MS
- "Impressive" Chapter: Sandburg MS, Falls Church HS, and Fairfax Academy

More details on FCCLA awards can be found on the [FCCLA website](#).

Longfellow FCCLA

FCCLA students at Longfellow MS along with their advisors, Catherine Czifra and Katherine Shapiro, made rice heating pads/trivets for residents at the Chesterbrook Retirement community which is next door to the school. Students had fun using their sewing skills they learned in class to make something for others in their community. After they made the heating pads, they delivered them to the residents.

Students and residents all had a wonderful time. It was great way to interact with neighbors and spread a little joy!