

**Family Life Education Curriculum Advisory Committee
2016 - 2017**

Thursday, November 17, 2016

Gatehouse: Room 4050/4051

7 p.m. - 9 p.m.

MEETING AGENDA

Pre-meeting – 6:30 – 7:00 Media: You Are in Charge of Your Body (2014), Human Relations Media, 31 minutes; will be available for viewing for those committee members who were not in attendance at the October meeting.

Welcome and Introductions

Discussion and Action:

- **State Board of Education recently approval revisions to the VDOE recommended standards of learning for family life education**

- *At committee member request: Motion to have the new video "You Are in Charge of Your Body" substituted for the old video "Sexual Abuse - It's Not Your Fault" for the 4th grade curriculum. (This motion would need a second to be discussed.)*

- **Grade 3 Lesson Objective**

Proposed

3.2 Students will demonstrate how to respond appropriately to good touches and how to handle inappropriate approaches from relatives, neighbors, strangers, or others.

Descriptive Statement: Instruction may include how to communicate a response to good touches, such as smiling or hugging, and how to communicate a response to confusing situations or inappropriate touches, such as saying "no," avoiding the situation, and leaving the situation. Inappropriate approaches will include defining and identifying sexual abuse. Students will identify trusted adults in their safety network and will be encouraged to talk with a trusted adult about any inappropriate touches or confusing situations.

Current

3.2 **Students will demonstrate how to respond appropriately to good touches and how to handle inappropriate approaches from relatives, neighbors, strangers, or others.**

Descriptive Statement: Instruction may include how to communicate a response to good touches, such as smiling or hugging, and how to communicate a response to confusing situations or inappropriate touches, such as saying "no," avoiding the situation, and leaving the situation. Students will identify trusted adults and will be encouraged to talk with a trusted adult about any inappropriate touches or confusing situations.

- **Grade 10 Lesson Objective**

Adding endometriosis to the grade 10 curriculum. For information on endometriosis <https://www.nichd.nih.gov/health/topics/endometri/conditioninfo/Pages/at-risk.aspx> ; <http://www.endofound.org/>

Proposed

10.1 **Students will discuss gender specific health concerns including the importance of conducting particular self-examinations.**

Descriptive Statement: Topics will include early detection strategies (self-examinations and medical examinations) and identification of warning signs of endometriosis, breast cancer (female and male) and testicular cancer. Instruction will include breast self-examination (girls only) and testicular self-examination (boys only).

Current

10.1 **Students will discuss gender specific health concerns including the importance of conducting particular self-examinations.**

Descriptive Statement: Topics will include early detection strategies (self-examinations and medical examinations) and identification of warning signs of breast cancer (female and male) and testicular cancer. Instruction will include breast self-examination (girls only) and testicular self-examination (boys only).

Future Meetings:

- Thursday, January 12, 2017 Room 3050/3051
- Thursday, February 9, 2017 Room 3050/3051
- Thursday, March 9, 2017 Room 3050/3051