

**Family Life Education Curriculum Advisory Committee
2017 - 2018**

Thursday, March 8, 2018
Gatehouse: Room 3050/3051 7 p.m. - 9 p.m.

MEETING AGENDA

Welcome

Approval of February Meeting Minutes

➤ **Pending motion:**

Motion to move grade 8 Emotional and Social Health unit objective 8.3 out of FLE to general health instruction.

Students will identify family and personal expectations of dating relationships and investigate the influence of mass media messages on dating and sexual behavior.

Descriptive Statement: Topics include peer pressure, the explicit and implicit nature of media messages about dating, how teens are influenced by trends and fads, and strategies for dealing with peer pressure and media influences. It is emphasized that families and cultures may have different values and expectations about dating and that the age at which people become interested in dating varies among individuals.

Note: References to sexual behaviors would have to be eliminated from lesson to include in general health.

- Follow up on discussion about adding a focus of setting personal boundaries and respecting the personal boundaries of others.

Note: 2018 VA Legislative Session - HB 45 (passed VA House and Senate)

C. Any family life education curriculum offered in any elementary school, middle school, or high school shall incorporate age-appropriate elements of effective and evidence-based programs on the importance of the personal privacy and personal boundaries of other individuals and tools for a student to use to ensure that he respects the personal privacy and personal boundaries of other individuals.

Staff recommended lesson objective changes

8.4 (HGD) (Gender Separate): Students will describe the consequences of teen sexual activity and explore the benefits of abstaining from sexual activity until marriage.

Descriptive Statement: Instruction includes exploring the reasons why some teenagers may become sexually active; discussing the physical, social, emotional, and financial impact of premarital sexual activity and teen pregnancy; and identifying positive alternatives to sexual activity. This includes making responsible decisions that are consistent with one's personal and family values and supportive of personal health and the well-being of others to include setting personal boundaries and respecting the boundaries of others.

9.3 (ESH) Students will identify effects, prevention strategies, and appropriate resources for help and reporting for sexual abuse.

Descriptive Statement: Topics will include sexual assault, rape, intimate partner violence, incestuous behavior, molestation, gang sexual abuse, human (teen sex) trafficking, and incest. Resources for help and reporting

include parents, school personnel, religious leaders, health care providers, and community resources. The concept of setting boundaries will be introduced.

9.4 (ESH) The student will identify factors that contribute to healthy relationships in families, friendships, and dating.

Descriptive Statement: Topics may include communication skills, decision making, respect for self and others (establishing personal boundaries), and ~~conflict resolution~~ consent.

9.3 (HGD) Students will identify sexual abstinence as the appropriate choice for adolescents and identify appropriate methods for expressing feelings and affection.

Descriptive Statement: Instruction will include benefits of choosing sexual abstinence, consequences of sexual activity, and appropriate methods for expressing feelings and affection. Students will learn that anyone who has been sexually active can make a new decision for premarital abstinence. Instruction will include effective strategies for abstinence promoting and maintaining self-worth and resisting peer pressure, such as communication, assertiveness, setting personal boundaries, and ~~refusal skills~~ respect for self and others.

10.7 (HGD) Students will examine teen dating relationships, teen dating violence, and human (teen sex) trafficking; and strategies for prevention and help.

Descriptive Statement: Instruction will include dating violence (verbal, physical, emotional, and sexual abuse, and sexual assault), Internet exploitation, and sexual consent; and how dating relationships may result in human (teen sex) trafficking. Strategies for prevention of sexual violence and abuse including establishing personal boundaries and being respectful of personal boundaries and the boundaries of others and dealing with abuse, violence, and human (teen sex) trafficking will be discussed. Community health resources for further information, assistance, and support will be identified.

➤ **Review/discussion lesson objectives for grades 8 (ESH 8.5 – 8.8) and grades 9 – 10**

- Resource: Crosswalk of VDOE and FCPS FLE Lesson Objectives
- Resource: FLE lessons

Future Meeting:

- Thursday, April 12, 2018 Room 3050/3051 Grades 11-12

FLECAC Recommendations to the School Board: New Business May 10, 2018 Action June 14, 2018