Seminar Guidelines

School personnel must register students for the seminar by calling the Student Safety and Wellness Office at 571-423-4270.

Parents must arrange transportation for students to and from the class.

Students should use the main entrance and proceed directly to the assigned classroom.

Students must not arrive prior to 7:45 a.m. and must be picked up no later than 2:15 p.m.

Students must bring their lunch to class each day.

Staff members and students must maintain strict confidentiality at all times.

A parent or guardian must attend the Tuesday evening meeting for the student to receive credit for the class.

Students are expected to adhere to all FCPS rules and regulations outlined in the current version of Regulation 2601, *Student Rights and Responsibilities* (SR&R), as well as the code of conduct set forth by the seminar staff members while attending the seminar.

The FCPS dress code is strictly enforced while students attend the seminar.

Fairfax County Public Schools

DEPARTMENT OF SPECIAL SERVICES

Student Safety and Wellness Office

Student Program Locations

Pimmit Hills Center
7510 Lisle Avenue, Room 144
Falls Church, VA 22043

Quander Road Center
6400 Quander Road, Quad 4
Alexandria, VA 22307

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Keeping our Youth Safe and Drug Free

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- **Understand the Addiction Process**
- **Recognize and Evaluate Consequences**
- **Assess Level of Involvement**

Intervention Seminar - High School

Pimmit Hills Center, Room 144
Quander Road Center, Quad 4

High school students who have violated the alcohol or other drug regulations in the *Student Rights and Responsibilities* (SR&R) and those students who volunteer for the class may be eligible to attend our three-day seminar. This activity is not intended for students who have already attended the seminar or who have been disciplined for a drug distribution violation. Fairfax County Public Schools works with the students to bring them the most accurate, up-to-date information on alcohol and drugs.

Elementary and middle school students may participate in an in-school intervention support program to be conducted by the Student Safety and Wellness Office. Arrangements will be made with the schools for date and time for intervention.

Students participating in the seminar will:

Recognize and evaluate consequences of alcohol and other drug use in the following areas:

Family
Legal
Social
Emotional
Physical
Financial

Understand the addiction process and assess their level of involvement by focusing on the following:

Drug education
Signs of addiction
Stages of use
High-risk factors

Practice skills that promote personal growth, including the following:

- Problem recognition/problem solving
- Peer refusal
- Peer cooperation/conflict management

Tobacco Intervention Program

Students who have violated the tobacco regulation in the SR&R shall participate in the FCPS tobacco and smoking intervention program to be conducted by the Student Safety and Wellness Office. Arrangements will be made with the schools for date and time for the intervention. This activity is not intended for students who have already attended the seminar. It includes information on the medical, physical, social, and psychological consequences of using or possessing tobacco products. Fairfax County Public Schools works with the students to bring them the most accurate, up-to-date information on tobacco use, addiction, and cessation. The students can use this information to make knowledgeable decisions about the use of tobacco products. Cessation techniques that are discussed provide students with information that can be used when they make the decision to quit.

Parent Night

Pimmit Hills Center – Senior Center
Quander Road Center – Cafeteria

One of the requirements for successful completion of the Alcohol and Other Drug Use Intervention Seminar and the Tobacco Intervention Program is that at least one parent or guardian attend a parent meeting. The meeting is held on selected Tuesday evenings at Pimmit Hills Center or Quander Road Center from 6:30-8:30 p.m.

Goals of the Parent Meeting:

Provide an overview of the Tobacco Cessation Education Seminar and the Alcohol and Other Drug Use Intervention Seminar.

Educate parents about current substance use patterns, drug jargon, and paraphernalia.

Discuss components of the addiction process so that parents can examine their child's level of involvement with alcohol, tobacco, and other drugs.

Furnish a comprehensive overview of community resources and guidelines.

Pimmit Hills Center
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Falls Church, VA 22043

Quander Road Center
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