Family Media Agreement: 9-12

When your child begins to use the Internet, it is important to have a conversation about when and how they use it and what they use it for. This Family Media Agreement is one tool you can use to support this conversation.

I will . . .

Stay safe.

☐ I know that there are scams online that I can avoid. Therefore, unless I am filling out a trusted form with my family’s permission, I will not give out my private or financial information.

☐ I will read the privacy policies of any social network sites or apps that I want to use, and I will pay attention to the types of information these companies can collect about me.

☐ I know that I have a choice in the kinds of relationships I have online. I will stop talking to anyone who makes me feel pressured or uncomfortable, or acts inappropriately toward me.

Think first.

☐ I will model kind behavior online. I will not bully, humiliate, or upset anyone online or with my phone – whether through sharing photos, videos, or screenshots, spreading rumors or gossip, or setting up fake profiles – and I will stand up to those who do.

☐ I know that the photos and videos I post, and everything that I write about myself and others online, can be saved and shared without my knowing. Therefore, I will not post anything online that I wouldn’t want my family, teachers, college admissions officers, or future employers to see.

☐ When I use, reference, or share someone else’s creative work online, I will give proper credit to the author or artist. I also know that I have a right to receive credit for any original work that I share online.

Stay balanced.

☐ I know that not everything I read, hear, or see online is true. I will consider whether a source is credible. As an author, I will also contribute information thoughtfully and honestly.

☐ I will be open with my family about how I spend my time with media and show them that I use it responsibly.

☐ I will be mindful of how much time I spend in front of screens, and I will continue to enjoy the other activities – and people – in my life.

In exchange, my family agrees to . . .

☐ recognize that media is a big part of my life, even if they don’t always understand why.

☐ talk with me about what worries them and why, before saying “no.”

☐ talk to me about my interests and embrace my world, including helping me find media that’s appropriate and fun.

☐ let me make some mistakes and help me learn from them.

☐ respect my privacy and talk to me if they have concerns.

x___________________________________  x____________________________________
Signed by me      Signed by my parent or caregiver

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