If you wish to opt your child out of all or some of the Kindergarten Family Life Education lessons, please complete this form and return it to your child’s classroom teacher prior to FLE instruction. Additional information for lesson objectives and media descriptions is available at https://www.fcps.edu/academics/elementary-family-life-education-fle. Lessons are available in FCPS 24/7 (Blackboard) Parent View at https://fcps.blackboard.com/.

PLEASE NOTE: You do not need to return this form unless you are opting your child out of all or some of the Kindergarten Family Life Education lessons.

CHILD’S NAME _________________________________   Classroom Teacher _______________________

Directions: Please check those lessons in which you do not want your child to take part.

____ Lesson 1: Family Words
Students will recognize that everyone is a member of a family and identify members of their individual families.
- Identify adult and child members of their families living in the same home
- Family structures included will be traditional or two-parent families – mother, father, and children; extended families – relatives other than the immediate family living in the home; single-parent families; adoptive families; foster families; families with stepparents; and blended families.

____ Lesson 2: Families Are Special
Students will identify positive ways in which family members and friends show love, affection, respect, and appreciation for each other.
- Appropriate behaviors such as hugging, listening, protecting, providing guidance, encouraging, and praising
- Concept that some behaviors may be inappropriate will be introduced

____ Lesson 3: Good Touch, Bad Touch
Students will identify elements of good and bad touches by others.
- Elements of good touches by others will be defined by the following: touching that can be done in front of anyone, touching that is not a secret, touching that makes the child feel good, touching that is done to keep the child clean or provide medical care, and touching that is an appropriate expression of affection by a family member
- Bad touches will be defined by the following: touching of private areas/parts of the body (areas covered by bathing suit or underwear), touching to be kept secret, and touching that makes a child feel bad or uncomfortable

____ Lesson 4: Responses to Inappropriate Behaviors
Students will demonstrate how to say “no” to inappropriate behaviors from family members, neighbors, strangers, and others.
- Saying “no” in a loud voice, standing up straight, and looking at the person
- Trusted adults who can help the child will be identified
- Students will learn to keep telling until someone listens and helps them

Parent/Guardian Signature _________________________________   Date ________________________________