

Getting Dressed at Home

<p>Receptive Language: have your student follow instructions and/or locate various items/objects</p>	<p>Expressive Language: have your student use their preferred mode of communication to label and fill in</p>
<p>While your child is getting dressed, ask them to identify the body parts:</p> <ul style="list-style-type: none"> • "Socks go on your feet...where are your feet?" • "Shirts go over your head...where is your head?" <p>While your child is getting dressed, ask them to do things that will assist in dressing:</p> <ul style="list-style-type: none"> • "Lift your arms." • "Pull up your pants." • "Put this in the laundry." • "Get your shirt." <p>While getting dressed, ask them to get various items of clothing:</p> <ul style="list-style-type: none"> • "Where is your shirt?" • "Can you find your socks?" • "Get your pants." 	<p>While getting dressed, have your child do some fill-ins:</p> <ul style="list-style-type: none"> • "You put your socks on your _____." • "The shirt goes over your _____." <p>While getting dressed have your child label</p> <ul style="list-style-type: none"> • clothing items as they get them and/or put them on, • actions that are taking place (i.e. getting dressed, changing clothes, etc. • body parts
<p>Imitation: parent models action, child imitates</p>	<p>Requesting: create situations that might motivate your student to ask for items</p>
<p>Using natural sounding language, while getting dressed, your student can imitate you, a family member, or a sibling:</p> <ul style="list-style-type: none"> • put your legs in pants • put your arms in shirt • put your shirt over head • zip up clothing <p>fasten a button/snap</p> <ul style="list-style-type: none"> • put the hat on your head • put your socks on your feet 	<p>As you are getting dressed, you can withhold the items and have them reach, point, vocalize, or use a device to make requests for various items:</p> <ul style="list-style-type: none"> • request items needed (i.e. shirt, pants, brush, etc.) • child requests actions from parents (i.e. "tie my shoes, brush my hair," "help," etc.)

<ul style="list-style-type: none">• put your shoes on• tie your shoes• comb/brush your hair	
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Behavior
<ul style="list-style-type: none">• staying in area• Keeping hands/feet to self<ul style="list-style-type: none">• Calm Body• waiting• following directions