

Eating a Meal

Receptive Language: have your student follow instructions and/or locate various items/objects	Expressive Language: have your student use their preferred mode of communication to label and fill in
<p>While eating with your child provide instructions to your student:</p> <ul style="list-style-type: none"> • "Come to the table." • "Set the table." • "Sit in your chair." • "Find a snack." • "Get a napkin." • "Use your spoon." • "Wipe your face." • "Take a bite." <p>While preparing or eating meals, have your student find various items/objects:</p> <ul style="list-style-type: none"> • food • utensils • place settings • etc. 	<p>While eating with your student, he/she can answer questions or fill in:</p> <ul style="list-style-type: none"> • "You are eating ____." • "You use a cup to ____." • "You use a napkin to ____." • "You drink ____." <p>Wh- questions:</p> <ul style="list-style-type: none"> • "What are you eating?" • "What's that?" • "Who are you eating with?" • "What is your favorite food?" • etc. <p>Label items/actions your student is using:</p> <ul style="list-style-type: none"> • utensils • napkins • food • drinks • dishes • eating • cleaning • etc.
Imitation: parent models action, child imitates	Requesting: create situations that might motivate your student to ask for items
<p>Using natural sounding language, while eating with your student, have him/her imitate your actions:</p> <ul style="list-style-type: none"> • wipe your face • eating/biting food • napkin on lap 	<p>As you are eating, you can withhold the items and have them reach, point, vocalize, or use a device to make requests for various items: Request food items, utensils, dishes, etc.</p>

<ul style="list-style-type: none">• use utensils• clean up dishes• cut food• serve food	<ul style="list-style-type: none">• Requesting missing items (i.e. give yogurt without a spoon, juice without a straw, etc.)
Behavior	
<ul style="list-style-type: none">• Sitting in a chair/staying in area• Keeping hands/feet to self<ul style="list-style-type: none">• Calm Body• waiting• following directions	