

Autism Acceptance Month | Week Two Reflection



Dr. Stephen Shore, an autistic self-advocate once said, “If you’ve met one person with Autism, you’ve met one person with Autism.” This week, you’ve heard or read personal stories from a few autistic people. Each person shared about their own strengths and challenges and how they each experience life in very different ways. Consider the following questions:

- What is coming up for you as you reflect on what you’ve learned this week?
- When you think of an Autistic individual, who comes to mind?
- As you learned about Mitchell, Michael, Patrick and Kate, did anything that they shared about themselves surprise you? What previous beliefs did you have about autistic individuals led you to be surprised?
- How does the information you learned change how you view autism and your neurodivergent students?
- How do you think turning to autistic people can help shift people’s mindsets?
- In what ways do the current systems/practices support or deter listening to autistic voices?
- How might you bring what you’ve learned back to your teams and continue your reflection and learning?