If you wish to opt your child out of all or some of the grade six Family Life Education lessons, please complete this form and return it to your child’s classroom teacher prior to FLE instruction. Additional information for lesson objectives and media descriptions is available at https://www.fcps.edu/academics/elementary-family-life-education-fle. Lessons are available in FCPS 24/7 (Blackboard) Parent View at https://fcps.blackboard.com/.

PLEASE NOTE: You do not need to return this form unless you are opting your child out of all or some of the grade six Family Life Education lessons.

CHILD’S NAME _________________________________ Classroom Teacher _______________________

Directions: Please check those lessons in which you do not want your child to take part.

Lesson 1: Child Abuse and Neglect
Students will demonstrate increased understanding of child abuse and neglect, including emotional and sexual abuse.
- Defining types of abuse
- Importance of reporting
- Resources for the reporting and treatment of child abuse and family violence

Students will explain that there are laws protecting children from inappropriate and abusive behavior of others.
- Defining sexual, emotional, and physical abuse and neglect
- Helping children understand what behavior should be expected from adults
- Ways to respond positively to family members and younger children in students’ care
- Defining and describing human (child/teen sex) trafficking

Lesson 2: Community Health Care Agencies
Students will become aware of school and community health-care services and how to access these services.
- Services for child abuse prevention; treatment of abuse victims; mental health counseling; substance abuse prevention and treatment and support groups; health care services
- Role of primary care provider, local health department, police department, other safety services
- Resources for help include trusted adults such as parents/guardians, school personnel, coaches, and clergy

Lesson 3: Social Media and Text Messaging
Students will examine the positive aspects and misuse of social media and text messaging.
- Positive aspects of social media and text messaging
- Misuse of social media and text messaging; consequences of engaging in cyberbullying and sexually explicit communication (sexting)
- Strategies for appropriate use of technology
- Strategies for responding to/dealing with inappropriate online communication.

___________________________________ __________________________
Parent/Guardian Signature Date
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PLEASE NOTE: You do not need to return this form unless you are opting your child out of all or some of the grade six Human Growth and Development lessons.

**CHILD'S NAME _________________________________   Classroom Teacher _______________________

Directions: Please check those lessons in which you do not want your child to take part.

____ Lesson 1: Puberty and Hygiene
Students will explore the physical, emotional, and social changes that occur during puberty and relate personal hygiene to these changes.
- Physiological, psychological and social changes; ways to cope with changes
- Relationship among bodily changes, good personal hygiene and positive interactions with others is emphasized
- Girls only review the use and proper disposal of personal hygiene products.

____ Lesson 2: Reproductive Systems
Students will review the structures and functions of the male and female reproductive systems and how these change during puberty.
- Structure and function of the reproductive organs

____ Lesson 3: Human Reproduction
Students will expand prior knowledge of the process of human reproduction.
- Fertilization, prenatal development, fetal support structures, prenatal care, and birth
- Physical readiness to become a mother or father precedes the psychological, emotional, intellectual, spiritual, financial, and social maturity needed to raise a family

____ Lesson 4: Sexually Transmitted Infections
Students will study basic facts about sexually transmitted infections (STIs).
- Viral (genital herpes, human papilloma virus [HPV], HIV/AIDS)
- Bacterial STIs (chlamydia, gonorrhea, syphilis)
- Consequences and prevention of STIs through sexual abstinence, fidelity within marriage, available vaccinations, and avoidance of needle sharing and intravenous drug use

____ Lesson 5: Abstinence and Refusal Skills
Students will identify reasons for avoiding premarital sexual intercourse.
- Physical, psychological, social, academic, spiritual, and financial consequences of premarital sexual intercourse
- Benefits of sexual abstinence
- Refusal skills

___________________________________   __________________________
Parent/Guardian Signature   Date