If you wish to opt your child out of all or some of the grade three Family Life Education lessons, please complete this form and return it to your child’s classroom teacher prior to FLE instruction. Additional information for lesson objectives and media descriptions is available at https://www.fcps.edu/academics/elementary-family-life-education-fle. Lessons are available in FCPS 24/7 (Blackboard) Parent View at https://fcps.blackboard.com/.

PLEASE NOTE: You do not need to return this form unless you are opting your child out of all or some of the grade three Family Life Education lessons.

CHILD’S NAME _________________________________   Classroom Teacher _______________________

Directions: Please check those lessons in which you do not want your child to take part.

_____ Lesson 1: Positive Self-Image

Students will identify positive personal characteristics and attributes.
- Identify positive personal characteristics and attributes to develop a positive self-image including:
  - Being good at academics, sports, fine arts; or being funny or honest

_____ Lesson 2/3: Good and Bad Touches

Students will demonstrate how to respond appropriately to good touches and how to handle inappropriate approaches from relatives, neighbors, strangers, or others.
- How to communicate a response to good touches, such as smiling or hugging
- How to communicate a response to confusing situations or inappropriate touches, such as saying “no,” avoiding the situation, and leaving the situation
- Inappropriate approaches will include defining and identifying sexual abuse
- Listing trusted adults in their safety network
- Talk with a trusted adult about any inappropriate touches or confusing situations

___________________________________  Date ____________________
Parent/Guardian Signature