Fairfax County Family Life Education
OPT-OUT REQUEST FORM
Grade Two: Emotional and Social Health

If you wish to opt your child out of all or some of the grade two Family Life Education lessons, please complete this form and return it to your child’s classroom prior to FLE instruction. Additional information for lesson objectives and media descriptions is available at https://www.fcps.edu/academics/elementary-family-life-education-fle. Lessons are available in FCPS 24/7 (Blackboard) Parent View at https://fcps.blackboard.com/.

PLEASE NOTE: You do not need to return this form unless you are opting your child out of all or some of the grade two Family Life Education lessons.

CHILD’S NAME _________________________________ Classroom Teacher _______________________

Directions: Please check those lessons in which you do not want your child to take part.

_____ Lesson 1: Good and Bad Hugs

Students will identify physical affection as an expression of friendship, celebration, and a loving family.

- Appropriate expressions of affection are healthy for the individual and the family
- Recognizing inappropriate expressions and demonstrate skills to respond to inappropriate expressions

_____ Lesson 2: Good and Bad Touches

Students will identify inappropriate approaches from family members, neighbors, strangers and others. Students will identify trusted adults to go to for help and how to say “no.”

- Review of good and bad touching; difference between appropriate and inappropriate expressions of affection and behavior
- It is okay to say no to inappropriate approaches
- Trusted adults include parent or guardian, teacher, guidance counselor, grandparent, clergy or religious leader, other adult family member

_____________________________________________ Date __________________________
Parent/Guardian Signature