If you wish to opt your child out of all or some of the grade twelve Family Life Education lessons, please complete this form and return it to your child’s Social Studies teacher prior to FLE instruction. Additional information for lesson objectives and media descriptions is available at [https://www.fcps.edu/academics/high-school-academics-9-12/family-life-education-fle](https://www.fcps.edu/academics/high-school-academics-9-12/family-life-education-fle). Lessons are available in FCPS 24/7 (Blackboard) Parent View at [https://fcps.blackboard.com/](https://fcps.blackboard.com/).

**PLEASE NOTE:** You do not need to return this form unless you are opting your child out of all or some of the grade twelve Family Life Education lessons.

**CHILD’S NAME ________________________________ Social Studies Teacher ____________________________**

Directions: Please check those lessons in which you do not want your child to take part.

____  **Lesson 1: Family and Virginia Law**  
Students will interpret laws that affect family life.  
- Current laws and case studies in Virginia individuals and families  
  - Marriage, divorce, adoption, child abuse, human (teen sex) trafficking, sexual assault  
    (includes consent), legal responsibilities of parents  
- Impact of engaging in risky behaviors during high school, post-secondary education, and career  
- Bystander awareness and intervention strategies

____  **Lesson 2: Sexually Transmitted Infections**  
Students will explain prevention and transmission of sexually transmitted infections. Students will be able to describe the physical, emotional, and social impacts of sexually transmitted infections on self and others.  
- Local and national statistics, high risk behaviors  
- Abstinence from sexual activity and intravenous drug use  
- Use of condoms and pre-exposure prophylaxis for HIV prevention  
- Effects of substance use on decision making and the developing brain  
- Considerations for current and future settings (high school, college, work environments)

____  **Lesson 3: Contraception**  
Students will identify factors that influence use of contraceptives.  
- Methods and effectiveness of contraceptives for pregnancy and minimizing risk of sexually transmitted infections  
- Considerations for choosing contraception  
  - How the method is used, partner’s opinion, availability and cost, and personal values/beliefs  
- Abstinence as the only 100% effective method for preventing pregnancy and most effect method for preventing sexually transmitted infection

___________________________________  Date ______________________

Parent/Guardian Signature