If you wish to opt your child out of all or some of the grade one Family Life Education lessons, please complete this form and return it to your child’s classroom teacher prior to FLE instruction. Additional information for lesson objectives and media descriptions is available at [https://www.fcps.edu/academics/elementary-family-life-education-fle](https://www.fcps.edu/academics/elementary-family-life-education-fle). Lessons are available in FCPS 24/7 (Blackboard) Parent View at [https://fcps.blackboard.com/](https://fcps.blackboard.com/).

**PLEASE NOTE:** You do not need to return this form unless you are opting your child out of all or some of the grade one Family Life Education lessons.

CHILD’S NAME _________________________________   Classroom Teacher _______________________

Directions: Please check those lessons in which you do not want your child to take part.

___ **Lesson 1: My Family Community**  
Students will describe a community as people living and working together and will understand that family members make up a community.  
• Family structures: two-parent families, extended families – relatives other than the immediate family living in the home, single-parent families, adoptive families, foster families, families with stepparents, and blended families  
• Definition of community and how they work

___ **Lesson 2: Family Jobs**  
Students will identify responsibilities of different family members.  
• Adult responsibilities such as providing food, shelter, and clothing  
• Child responsibilities such as picking up toys and doing homework

___ **Lesson 3: Good Touch, Bad Touch**  
Students will identify physical affection as an expression of friendship, celebration, and a loving family.  
• Positive physical expressions of affection from friends and family  
• Difference between appropriate and inappropriate expressions of affection  
• Review of good and bad touches

___ **Lesson 4: Responses to Inappropriate Behaviors**  
Students will identify strategies to respond to inappropriate behavior from family members, neighbors, strangers, and others.  
• Methods of avoiding and dealing with inappropriate behaviors  
• Identify trusted adults who can help them if someone makes them feel uncomfortable  
• How to respond to inappropriate use of communication devices

___________________________________   ______________________   __________________
Parent/Guardian Signature   Date   ______________________