

LUNCH MENU OCTOBER 2024

Daily Milk Options: Unflavored Skim, Unflavored 1% or Flavored Skim
Salad Bar Offered with Every Meal

Monday	Tuesday	Wednesday	Thursday	Friday
HOT ENTRÉES • VEGETABLES				
	10/1	10/2	10/3	10/4
	Nachos w/ Turkey Barbacoa & Cheese Sauce Nachos w/ Cheese Sauce or Nachos w/ Black Beans & Cheese Sauce Cheese Pizza Spicy Chicken on Bun	Penne Pasta w/ Meatballs Baked Cheese Sticks w/ Marinara Sauce Chicken Egg Rolls w/ Sweet Thai Chili Sauce Chicken Parm Sandwich	Holiday	Student Holiday
10/7	10/8	10/9	10/10	10/11
Breaded Chicken Tenders w/ Maple Waffle Chickenless Bites w/ Maple Waffle Cheese Quesadilla Hamburger on Bun	Turkey Barbacoa Street Tacos Bean Street Tacos Cheese Pizza Meatball Sub Tex Mex Corn	Chicken Alfredo Penne Broccoli Alfredo Penne Breaded Chickenless Bites w/ Roll BBQ Chicken Sandwich	Korean BBQ Chicken Drumstick w/ Brown Rice Chickenless Bites w/ Korean BBQ Sauce w/ Brown Rice Breaded Chicken Tenders w/ Roll Vegan Burger on Bun	Turkey Pepperoni Pizza Cheese Pizza Veggie Dumplings w/ Orange Sauce Spicy Chicken on Bun
10/14	10/15	10/16	10/17	10/18
Student Holiday	BBQ Chicken Sandwich Vegan Burger w/ BBQ Sauce on Bun Chicken Egg Rolls w/ Sweet Thai Chili Sauce Grilled Cheese Sandwich	Chicken Tikka Masala w/ Brown Rice Chana Masala w/ Brown Rice Breaded Chicken Tenders w/ Roll Vegan Burger on Bun	Sweet Thai Chili Chicken Wings w/ Roll Sweet Thai Chili Chickenless Bites w/ Roll Veggie Dumplings w/ Orange Sauce Spicy Chicken on Bun	Turkey Pepperoni Pizza Cheese Pizza Cheese Quesadilla BBQ Chicken Sandwich
10/21	10/22	10/23	10/24	10/25
Hamburger on Bun Vegan Burger on Bun Breaded Chicken Tenders w/ Roll Grilled Cheese Sandwich Baked Fries	Nachos w/ Turkey Barbacoa & Cheese Sauce Nachos w/ Cheese Sauce or Nachos w/ Black Beans & Cheese Sauce Cheese Pizza Spicy Chicken on Bun	Penne Pasta w/ Meatballs Baked Cheese Sticks w/ Marinara Sauce Chicken Egg Rolls w/ Sweet Thai Chili Sauce Chicken Parm Sandwich	Orange Chicken w/ Brown Rice Chickenless Bites w/ Orange Sauce & Brown Rice Cheese Stick w/ Marinara Sauce Chicken Parm Sandwich	Turkey Pepperoni Pizza Cheese Pizza Turkey Barbacoa Quesadilla Vegan Burger on Bun
10/28	10/29	10/30	10/31	
Breaded Chicken Tenders w/ Maple Waffle Chickenless Bites w/ Maple Waffle Cheese Quesadilla Hamburger on Bun	Turkey Barbacoa Street Tacos Bean Street Tacos Cheese Pizza Meatball Sub Tex Mex Corn	Chicken Alfredo Penne Broccoli Alfredo Penne Breaded Chickenless Bites w/ Roll BBQ Chicken Sandwich	Korean BBQ Chicken Drumstick w/ Brown Rice Chickenless Bites w/ Korean BBQ Sauce w/ Brown Rice Breaded Chicken Tenders w/ Roll Vegan Burger on Bun	
SALAD BAR				
Salad Greens 2 Vegetables Fresh Fruit/Chilled Fruit Dried Fruit Assorted Beans Soft Pretzel	Salad Greens 2 Vegetables Fresh Fruit/Chilled Fruit Dried Fruit Assorted Beans Soft Pretzel	Salad Greens 2 Vegetables Fresh Fruit/Chilled Fruit Dried Fruit Assorted Beans Soft Pretzel	Salad Greens 2 Vegetables Fresh Fruit/Chilled Fruit Dried Fruit Assorted Beans Soft Pretzel	Salad Greens 2 Vegetables Fresh Fruit/Chilled Fruit Dried Fruit Assorted Beans Soft Pretzel
POWER PACKS				
PBJ Power Pack, Yogurt Power Pack, Spicy Chicken Wrap				

- **Vegetable options:** Baby Carrots, Cucumber Slices, Broccoli, Cherry Tomatoes, Red Pepper Strips, Corn and/or Celery & Carrot Sticks
- **Fresh fruit options:** Apple Slices, Orange Slices, Apple, Peach, Banana, Pear, Grapes
- **Chilled fruit options:** Pineapple Tidbits, Mandarin Oranges
- **Dried fruit options:** Craisins
- **Condiments:** Salad Dressings, Ketchup, Mustard, Mayo, Salsa, Sour Cream

* Menus are subject to change due to availability of foods and emergency school closing.

This institution is an equal opportunity provider.