

LUNCH MENU OCTOBER 2024

Daily Milk Options: Unflavored Skim, Unflavored 1% or Flavored Skim
Salad Bar Offered with Every Meal

Monday	Tuesday	Wednesday	Thursday	Friday
HOT ENTRÉES • VEGETABLES				
	10/1	10/2	10/3	10/4
	Nachos w/ Turkey Barbacoa & Cheese Sauce Nachos w/ Cheese Sauce or Nachos w/ Black Beans & Cheese Sauce	Penne Pasta w/ Meatballs Baked Cheese Sticks w/ Marinara Sauce	Holiday	Student Holiday
10/7	10/8	10/9	10/10	10/11
Breaded Chicken Tenders w/ Maple Waffle Chickenless Bites w/ Maple Waffle	Turkey Barbacoa Street Tacos Bean Street Tacos Tex Mex Corn	Chicken Alfredo Penne Broccoli Alfredo Penne	Korean BBQ Chicken Drumstick w/ Brown Rice Chickenless Bites w/ Korean BBQ Sauce w/ Brown Rice	Turkey Pepperoni Pizza Cheese Pizza
10/14	10/15	10/16	10/17	10/18
Student Holiday	BBQ Chicken Sandwich Vegan Burger w/ BBQ Sauce on Bun	Chicken Tikka Masala w/ Brown Rice Chana Masala w/ Brown Rice	Sweet Thai Chili Chicken Wings w/ Roll Sweet Thai Chili Chickenless Bites w/ Roll	Turkey Pepperoni Pizza Cheese Pizza
10/21	10/22	10/23	10/24	10/25
Hamburger on Bun Vegan Burger on Bun Baked Fries	Nachos w/ Turkey Barbacoa & Cheese Sauce Nachos w/ Cheese Sauce or Nachos w/ Black Beans & Cheese Sauce	Penne Pasta w/ Meatballs Baked Cheese Sticks w/ Marinara Sauce	Orange Chicken w/ Brown Rice Chickenless Bites w/ Orange Sauce w/ Brown Rice	Turkey Pepperoni Pizza Cheese Pizza
10/28	10/29	10/30	10/31	
Breaded Chicken Tenders w/ Maple Waffle Chickenless Bites w/ Maple Waffle	Turkey Barbacoa Street Tacos Bean Street Tacos Tex Mex Corn	Chicken Alfredo Penne Broccoli Alfredo Penne	Korean BBQ Chicken Drumstick w/ Brown Rice Chickenless Bites w/ Korean BBQ Sauce w/ Brown Rice	
SALAD BAR				
Salad Greens 2 Vegetables Fresh Fruit/Chilled Fruit Dried Fruit Assorted Beans Soft Pretzel	Salad Greens 2 Vegetables 2 Fresh Fruits Dried Fruit Assorted Beans Soft Pretzel	Salad Greens 2 Vegetables 2 Fresh Fruits Dried Fruit Assorted Beans Soft Pretzel	Salad Greens 2 Vegetables 2 Fresh Fruits Dried Fruit Assorted Beans Soft Pretzel	Salad Greens 2 Vegetables Fresh Fruit/Chilled Fruit Dried Fruit Assorted Beans Soft Pretzel
POWER PACKS				
PBJ Power Pack, Yogurt Power Pack				

- **Vegetable options:** Baby Carrots, Cucumber Slices, Broccoli, Cherry Tomatoes, Red Pepper Strips, Corn and/or Celery & Carrot Sticks
- **Bean options:** Black Beans, Garbanzo Beans
- **Fresh fruit options:** Apple Slices, Orange Slices, Peach, Banana, Pear, Grapes
- **Chilled fruit options:** Pineapple Tidbits, Mandarin Oranges
- **Dried fruit options:** Craisins
- **Condiments:** Ketchup, Mustard, Mayo, Salad Dressings, Salsa, Sour Cream

* Menus are subject to change due to availability of foods and emergency school closing.