

# BREAKFAST MENU OCTOBER 2024

**Daily Milk Options: Unflavored Fat Free or Unflavored 1%**

**Daily Cereal Options: Cinnamon Chex, Blueberry Chex, Honey Cheerios, Cinnamon Toast Crunch 25% Reduced Sugar**

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>10/1</b>	<b>10/2</b>	<b>10/3</b>	<b>10/4</b>
	Egg & Cheese on English Muffin  Pineapple Parfait  Assorted Fruit and/or 100% Fruit Juice	Turkey Sausage on Biscuit Biscuit & Jelly  Mandarin Parfait  Assorted Fruit and/or 100% Fruit Juice	<b>Holiday</b>	<b>Student Holiday</b>
<b>10/7</b>	<b>10/8</b>	<b>10/9</b>	<b>10/10</b>	<b>10/11</b>
Bagel  Blueberry Parfait  Assorted Fruit and/or 100% Fruit Juice	Egg & Cheese on English Muffin  Pineapple Parfait  Assorted Fruit and/or 100% Fruit Juice	Turkey Sausage on Biscuit Biscuit & Jelly  Mandarin Parfait  Assorted Fruit and/or 100% Fruit Juice	Egg & Cheese on English Muffin  Blueberry Parfait  Assorted Fruit and/or 100% Fruit Juice	Freshly Baked Blueberry Muffin w/ String Cheese  Mandarin Parfait  Assorted Fruit and/or 100% Fruit Juice
<b>10/14</b>	<b>10/15</b>	<b>10/16</b>	<b>10/17</b>	<b>10/18</b>
<b>Student Holiday</b>	Mini Maple Pancakes  Blueberry Parfait  Assorted Fruit and/or 100% Fruit Juice	Turkey Sausage on Biscuit Biscuit & Jelly  Mandarin Parfait  Assorted Fruit and/or 100% Fruit Juice	Egg & Cheese on English Muffin  Pineapple Parfait  Assorted Fruit and/or 100% Fruit Juice	Blueberry Bread & Hard Boiled Egg  Mandarin Parfait  Assorted Fruit and/or 100% Fruit Juice
<b>10/21</b>	<b>10/22</b>	<b>10/23</b>	<b>10/24</b>	<b>10/25</b>
Maple Belgian Waffle  Blueberry Parfait  Assorted Fruit and/or 100% Fruit Juice	Egg & Cheese on English Muffin  Pineapple Parfait  Assorted Fruit and/or 100% Fruit Juice	Turkey Sausage on Biscuit Biscuit & Jelly  Mandarin Parfait  Assorted Fruit and/or 100% Fruit Juice	Egg & Cheese on English Muffin  Blueberry Parfait  Assorted Fruit and/or 100% Fruit Juice	Apple Cinnamon Bread & Hard Boiled Egg  Mandarin Parfait  Assorted Fruit and/or 100% Fruit Juice
<b>10/28</b>	<b>10/29</b>	<b>10/30</b>	<b>10/31</b>	
Bagel  Blueberry Parfait  Assorted Fruit and/or 100% Fruit Juice	Egg & Cheese on English Muffin  Pineapple Parfait  Assorted Fruit and/or 100% Fruit Juice	Turkey Sausage on Biscuit Biscuit & Jelly  Mandarin Parfait  Assorted Fruit and/or 100% Fruit Juice	Egg & Cheese on English Muffin  Blueberry Parfait  Assorted Fruit and/or 100% Fruit Juice	