

# **West Springfield High School**



## **Clubs & Activities 2008-2009**

## ***West Springfield High School Student Activities***

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*West Springfield High School is extremely proud of our Student Activities program. We offer numerous extra and co-curricular activities designed to meet the diverse needs and interest of our student body.*

*Several studies conducted recently have demonstrated the relationship between participation in extracurricular activities and later successes in college and occupational endeavors. One study indicated that 95% of all Fortune 500 executives had participated in high school sports. In a study done at the University of Minnesota, they found that students participating in student activities maintained higher GPA's than those who did not participate. Other studies have indicated that participation in high school activities is a better predictor of success in college than SAT scores or grade point averages.*

*Student Activities provide the opportunity for students to challenge themselves, set goals, master specific skills, and have fun. As you enter West Springfield High School, please take advantage of these opportunities that are available to you in our Activities Program. You will find that you will make more friends, develop your potential more fully, and school will be more interesting if you simply become **more involved in "Things to Do After Two"**.*

*This booklet is designed to give you an idea of the many activities available for you to experience. It contains information on where to meet, whom to see, what is required to belong, and other information you might need to know. I hope you find this booklet helpful and I wish you the best in your years here at the best school in Fairfax County, West Springfield High School!*

*Welcome Spartans,*

*Scott Settar  
Assistant Director of Student Activities*

## *Helpful Phone Numbers*

<i>Andy Muir</i>	<i>Director of Student Activities</i>	<i>703-913-3860</i>
<i>Steve Fox</i>	<i>Asst. DSA (Athletics)</i>	<i>703-913-3861</i>
<i>Scott Settar</i>	<i>Asst. DSA (Activities)</i>	<i>703-913-3903</i>
<i>Lori Foster</i>	<i>Administrative Assistant</i>	<i>703-913-3860</i>
<i>Spartan Activities Hotline</i>		<i>703-749-8100</i>



# STUDENT ACTIVITIES

## ACADEMIC TEAMS

It's Academic Quiz Team  
Junior Math Team  
Senior Math Team

## SPONSORS

Tran  
Larsen  
Young

## ACADEMIC SUBJECT CLUBS

American Sign Language Club  
French Club  
German Club  
Japanese Club  
Latin Club

S. Bailey  
Herzog  
Bonheim  
Podell  
Spagna

## CO-CURRICULAR ORGANIZATIONS

DECA: Distributive Education Clubs of America/  
Marketing  
FBLA: Future Business Leaders of America  
Spartan Band  
TSA: Technology Student Association

Gibson, McDowell,  
Woodson, Hiatt  
Fawsett, Stagliano  
Einuis  
Alukonis, Settar

## HONOR SOCIETIES

American Sign Language Honor Society  
English Honor Society  
French Honor Society  
German Honor Society  
History Honor Society  
International Thespian Society  
Japanese Honor Society  
Latin Honor Society  
Math Honor Society/Mu Alpha Theta  
National Art Honor Society  
National Honor Society  
Quill and Scroll Journalism Honor Society  
Science Honor Society  
Spanish Honor Society  
Tri-M Music Honor Society

S. Bailey  
Harriman, McMillan  
Torreele  
Bonheim  
Boivin, Swain  
Levesque  
Podell  
Spagna  
Lindsay, Larsen  
Swaggard, Rehm  
Lindsay, Torrelle  
Nelson  
Hincher, Linz  
Lott, Plummer  
Einuis

**PUBLICATIONS**

The Olympian (Yearbook)  
The Oracle (Newspaper)  
Symposium (Literary Magazine)

Nelson  
Nelson  
Le

**SERVICE CLUB**

Key Club  
Tri-Hi-Y

Alukonis, Kirk  
M. Bailey

**SPECIAL INTEREST CLUBS**

Anime Club  
Asian American Student Association  
Book Lovers  
Chess Club  
College Partnership Program  
Color Guard  
Comedy Club  
*Computer Club*  
Crew  
Environmental Club  
Ethiopian and Eritrean Club  
Fellowship of Christian Athletes  
Forensics (Speech and Debate)  
French Club  
Gay-Straight Alliance  
Go Club  
*Guitar Hero Club*  
Happy Morning Sunshine Club  
Hispanic Heritage Club  
Indoor Drumline  
Jewish Culture Club  
Jugglers Club  
Latin Bowl  
Model UN  
Muslim Students Association  
Peer Mediation  
Psychology Club/ Active Minds  
Save the Animals Club (STAC)  
Spartans for Christ  
Step Team  
Ultimate Frisbee Club  
WATiF Club

**SPONSORS**

Jones  
Wong  
Ferch-Jablonski, Goodman  
Maggiano  
Pincus, Glaser  
Holscher  
Goodman  
*open*  
Foulis  
Simmons  
Tsfatsion  
Jones  
Deliee, Hagy  
Herzog  
Levine  
Lamson  
*open*  
Swain  
Lampazzi, Jensen  
Holscher  
**Ferch-Jablonski, Goodman**  
Owens  
Spagna  
Croston, Kaltenbaugh  
Hinds, Greta  
Johnson, O'Brien, Prassa  
Myers  
Tadlock  
Maggiano  
Woodson, Prassa  
Prassa  
Lampazzi

*YADAPP*  
YOUunity Club

*open*  
Taylor, Erickson

### **STUDENT GOVERNMENT ORGANIZATIONS**

Class of 2012 (Freshman)  
Class of 2011 (Sophomore)  
Class of 2010 (Junior)  
Class of 2009 (Senior)  
Student Government Association

Sullivan, Franco  
Stahl, O'Brien  
Thorson, Swain  
Woodson, Johnson  
Fawsett, Alukonis

### **INTERSCHOLASTICS SPORTS**

**ALL SPORTS REQUIRE A PHYSICAL EXAMINATION (VHSL FORM), AN EMERGENCY CARE CARD, AND SIGNED ALCOHOL/DRUG POLICY STATEMENT. AN ATHLETE MUST BE TAKING 5 SUBJECTS AND HAVE PASSED 5 SUBJECTS THE PREVIOUS SEMESTER.**

#### **FALL TRYOUTS BEGIN AUGUST 5<sup>th</sup>.**

Football, Cross Country, Girls Volleyball, Cheerleading  
Golf (August 1st)  
Field Hockey (August 8th).

#### **WINTER TRYOUTS BEGIN NOVEMBER 10th.**

Basketball, Wrestling, Swim/Dive, Girls Gymnastics, Indoor Track, Cheerleading

#### **SPRING TRYOUTS BEGIN FEBRUARY 23rd.**

Soccer, Lacrosse, Baseball, Softball, Track and Field, Boys/Girls Tennis



## **WEST SPRINGFIELD HIGH SCHOOL STUDENT ACTIVITIES 2008-2009**

Welcome to West Springfield High School and its many student activities. We believe that participation in the student activities program enriches and expands the regular academic program. In addition, it provides a way to have fun and be with friends. From interscholastic sports to music, drama, and debate, activities enrich a student's high school experience. The many activities at West Springfield High School reflect the interests and talents of the student body and offer opportunities to the new and old student to make new friends, learn self-discipline, build self-confidence, and develop skills to handle competitive situations. All activities are sponsored by a faculty member dedicated to the program.

Some special points to remember:

Notices of club meetings are usually made on the morning announcements and are posted outside the Main Office. Activities of any organization must be approved by the Director of Student Activities. Practices for all interscholastic sports begin after school and private transportation is required, in most cases.

The following list of student activities is presented as a guide to the extra-curricular program at West Springfield High School. It is as current as possible, but some clubs and organizations may be inactive or have different sponsors or meeting places. Please check with the Director of Student Activities if you wish to start an organization or want further information about an existing one. The Student Activities office is located on the school side of the cafeteria.

**Academic Teams** – Generally, membership requires competitive try-outs or tests.

**Academic Subject Clubs** - Open to all.

**Co-curricular Clubs** – Open to all students who are taking or have taken a particular subject or class.

**Honor Societies** – Open to students achieving a certain grade point average.

**Interscholastic Sports** -Generally, requires competitive tryouts.

**Publications** - Open to all students.

**Services Clubs** – Open to all students.

**Special Interest Clubs** – Open to all students (Some clubs may require tryouts).

**Student Government Organizations** - Usually requires election or appointment.

# CLUBS AND ORGANIZATIONS

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## ACADEMIC TEAMS

### **It's Academic Quiz Team**

M. Tran

Criteria: "Quick memory"

Meeting Time: Every Tuesday

2:30

Room 254

Purpose: TV show, and VHSL competition. The 1<sup>st</sup> taping at NBC will be on September 20.

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### **Junior Math Team**

D. Larsen

Criteria: Any student in math through Honors

Meeting Time: 10/1, 10/29, 12/3, 1/14, 2/11 and 3/11

Algebra 2

2:20

Room 19

Purpose: Math contest, competition

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### **Senior Math Team**

C. Young

Criteria: Interest in Mathematics and non-routine problem solving

Meeting Time: Various Tue/ Wed/ Thu

2:20

Math Classrooms

Purpose: To foster interest and enthusiasm for mathematics

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## ACADEMIC SUBJECT CLUBS

### **American Sign Language Club**

S. Bailey  
Meeting Time: 1<sup>st</sup> Wednesday Each Month  
Room

Criteria: Interest in ASL and the Deaf  
Community.

Purpose: To promote a greater interest in ASL and to share fellowship with those who are also interested in ASL. Through field trips and workshops, we promote contact with the Deaf Community and the importance of Deaf awareness.

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### **French Club**

M. Herzog  
Meeting Time: 2<sup>nd</sup> Thursday Each Month  
2:20 pm  
Room 237

Criteria: Open to all students

Purpose: To promote an interest in the French language and culture.

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### **German Club**

C. Bonheim  
Meeting Time: Last Wednesday of the Month  
2:20  
Room 273

Criteria: Open to all interested students.

Purpose: Activities of this club promote an interest in the German language and culture.

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### **Japanese Club**

A Podell  
Meeting Time: Various  
Room 242A

Criteria: Membership is open to all students  
interested in learning about the  
Japanese language and culture.

Purpose: To promote an interest in the Japanese language and culture. Several activities will be planned during the year.

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### **Latin Club**

A. Spagna  
Meeting Time: 3<sup>rd</sup> Wednesday Each Month  
2:30 – 3:00  
Room T176

Criteria: Open to all students.

Purpose: The activities of this club focus on the promotion of Roman culture. There is a Roman banquet, a Latin Week celebration in April, and visits to Italian restaurants included among the activities.



## HONOR SOCIETIES

### **American Sign Language Honor Society**

S. Bailey

Meeting Time: 1<sup>st</sup> Wednesday Each Month

2:30 – 3:30

Room T-179

Criteria: Commendable achievement in American Sign Language Courses.

Purpose: The selected students are dedicated to the educational value of American Sign Language study, and through increased awareness and appreciation, strive to better comprehend the culture, philosophy, and language of the Deaf Community. Students also complete service activities, tutoring service and fund raisers.

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### **English Honor Society**

M. Harriman, P. McMillan

Meeting Time: 2<sup>nd</sup> Thursday of Each Month

(Officers- 1<sup>st</sup> Thursday)

Criteria: 3.0 or higher in English; 3.0 or higher overall G.P.A. A student must be a sophomore and have attended WSHS at least one semester to apply. Applications are accepted in the fall each school year. Inductions are held in December or January each school year.

Purpose: An organization comprised of students who exemplify academic excellence in the English curriculum. Students' ability, understanding, and usage of the English language are recognized. Students provide individual and group tutoring with an emphasis on helping peers succeed in passing the end-of-course English SOL exams.

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### **French Honor Society**

J. Torreele

Meeting Time: 3<sup>rd</sup> Wednesday Each Month

2:20 pm

Room 275

Criteria: 3.0 or higher overall GPA. B+ average and an A- average in French as minimum academic requirements. A student must have completed two years of French and been in attendance at WSHS for at least one semester.

Purpose: Recognize academic excellence. Be a role model for student body. Tutor fellow students. Activities related to French culture and fund raisers.

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**German Honor Society**

C. Bonheim

Meeting Time: 3<sup>rd</sup> Wednesday Each Month

2:20

Room 273

Criteria: Completion of four semesters of German, at least two of which have been taken at WSHS. A 3.6 average in German and an overall 3.0 average are minimum academic requirements. Current enrollment in German.

Purpose: To recognize academic excellence, service activities, tutorial service and fund raisers.

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**History Honor Society**

C. Boivin, B. Swain

Meeting Time: 3<sup>rd</sup> Thursday Each Month

Criteria: Juniors or Seniors - 3.25 GPA in history classes, 3.5 overall, submission of an essay, recommendation from a former history teacher

Purpose: To further interest in the historical community, learn how historians investigate, research, and analyze events, work together to further knowledge of history and how it connects to the world today.

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**International Thespian Society**

Mary Jo Levesque

Meeting Time: TBA

Once a Month

2:30 – 3:00

Criteria: 100 hours of documented participation in performing/theatre arts related activities by announced deadline. Point sheets must pass scrutiny of faculty sponsor and current officers prior to invitation to membership.

Purpose: The International Thespian Honor Society is an honorary organization that recognizes and rewards excellence among the participants in the theatre arts program.

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**Japanese Honor Society**

A. Podell

Meeting Time: Spartan Time

Room 242A

Criteria: Minimum of two semesters of Japanese classes and have maintained a minimum of 3.5GPA in Japanese and a 3.0 GPA overall are eligible for membership.

Purpose: The Japanese Honor Society is a merit-based organization that provides tutoring to Japanese students as one of its services.

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**Latin Honor Society**

A. Spagna

Meeting Time: 3<sup>rd</sup> Wednesday Each Month

2:30 – 3:00

Room T176

Criteria: A average in Latin after 6 quarters

Purpose: Service-oriented and recognizes the achievement of all students of Latin.

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**Math Honor Society**

D. Lindsay, D. Larsen

Meeting Time: Wednesdays and Thursdays

to provide tutoring in Math

Spartan Time and after school

Room 8

Criteria: Open to Sophomore, Juniors and Seniors who have a 3.60 GPA in the 5 most recent semesters of Math, at least one semester of Algebra II, 3.00 overall GPA. Leadership, Character, and Service requirements are also necessary to be eligible for membership. GPAs must be maintained. Members must complete 8 service points per semester.

Purpose: The principal purpose of Mu Alpha Theta is to stimulate a deeper and more effective interest and understanding of mathematics among all students at West Springfield High School.

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**National Art Honor Society**

D. Swaggard, K. Rehm

Meeting Time: 1st Wednesday of Each Month

2:20

Room 278

Criteria: Membership is offered to those who attain a B average in art and have completed at least one full year of a high school art course.

Purpose: Members participate in service activities and raise money for scholarships given to senior art students in recognition of their service and achievement.

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**National Honor Society**

D. Lindsay, J. Torrelle

Meeting Time: 1<sup>st</sup> Tuesday of Each Month

2:20 – 2:45

Cafeteria

Criteria: Membership is offered to those juniors and seniors meeting standards of leadership, service, and scholarships. Faculty references and an essay are a part of the selection process. A 3.5 average must be maintained.

Purpose: This is an honorary organization that includes service activities in our school and community.

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**Lauren D. Shepherd Chapter—Quill & Scroll Journalism Honor Society**

B. Nelson

Meeting Time: Periodically  
5<sup>th</sup>, 6<sup>th</sup> & 7<sup>th</sup> Periods and after school  
Rooms 215 & 218

Criteria: Students must maintain a high academic average and contributed significantly to *The Oracle* and/or *The Olympian*.

Purpose: This is an honorary society for students involved in journalism through newspaper and yearbook.

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**Science Honor Society**

E.Linz, D. Hinchler

Meeting Time: 3<sup>rd</sup> Wednesday of Each Month  
2:20 – 3:00 pm  
Planetarium

Criteria: Membership is open to students who have completed at least two Science courses with a combined B+ average and have the recommendation of a Science teacher.

Purpose: Activities include monthly meetings with speakers, field trips, community projects, and service to other students and to the Science Department.

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**Spanish Honor Society**

A. Lott, M. Plummer

Meeting Time: 3<sup>rd</sup> Tuesday of Each Month  
2:20 pm  
Room 243A

Criteria: Membership is offered to those who have a high average in Spanish.

Purpose: Activities focus on recognizing those who have achieved success in Spanish.

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**Tri-M Music Honor Society**

L. Einuis

Criteria: Grades 10-12, enrolled in a WSHS music performance ensemble, complete an application (GPA criteria is on the application), and approval of their ensemble teacher.

Purpose: This is a nationally sanctioned honor society administered by M.E.N.C. to recognize outstanding instrumental and vocal musicians at the high school level.

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## PUBLICATIONS

### **The Olympian—student-run yearbook**

B. Nelson

Criteria: Enrollment in yearbook as a class.

Meeting Time: 2-3 days after school each week  
6<sup>th</sup> & 7<sup>th</sup> Period  
Rooms 215 & 218

Officers: After school work is necessary. Activities include photography, writing, and layout design related to the production of the yearbook.

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### **The Oracle—student-run newspaper**

B. Nelson

Criteria: The staff is composed of students in Journalism levels 2-4 classes

Meeting Time: 2-3 days after school each week  
5<sup>th</sup> Period  
Rooms 215 & 218

Purpose: After school work is necessary. Activities include writing, layout, and photography related to production of the newspaper.

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### **Symposium Literary Magazine**

R. Le

Criteria: All interested students in grades 9-12.

Purpose: This staff works after school to produce an annual art/literary magazine.

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## SERVICE CLUBS

### **Key Club**

J. Alukonis, M. Kirk

Criteria: Open to all interested students.

Meeting Time: Every other Thursday  
7:00 pm  
Room 164

Purpose: Students are encouraged to join the largest high school service club in the nation and participate in activities that help our community and our school. The Key Club meets weekly and enjoys fund-raising, service activities and social outings throughout the year.

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### **Tri-Hi-Y**

M. Bailey

Criteria: Membership dues are \$10 and is open to girls

Meeting Time: Wednesday  
2:20  
Room 231

Purpose: A service club that stresses leadership and character development. The club is a part of the YMCA and the girls perform school and community service projects.

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### **SPECIAL INTEREST CLUBS**

#### **Anime Club**

K. Jones

Criteria: Open to all interested students.

Meeting Time: Thursday  
2:20 – 4:00  
Room 52

Purpose: Students meet to watch anime and discuss anime and other anime related activities.

---

#### **Asian American Student Association**

A. Wong

Criteria: All interested students are welcome.

Meeting Time: Last Thursday of the month  
2:30 pm  
Room 66

Purpose: To promote Asian-American awareness, to increase cultural understanding of Asian-Americans, to promote good will and to assist within the community.

---

#### **Best Buddies**

T. Gulyas

Criteria: All interested students

Meeting Time:  
Room T-178/ T-179/154

Purpose: Pairs students with intellectual disabilities in one-to-one friendships with high school students offering a Buddy a chance to explore a new way to feel included in the high school environment.

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#### **Book Lovers**

C. Ferch-Jablonski, L. Goodman

Criteria: Open to all interested students.

Meeting Time: First Thursday of Each Month  
2:20 pm  
Room 203

Purpose: This informal club will provide opportunities to talk about the books you've enjoyed, get new ideas for what to read, and find some new reading buddies.

---

#### **Chess Club**

R. Maggiano

Criteria: Open to all interested students.

Meeting Time: Thursdays  
2:20 pm

Room 264

Purpose: Students who wish to enjoy the challenge of chess are invited to join.

**College Partnership Program**

J. Glaser, E. Pincus

Criteria: Interested students must apply.

Purpose: This program supports college admission for under represented student minority populations, and first generation college applicants.

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**Comedy Club**

L. Goodman

Meeting Time:

Criteria: Open to all interested students.

Purpose: To listen and watch comedy, exchange jokes and have fun.

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**Crew**

D. Foulis

Criteria: Interested students must apply.

Meeting Time: Spring Sport

Aux Gym Hallway

Purpose: Teach and compete in the sport of crew both regionally and nationally.

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**Debate Team**

Criteria: All motivated students are welcome.

P. Hagy

Meeting Time: Wednesday/ Thursdays

2:20 – 4:00

Room T-171

Purpose: The purpose of this activity is to improve communication skills through public competition. Debate is a VHSL activity.

---

**Environmental Club**

C. Simmons

Criteria: Open to all interested students.

Meeting Time: TBA

2:30 – 3:00

Room 57

Purpose: Membership is open to all students who wish to meet after school to discuss concerns about the environment.

---

**Ethiopian and Eritrean Club**

S. Tesfatsion

Criteria: Open to all interested students.

Meeting Time: Every other Wednesday

2:30 – 4:00

Room 154 or 125

Purpose: The Ethiopian Club is an Habesha Club which meets to discuss ways to assist and help their countries of origin.

---

**Fellowship of Christian Athletes**

J. Jones

Criteria: Open to all interested students.

Meeting Time: Once a Week

Driver's Ed Room

Purpose: This is a nation-wide athletic ministry, its primary constituency being athletes and coaches from the junior high school through professional levels. FCA conducts many activities throughout the year and is open to all students around the Northern Virginia, Maryland and Washington, DC area, and may advance to regional, state, and national competitions.

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**Forensics (Speech)**

Criteria: All motivated students are welcome.

K. Deliee, M. Deliee

Meeting Time: Wednesdays

2:30 – 4:00

Room 200

Purpose: The purpose of this activity is to improve communication skills through public competition. Forensics is a VHSL activity.

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**French Club**

M. Herzog

Criteria: Open to all interested students

Meeting Time: 2<sup>nd</sup> Thursday Each Month

2:20 – 3:00pm

Room 237

Purpose: To promote an interest in the French language and culture.

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**Gay-Straight Alliance**

Criteria: All students are welcome.

M. Levine

Meeting Time: Once a month

Purpose: To address the anti-gay feelings and promotes respect for all students.

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**Go Club**

Criteria: All students are welcome.

C. Lamson

Meeting Time: Every Other Wednesday

Room 30

Purpose: To learn teach and learn the strategic game of Go and the etiquette associated with the game.

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### **Happy Morning Sunshine Club**

B. Swain

Criteria: Open to all interested students.

Purpose: The Happy Morning Sunshine Club is designed as a support group for those students who may be dealing with a high level of stress. Students will discuss techniques and benefits of stress relief activities.

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### **Hispanic Heritage Club**

S. Lampazzi, M. Jensen

Criteria: Open to all interested students.

Meeting Time: Every other Thursday  
2:30-3:15  
Room 243B

Purpose: The Latinos United Club plans cultural activities to heighten awareness of the Latino contribution in our WSHS community. Members meet to a plan activities and enjoy Latino music.

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### **Jewish Culture Club**

L. Goodman, C. Ferch-Jablonski

Criteria: Open to all interested students.

Meeting Time: Second Thursday of Each Month  
2:20-3:00  
Room 203

Purpose: This club is for students who are interested in Jewish holidays and traditions.

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### **Juggler's Club**

K. Owens

Criteria: The desire to juggle, learn juggling or perform as a juggler.

Meeting Time: Thursdays  
2:30 – 4:00  
Room 165-G

Purpose: The WSHS Jugglers club meets to spread the art form of Juggling. Our goal is to teach juggling to those who wish to learn and help those who already have skills develop at a greater level.

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### **Model U.N.**

J. Croston, M. Kaltenbaugh

Criteria: Any student of WSHS in good standing who is interested in the aims listed can participate.

Meeting Time: Second Thursday of the month  
2:20

Purpose: A simulation of the [United Nations](#) that aims to educate participants about civics, effective communication, globalization and multilateral diplomacy. In Model UN, students take on

roles as foreign [diplomats](#) and participate in a simulated session of an [intergovernmental organization](#) (IGO). Participants research a country, take on roles as diplomats, investigate international issues, debate, deliberate, consult, and then develop solutions to world problems.

**Muslim Students Association**

K. Greata, J. Hinds

Criteria: Open to all interested students.

Meeting Time: Various days

2:20

Room 260

Purpose: To discuss, celebrate and learn more about Islam.

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**Peer Mediation**

T. Prassa, J. Johnson, M. O'Brien

Criteria: Students interested in becoming peer mediators should sign up for the Peer Helping course or see Ms. O'Brien or Ms. Johnson in the guidance office.

Meeting Time: During Class Period

Purpose: The Peer Mediation Program focuses on assisting students in conflict, with the ultimate goal of helping students resolve their disputes. Students trained in mediation skills work with other students in conflict and take them through the mediation process in an effort to reach a resolution.

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**Psychology Club/ Active Minds on Campus**

Criteria: All interested students are welcome.

C. Myers

Meeting Time: Third Tuesday of Each Month

2:30

Room 121

Purpose: To foster a deeper appreciation for the importance of mental health in our society as well as increase student's interest in the discipline.

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**Save the Animals Club (STAC)**

Criteria: Open to all students who feel sympathetic towards animals.

E. Tadlock

Meeting Time:

Room 241

Purpose: To raise awareness about animal cruelty and endangerment. This club is for students who feel sympathetic towards animals.

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**Spartans for Christ**

Criteria: Open to all interested students.

R. Maggiano

Purpose: Spartans for Christ is an inter-denominational, multi-ethnic Christian club open to all students. The club provides an opportunity for students to share in Christian fellowship, music, and prayer. Club members also participate in various mission programs, outreach events, picnics, and other activities throughout the year.

**Step Team**

V. Woodson, T. Prassa

Meeting Time: 2:15 – 4:00

Criteria: Open to all interested students.

Membership is gained through audition.

Purpose: A specialized dance team that performs at various activities and enters several competitions. Open to all members of the student body.

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**Tutoring Club**

R. Maggiano

Criteria: Open to all interested students.

Purpose: Membership is open to all students who may be able to provide assistance to other students with academic subjects or for those students who may be in need of academic tutoring.

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**Ultimate Frisbee Club**

T. Prassa

Meeting Time: Thursdays  
2:20 – 3:20  
Room 120

Criteria: Open to all students.

Purpose: A club for students interested in playing ultimate frisbee. Thomas.Prassa@fcps.edu

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**WATiF or Wonder About the Future**

S. Lampazzi

Meeting Time: Once a month  
Room 243B

Criteria: Open to all interested students.

Purpose: WHATiF is a movement against stereotyping and the judgment of humanity. The purpose is to encourage people to not stereotype and to spread the word to others.

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**Winter Indoor Color Guard**

K. Holscher

Criteria: 1) Participation in the Marching Spartans 2) Successful audition (try-out) 3) \$500 participation fee.

Purpose: Winter Guard is a colorguard-only performance ensemble that provides training and performance opportunities for visual performers during the winter season. This activity involves a fee and additional expenses for performance and travel.

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**Winter Indoor Drumline**

K. Holscher

Criteria: 1) Participation in the Marching Spartans 2) Successful audition (try-out) 3) \$500 participation fee

Purpose: Indoor Drumline is a percussion performance ensemble that provides training and performance opportunities for marching style performers during the winter season. This activity involves a fee and additional expenses for performance and travel.

**YOUnity**

R. Taylor, K. Erickson

Criteria: Open to all interested WSHS students.

Meeting Time: First Wednesday of Each Month

2:20

Room 247

Purpose: Minority Affairs - YOUnity membership is open to all students; however, our focus is on female students of African American descent coming together to support and encourage **Academic Achievement**, positive **Attitudes**, appropriate **Attire**, and **Self-Actualization**.

**Student Government Organizations**

**Student Government Association**

B. Fawsett, J. Alukonis

Criteria: SGA representatives are elected during the school-wide elections held in the spring of each year.

Meeting Time: Second Wednesday of Each Month

2:30

Room 164

Purpose: The Student Government Association is made up of 6 elected student government officers and the Spartan Council. The council meets once monthly to discuss and plan school functions such as Homecoming, Mr. Spartan, and Pep Rallies. This organization is dedicated to serving the needs of the student body.

**CLASS SPONSORS**

**2008-09**

**SENIOR CLASS:**

**V. Woodson/T. Johnson**

**JUNIOR CLASS:**

**J. Thorson/B. Swain**

**SOPHOMORE CLASS:**

**J. Stahl/M. O'Brien**

**FRESHMAN CLASS:**

**J. Sullivan, K. Franco**

## **ATHLETIC INFORMATION**

**Principal**  
Mr. Paul Wardinski

**Director, Student Activities**  
Andy Muir  
**Activities # 703-913-3860**  
**Hotline # 703-749-8100**

**Assistant Director**  
Steve Fox

All students are allowed to participate in the sports program provided they meet the following requirements:

- ❑ The student shall have been promoted to the ninth grade or shall have passed five eight-grade subjects
- ❑ The student shall have passed, at the end of the semester immediately preceding that in which he or she desires to compete, not fewer than five credits. He/she shall be currently enrolled in no fewer than five credits.
- ❑ The student shall have submitted to West Springfield High School, prior to trying out for an athletic team, an Athletic Participation Parental Consent/Physician's certificate form completely filled in and properly signed attesting that he/she has been examined and found to be physically fit for athletic competition and that his/her parents consent to his/her participation.
- ❑ The student must have submitted to West Springfield High School an Extracurricular Participation Acknowledgement form signed by the student and his or her parent or guardian.

### **Fall Sports**

Football  
Field Hockey (Girls)  
Cross Country (Boys/Girls)  
Golf  
Cheerleading  
Volleyball

### **Tryouts Begin**

August 7  
August 8  
August 7  
August 1  
August 7  
August 7

### **Head Coach**

Bill Renner  
Shannon Matheny  
Duke Baird  
Susan Spatcher  
Betsy Fawsett  
Stephanie Noriega

### **Winter Sports**

Basketball (Boys)  
Basketball (Girls)  
Swim/Dive (Boys/Girls)  
Gymnastics (Girls)  
Wrestling  
Indoor Track (Boys/Girls)  
Cheerleading  
Dance

November 10  
November 10  
November 10  
November 10  
November 10  
November 10  
November 10  
November 10

Dick Wickline  
Bill Gibson  
Karen Spooner  
Sylvie Rosenbaum  
Corey Walker  
Chris Pellegrini, Matt Kirk  
Betsy Fawsett  
Tara Perez

### **Spring Sports**

Soccer (Boys)  
Soccer (Girls)  
Lacrosse (Boys)  
Lacrosse (Girls)  
Baseball  
Softball  
Tennis (Girls)  
Tennis (Boys)  
Track (Boys/Girls)

February 23  
February 23  
February 23  
February 23  
February 23  
February 23  
February 23  
February 23  
February 23

Andy Saffron  
John Alukonis  
Scott Settar  
Brian Puhlick  
John James  
TBA  
TBA  
Brian Stagliano  
Chris Pellegrini, Matt Kirk