

Fairfax County Family Life Education
OPT-OUT REQUEST FORM
Grade Three

If you wish to opt your child out of all or some of the grade three Family Life Education lessons, please complete this form and **return it to the school office or to your child's teacher by the second week of school.**

PLEASE NOTE: You do not need to return this form unless you are opting your child out of all or some of the grade three Family Life Education lessons.

CHILD'S NAME _____

SCHOOL _____ **TEACHER** _____

Emotional and Social Health Education Lessons

Directions: Please check those grade three Emotional and Social Health Education lessons in which you do not want your child to take part.

_____ **Lesson 1:** Students will identify positive personal characteristics and attributes.

_____ **Lesson 2:** Students will describe qualities that help gain and sustain friendships.

_____ **Lesson 3:** Students will demonstrate skills needed to work and play successfully in a classroom and school community.

_____ **Lesson 4:** Students will identify emotions which result from changes in family life and changing relationships with friends.

_____ **Lesson 5:** Students will identify ways that feelings are expressed and identify effective strategies for managing emotions.

_____ **Lesson 6:** Students will demonstrate how to respond appropriately to good touches and how to handle inappropriate approaches from relatives, neighbors, strangers, or others.

Parent/Guardian Signature

Date