

Fairfax County Area Support Groups and Parent Organizations

The Parent Resource Center provides this list as a service and does not endorse any specific group.
 To suggest changes or additions, please email Dianna.Rooney@fcps.edu

SUPPORT GROUP	CONTACT	PHONE	EMAIL/WEBSITE
AD/HD			
CHADD of Northern Virginia Children and Adults with Attention Deficit Hyperactivity Disorder. This is a parent support group.	CHADD has numerous groups throughout the area. For a complete listing and for information on monthly meetings, go to their website or call.	703-641-5451	nova_chadd@hotmail.com www.novachadd.org
ARC			
Arc of Northern Virginia – individual and family advocacy services	Tia Marsili	703-532-3214 ext. 115	tmarsili@thearcofnova.org info@thearcofnova.org
Arc of Virginia Family Involvement Project – early intervention	Carol Hagen	888-604-2677 Ext 104	chagen@arcfip.org
ASPERGER'S SYNDROME			
Arlington AS IS Asperger's Syndrome Information and Support	Lucia Claster	703-276-0748	aclaster@aol.com
Asperger's Syndrome Reston Sterling area	Pam Escobar	703-430-3519	
Asperger's Syndrome Greater Washington adult social & support group			http://health.groups.yahoo.com/ group/dcaspie
AUTISM			
Autism Society of America – National Office		301-657-0881	www.autism-society.org
Parents for Autistic Children's Education (PACE)	Tom Urban	703-861-5235	PACE-Tm@excite.com
Autism Society of America – Northern Va. Chapter	Christine Hoch	703-495-8444	executivedirector@asanv.org

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			www.asanv.org
Parents of Autistic Children (POAC-NOVA)	Scott Campbell	703-241-2640 703-681-9426	Scott.alan.campbell@atec.army.mil www.poac-nova.org
BRAIN INJURY			
Northern Va. Brain Injury Assn.		703-569-1885	www.nvbia.org
Rebuild Families	Betsy Zeigler Kristine Kluck	703-451-8881 x229 703-776-2295	bzeigler@braininjurysvcs.org Kristine.Kluck@inova.org
CANCER			
Parents of Children with Cancer – telephone support group	Sarah Singer	703-960-1100 ext 231	singers@dc-cap.leukemia-lymphoma.org
CEREBRAL PALSY			
Parents of Children with Cerebral Palsy	Melissa Miller	703-402-3324	Mbcurry01@verizon.net http://groups.yahoo.com/group/CPPAR_ENTSVA/
CHROMOSOMAL SYNDROMES			
Chromosome Deletion Outreach Trisomy 18, 13 and related Disorders			www.chromosome18.org
Unique – information, support and self-help for families of children with any rare chromosome disorders	Dr. Beverly Searle	+44(0)1883-330766	info@rarechromo.org www.rarechromo.org
SOFT – Support Organization for Trisomy 18, 13 and related disorders	Barb Vanherreweghe	800-716-7638	www.trisomy.org barbsoft@rochester.rr.com
CLEFT LIP/PALATE			
Cleft lip/palate Virginia Smiles	Paula Miller		info@virginia-smiles.org www.virginia-smiles.org
CUED SPEECH			
Northern Virginia Cued Speech	Maureen Bellamy	703-560-1035	www.nvcsa.org

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DEAF/HARD OF HEARING			
Northern Virginia Resource Center for Deaf and Hard of Hearing Persons		703-352-9055 TTY 352-9056	www.nvrc.org info@nvrc.org
Council for Exceptional Children (CEC)		703-620-3660	www.cec.sped.org
Northern Virginia Cued Speech	Maureen Bellamy	703-560-1035	nvcsa@yahoo.org www.nvcsa.org
Depression			
Depression and Related Affective Disorders Association (DRADA)		703-610-9026	www.drada.org info@drada.org
DOWN SYNDROME			
Down Syndrome Association of Northern Virginia	Heather Trammell	703-621-7129	www.dsanv.org heathert@dsanv.org espanol@dsanv.org
DYSLEXIA			
International Dyslexia Society Washington Area Branch		800-988-8336 804-285-1946 703-827-9019	www.interdys.org vbida@hotmail.com
Exceptional Children			
Council for Exceptional Children (CEC)		703-620-3660	www.cec.sped.org
EMOTIONAL DISABILITIES			
EDFairfax For parents and guardians of children with emotional disabilities. Note: this is an email support group.	Margaret Fisher	703-968-2971	Jrosenthal2@cox.net http://groups.yahoo.com/group/edfairfax/ /
EPILEPSY			
Epilepsy Foundation (national) Area Chapter Abilities Network and Epilepsy Foundation of		800-332-1000	www.epilepsyfoundation.org

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Chesapeake Region		800-492-2523	http://abilitiesnetwork.org
McLean Bible Church, Living with Epilepsy – support for parents of children with epilepsy or seizure disorders	Jackie Mills-Fernald Director of Access	703-770-2942	Jackie.millsferald@mcleanbible.org
FETAL ALCOHOL SYNDROME			
National Organization on Fetal Alcohol Syndrome (NOFAS)	Kathy Mitchell	202-785-4585	
FRAGILE X			
Fragile X Resource Group of Northern Virginia	Diane Bolling	540-985-6697	www.vafragilex.org
GRIEF			
Compassionate Friends Grief support after the death of a child		877-969-0010	www.compassionatefriends.org
INFANT/TODDLER			
Infant Toddler Connection of Fairfax/Falls Church Parenting Groups for parents with children – 0-36 months receiving early intervention – English & Spanish	Kathleen Gilliam Paula Gorman	703-246-7138 703-246-5313	Paula.Gorman@fairfaxcounty.gov
LEARNING DISABILITIES			
Learning Disabilities Association of Virginia (LDAV)		www.ldavirginia.org	
MILITARY GROUPS			
Exceptional Family Member Program (EFMP) For military families with family member with special needs	Anna Keating (Ft. Belvoir contact)	703-805-2967	
Military One Source Resource information nationwide for military families (active duty, guard and reserve)	In U.S. Outside U.S. – call	800-342-9647 484-530-5747	www.militaryonesource.com user ID=military, password=onesource

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	collect		
MUTISM			
Selective Mutism	Nicole Canavan	571-522-1255	www.selectivemutism.org thecanavans@canavancentral.com
NON VERBAL			
Non-Verbal Learning Disabilities Information and support Group	Cynthia Michaels	703-467-8066	
OTHER GROUPS			
Grandparents Support Group – for grandparents or other relatives raising children	Robin Hamby Colleen Turner Betsy Pugin	703-277-2640 703-324-5489 703-324-5401	
Jewish Social Service Agency	Larisa Perez deGraffenreid, LCSW	703-204-9100 Ext 35	ldegraffenreid@JSSA.org
McLean Bible Church Parent support groups and other services	Jackie Fernald, Director of Access	703-770-2942	Jackie.millsfernal@McLeanbible.org
NAMI of Northern Virginia National Alliance of the Mentally Ill For individuals and families coping with mental illness	Carol Ulrich	703-525-0686	carolulrich@naminova.org www.naminova.org
National Dissemination Center for Children with Disabilities (NICHCY)	Information Specialist	800-695-0285	nichcy@aed.org www.nichcy.org
Neurofibromatosis, Inc. National organization Metro area	Mary Ann Wilson	301-918-4600 301-577-8984	www.nfmidatlantic.org
Postpartum Depression			
Perinatal Depression - Fairfax	Benta Sims	703-536-9469	j-bsims@comcast.net
Postpartum Depression - Arlington	Adrienne Griffen	703-243-2904	Adrienne.griffen@gmail.com
Preemies			

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Preemies Today Provide support to families of infants born prematurely birth through childhood	Mary Beth Hazelgrove	703-552-0163	www.preemiestoday.org marybethhazelgrove@preemiestoday.org
SPANISH SPEAKING			
Educational Parent Support Group for Spanish Speaking Families	Shannon May	703-820-9001	Smay@scanva.org
SPECIAL NEEDS/PARENTING			
Parent Educational Advocacy Training Center (PEATC)	Suzanne Bowers	703-923-0010	bowers@peatc.org www.peatc.org
Parent-to-Parent – for parents of children with special needs (Arlington)	Julie Katz	703-549-0259	juliekatz@comcast.net
Parent2Parent of Burke, VA For parents of children with special needs	Beth Troutman	703-866-1370	troutmanbeth@yahoo.com
Parent to Parent of Virginia Trains agencies on how to become a Parent to Parent program and provides support to parents of children with disabilities	Dana Yarborough	804-795-148 Toll free: 877-264-8366	PTPofVA@aol.com www.ptpofva.com
Special Mothers, Inc	Joyce Harris	571-242-8792	specialmothers@gmail.com www.specialmothersinc.org
Virginia Federation for Families (VAFOF) – state organization for families of children and adolescents with mental, emotional and behavioral disorders.	Vicki Hardy Murrell	Toll free: 1-888-604-2677 x103	Vhardy-murrell@medhomeplus.org
Teens At Risk – for parents of an adolescent seeking help insight, info or regaining control of their child.	Fran DeLoatche Sponsored by Fairfax County Juvenile & Domestic Relations	703-246-2495 (call M-F after 4:00)	Meets every Tuesday at 7:30 at the Historical Courthouse Bldg.; 4000 Chainbridge Rd., Fairfax (rm 2221)

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