

South County Secondary School



Clubs begin on October 5, 2009

Middle School After-School Program Schedule

Please note: all clubs going beyond the initial 3:10 dismissal on Monday and the 4:10 dismissal on Wednesday and Thursday must have a pre arranged parent pick up

Day(s) of the Week	Activity/Program	Time	Room	Sponsors/Aides	Notes
Monday, Thursday Oct.5, 2009	Academic Tutorial Study Island Get that extra boost in the core classes that you need! Get a Math, Science, Social studies or English tutorial to help you with homework, test taking skills, and topics you need help with.	2:10-4:10	Cafeteria	Contact Francine.nelson@fcps.edu	Must be registered
Monday October 5, 2009 Weather permitting	Baseball Develop skills and abilities that will help qualify you to play on the High School Level	2:10-3:10	Baseball Field	Coach Smith Robbie.smith@fcps.edu	Must be registered Also listen for announcements for cancellations due to bad weather outside
Wednesday s Thursdays Late February/March	Basketball Intramurals An organized sports activity designed to teach and enhance skills in sportsmanship and athleticism	2:10-4:10	Gym Must participate in an academic enrichment club the first hour	Mr. Schneider jeffrey.schneider@fcps.edu	Must be registered Also listen for announcements for cancellations due to bad weather outside
Wednesday Oct.7, 2009	Best Buddies Club This club offers a way for middle school students in the exceptional education program to make friends and have fun on their own. SCSS students get to know each other well and in the end find out that they are more alike than different	2:10-4:10	E102	Linda Haislip Eva Gonzales Contact Francine.nelson@fcps.edu	Must be registered
Monday Oct. 5, 2009	Book Club Are you looking for time to read your favorite book during your busy day? This activity is for those students who want to relax with a good book at the end of the school day.	2:10-3:10	Library	Ms. Brado Kathleen.brado@fcps.edu	Must be registered
Thursday Oct. 8, 2009	Cheer Club MS cheer is here to represent. Come one come all - not only learn critical cheer techniques and spirit but have a great time too. You will be ambassadors of spirit for the middle school, setting the bar as great examples and participating in events. Real uniforms, real poms, real fun!!		TBD 3pm-5pm Must participate in an academic enrichment club the first hour	Mrs. Porter teridporter@aol.com	Must be registered
Thursday Oct. 8, 2009	Chess Club The only requirement is a desire to learn and play the game. It won't be as geeky as you think.	2:10-4:10	B226	Mr. Mehta hmehta@fcps.edu	Must be registered
Wednesday Oct. 7, 2009	Civics/History Club Guest Speakers Service Learning	2:10-4:10	B124	Mr. Miller Mr. Schneider Christopher.miller@fcps.edu jeffrey.schneider@fcps.edu	Must be registered
Monday Oct. 26, 2009	College Partnership College Prep for 8 th graders only. The program goals are to increase the academic achievement of students and to increase the number of students,	2:10-3:10	A120	Mrs. Reeves Mrs. Emmer Lisa.reaves@fcps.edu	Must be registered

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	particularly first generation and minority students, who enroll in CPP and succeed in college. The CPP creates opportunities for students to successfully navigate the home, school, college, and work continuum.			Rachael.emmer@fcps.edu	
Thursday Oct. 8, 2009	Computer Club Learn the basics of computers Learn how to make a web page and more!	2:10-4:10	C102	Mr. Ewan robert.ewan@fcps.edu	Must be registered
TBA	Cooking Club/Sewing Meet in the kitchen and learn valuable life skills such as communicating with others and working as a team-all while preparing and serving a variety of delicious foods!	2:10-4:10	B11-Sewing C106- Cooking	Mrs. Pick mary.pick@fcps.edu Mrs. Casino patsy.casino@fcps.edu	Must be registered
Day to be decided	Dance Club Learn and create dance routines to be performed at SCSS events	2:10-4:10	Multipurpose room	Contact francine.nelson@fcps.edu	Must be registered
Thursday Oct. 7, 2009	Drama Club Students will learn monologues, practice cold reads, and play improv games. This activity is ideal for the aspiring actor/actress.	4:00-6:00	Silver Box Must participate in an academic enrichment club the first hour	Mrs. Rose Alexis.rose@fcps.edu	Must be registered
Thursday Oct 8, 2009.-Feb.	Eat This – Not That Learn to make quick healthy snacks. Learn about thousands of food swaps that can save you 10, 20, 30 pounds or more!	2:10-4:10	E102	Mrs. Pasquel mpasquel@cox.net	Must be registered
Thursday Oct. 15, Nov.12, Dec.10, Jan. 14, Feb. 18, Mar. 4, Apr. 15, May 13	Fashion Club	2:20-4:10	A206, B111, C106, B109	Mrs. Springfield pearl.springfield@fcps.edu Mrs. Pick maryann.pick@fcps.edu Mrs. Casino patsy.casino@fcps.edu	Must be registered
Mondays Tuesday Wednesday Coming in November	Fitness Club Promotes physical fitness, team building, healthy nutrition and wellness, and emotional well being. Students learn how to best use the equipment. Emphasis is placed on low weight and high repetition. Students are advised on technique, cardiovascular training as well as strength training and toning.	2:10-4:10	MS Fitness Room	Ms. Coleman Jessica.coleman@fcps.edu	Must be registered Also listen for announcements for cancellations due to bad weather outside
Wednesday Fall/Spring Weather Permitting Oct. TBD, 2009 Needs Sponsor	Flag Football Come and experience outdoor exercise designed for all MS students in a really fun atmosphere that will teach and enhance skills in sportsmanship as well as athleticism.	3:10-4:10	Wednesdays Meet by locker rooms Must participate in an academic enrichment club the first hour Weather Permitting	Contact Mrs. Nelson francine.nelson@fcps.edu Sponsor Needed	Must be registered Also listen for announcements for cancellations due to bad weather outside
Wednesday Oct. 7, 2009	Fun With Figures Math Made Fun!!!	2:10-4:10	A128	Mrs. Hall Michelle.hall@fcps.edu	By Invitation Only
Wednesday Oct. 7, 2009	Girl Power Cultivating a positive self image To help them understand who they are, and where they are	2:10-4:10	TBA	Ms. Kirkland Contact Francine.nelson@fcps.edu	Must be registered

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	<p style="text-align: center;">going To nurture positive/healthy relationships To foster a sense of community To nurture their leadership abilities</p>				
Days to be announced TBA	<p style="text-align: center;">Hip Hop Club</p> <p>Learn where it all started and how it has impacted the music industry.</p>	3:10-4:10	TBA Must participate in an academic enrichment club the first hour	<p>Ms. Price Contact Francine.nelson@fcps.edu</p>	Must be registered
Wednesday	<p style="text-align: center;">Civics/History Club</p> <p>Guest speakers and service learning projects</p>	2:10-3:10	B124	<p>Mr. Miller christopher.miller@fcps.edu Mr. Schneider jeffrey.schneider@fcps.edu</p>	Must be registered
Thursday Weather permitting	<p style="text-align: center;">Hockey</p> <p>Learn the basics of the game in a safe and secure setting</p>	2:10-4:10	Parking Lot at exit 6	<p>Mrs. Portare trish.portare@fcps.edu</p>	Must be registered Also listen for announcements for cancellations due to bad weather outside
Monday - Thursday	<p style="text-align: center;">Homework Help</p> <p>Designed to improve academic achievement and reduce behavioral issues. Students meet in cafeteria and are assisted by a variety of teachers and tutors. Drink and snack are provided. HH is conducted in a friendly yet constructive atmosphere</p>	Monday 2:10-3:10 Tuesday-Thursday 2:10-4:10	Cafeteria	<p>Haroula Foukara Eva Gonzales Rabia Badar Contact Francine.nelson@fcps.edu</p>	Must be registered
Thursday	<p style="text-align: center;">Junior Achievement</p> <p>Career preparation, life skills. Learn about savings and checking, entrepreneur opportunities and more</p>	2:10-4:10	TBA	<p>Ms. Kirkland Contact Francine.nelson@fcps.edu</p>	Must be registered
Tuesday, Wednesday, Thursday	<p style="text-align: center;">Prevention Activities A.S.I (After School Intervention) Parent Education, Family Engagement/Community Outreach</p>	4pm-6pm	Bullying Prevention, Red Ribbon Week Substance Abuse Prev. Family Night, Lights Out on After School	<p>Ms. Price Mr. Anderson Contact Francine.nelson@fcps.edu</p>	
Mondays, Tuesday and Wednesday Starting in Spring Weather permitting	<p style="text-align: center;">Running Club</p> <p>Designed for MS students at all levels of ability. Increase cardiovascular fitness as well as enjoy being part of a club and making new friends</p>	2:10-4:10	Meet By the Locker Rooms	<p>Ms. Coleman Jessica.coleman@fcps.edu</p>	Must be registered Also listen for announcements for cancellations due to bad weather outside
Thursdays	<p style="text-align: center;">SC Step Club</p> <p>Members of the team learn traditional step routines and then perform them in public gatherings</p>	3:10-4:10	Cafeteria Must participate in an academic enrichment club the first hour	<p>Ms. Wilson Contact Francine.nelson@fcps.edu</p>	Must be registered
Wednesday	<p style="text-align: center;">Softball Club</p> <p>Compete against each other in this intramural activity. Students will learn the basics of the game and be prepared to play on the</p>	2:10-4:10	Softball Field Weather Permitting	<p>Mr. Dillow Gary Dillow Gary.Dillow@npd.com</p>	Must be registered Also listen for announcements for cancellations due to bad weather outside

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	high school level.				
October 5, 2009 Monday Tuesday Wednesday Thursday Friday-End time 5pm	Stallion Fun Days! This is an extension of the regular After School Day. Opportunities to continue Homework Help as well as enrichment activities. Activities will vary from week to week.	3:10-6:00 Tuesday-2:10-6:00 and Friday 2:10-5:00	Cafeteria Must participate in an academic enrichment club the first hour. Except on Tuesday and Friday	Contact Mrs. Nelson francine.nelson@fcps.edu M. Bustamante Eva Gonzales Deborah Wilson	Must be registered Pre arranged pick up at 6:00 for all participants
Thursday Weather permitting	Stallion Soccer Club An organized sports activity designed to teach and enhance skills in sportsmanship and athleticism	3:15-4:10	Meet By Locker Rooms Must participate in an academic enrichment club the first hour Weather Permitting	Mr. Ament Albert.Ament@fcps.edu	Must be registered Also listen for announcements for cancellations due to bad weather outside
Wednesday October 7, 2009	Technology/Garden Club A small group of students will build a LEGO robot with gears, pulleys, motors, and sensors then write a simple computer program to make the robot complete simple tasks.	2:10-4:10	A209	Mr. Anderson Todd.anderson@fcps.edu	Must be registered
Thursday Weather permitting	Tennis Club Learn the fundamentals of the game	2:10-4:10	Tennis Courts	Mr. Black Anthony.black@fcps.edu	Must be registered Also listen for announcements for cancellations due to bad weather outside
Thursday October 8, 2009	The Linus Project Service Learning	3:15-4:10	C207 Must participate in an academic enrichment club the first hour	Mrs. Panzer mindy.panzer@fcps.edu	Must be registered
Thursday Coming in Spring 2010	Ultimate Frisbee Compete against each other in this intramural activity. Students will learn the basics of the game and be prepared to play on the high school level.	3:10-4:10	Field by Tennis Court Must participate in an academic enrichment club the first hour	Mr. Luther mark.luther1@fcps.edu	Must be registered Also listen for announcements for cancellations due to bad weather outside
Thursday March-June	Volleyball Compete against each other in this intramural activity. Students will learn the basics of the game and be prepared to play on the high school level.	2:10-4:10	Gym/Bubble	Mrs. Pasquel mpasquel@cox.net	Must be registered Also listen for announcements for cancellations due to bad weather outside
TBD Spring	Wrestling Club An organized sports activity designed to teach and enhance skills in sportsmanship and athleticism. Develops self confidence, sportsmanship and physical endurance to the students in an encouraging atmosphere for all levels of development.	2:10-4:10	Wrestling Room	Coach Jimmo andrew.jimmo@fcps.edu	Must be registered
Thursday October 8, 2009 By invitation only	Write it Right Improve writing skills	2:10-3:10	C207	Mrs. Panzer mindy.panzer@fcps.edu	Must be registered
Starting October 5th 1st and 3rd Monday of each month	Yearbook Club	2:10-3:10	Journalism Room B134	Mrs. Delinski jennifer.delinski@fcps.edu	Must be registered

The Middle School After-School Program is funded and implemented through a collaborative partnership between Fairfax County Public Schools, Office of After-School Programs, and the Fairfax County Government, Department of Community and Recreation Services.