



Lorton Station *Express*

News from Lorton Station Elementary School and the PTA

November 2006

Call Sheet

Lorton Station Elementary School

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Kindness: A true headline

"The more you recognize and express gratitude for the things you have, the more things you will have to express gratitude for."

— Zig Ziglar

There are many ways to say thank you. Saying thank you can be habit forming! One amazing side effect of being a regular appreciator is that you begin to look for the kindnesses.

Imagine a world where we pay more attention to what is going well and the ways people help. Can you see the headlines?

"Research reports that 99% of all children say please and thank you" or "Stores remove automatic door openers because

From the Principal Susan B. Garrison

people are holding doors open for others" or "Smile lines replace frown lines so botox clinics are cancelled" or "People are living longer due to feeling appreciated."

Have some fun making up headlines with your children to show how the world would be different if our thankfulness extended beyond things to the people, those we know and those we don't.

Thank you for sharing your children with us.

Consider being a volunteer

By SANDI FEDORSHIK

PTA President

Hi everyone, we are off to a good start. Memberships are rolling in, activities are getting set up and rolling.

We had our first of the year Movie Night and what a great success. The movie was "Akeelah And The Bee" and we had 191 people who attended.

I want to thank Caryn Emanuel for all her hard work. We would like to thank all of our volunteers for the great job they did with setting up, Laura Honhart and Mary Louise (Laura's mother), Amanda Williams and Carmine Azu.

Checking in students and their parents were Carmine Azu, Jill Bennick and Amanda Williams. Serving drinks were Marion Speranzo, and Hugo and Dianna Aquino. Serving popcorn was Ed Keitelman, Carol Assi, Alexis Lawrence and Amber Womack (South County). Mr. Bennick was in charge of security/crowd control.

We also have to thank our local business supporters — McDonalds, Papa Johns and Quiznos. The winner of the movie we showed was Vinh Pham.

Our next movie night will be January 19th and we will be showing "The Wild".

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We will be changing our bingo night from Nov. 17 to a Friday early in December. We will let everyone know the date as soon as we pick one.

We need to change this because we have gotten very little response in regard to volunteers to help get this set up. Without the help of the parents we cannot do this alone. So please, if you can help out please let us know ASAP.

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I want to thank everyone who donated a food item for Lorton Community Action Center. We collected almost 800 pounds of food. Congratulations to Mrs. Hartt's class, which collected the largest amount of food.

Finally, I would like to wish everyone a happy safe and fun Halloween.

School Hours

Grades K-6

Mondays: 9:05 a.m. to 1:15 p.m.

Tues-Fri: 9:05 a.m. to 3:40 p.m.

Children should arrive at school no earlier than 8:40 a.m. We cannot assume responsibility for their supervision before this time.

Office Hours

Monday-Friday: 8:30 a.m. to 4:30 p.m.

Attendance Line

571-642-6060

Transportation

Information about transportation is available at the school or by calling 703-329-3600.

School Age Child Care

Before and after school-age child care (SACC) is available. For more information, visit www.co.fairfax.va.us/service/ofc/sacc.htm

Cafeteria Prices

Breakfast:

Student \$1.10

Lunch:

Student \$2.00

Adults \$3.00

2nd Entree with Lunch \$1

Available as a daily menu choice:

Yogurt with Pretzel, a Deli, and Chef's Salad. A la carte items also will be available daily.

Meal cards are available for purchase.

2006-07 School Calendar

November

3 — End of First Grading Period

6-7 — Student Holidays; Parent Conference Days

15 — 7:30 to 8:15 a.m. Donuts for Dads kick off for D.O.G.S. in the cafeteria

16 — Thanksgiving luncheon — Grades K-3

17 — Thanksgiving luncheon — Grades 4-6; 6 p.m. — Turkey Bingo

20-22 — Jump Rope for Heart during PE classes

21 — Picture Make-Up Day

22 — Early Release

23-24 — Holidays — Thanksgiving

December

7 — 9:15, 10:15 a.m. and 7 p.m.

— Holiday Concert

19 — Yearbook Club Pictures

December 25-January 1

Winter Holidays

January

15 — Student Holiday — M.L. King Day

19 — 7 p.m. — Movie Night

24 — End of Second Grading Period

25-26 — Student Holidays

February

19 — Student Holiday — President's Day

March

5 — Fifth Grade SOL Writing Test — Multiple Choice

7 — Fifth Grade SOL Writing Test — Prompt

10 — 10 a.m. to 2 p.m. — Health

PTA Meeting Dates

PTA meetings are held at 7 p.m. on the second Tuesday of each month in the library.

Meeting dates are:

■ Nov. 14

■ Dec. 12

■ Feb. 13

■ March 13

■ April 10

■ May 8

■ June 12.

and Safety Fair

16 — 7 p.m. — Movie Night

21 — School Picture Day

23 — Spring Bingo

29 — End of Third Grading Period

30 — Student Holiday

April 2-6

Spring Vacation

May

3 — Sixth Grade Panorama Photo

7-11 — Fourth Grade and Sixth

Grade SOLs

14-18 — Third Grade and Fifth

Grade SOLs

18 — 7 p.m. — Movie Night

28 — Holiday — Memorial Day

June

7 — 9:15, 10:15 a.m. and 7 p.m.

— Spring Concert

14 — 7 p.m. — Sixth Grade Reception

15 — 9:30 to 10:30 a.m. —

Awards Assembly

18 — Last Day of School — Early Release

LSES Notes

Give thanks with students at luncheon

Lorton Station will again welcome parents and family for two special days for a traditional Thanksgiving Luncheon.

On Nov. 16, families with children in grades K-3 will be able to join them for a special lunch. The next day, Nov. 17, families with children in grades 4-6 can join them.

If you have several children and want to attend only one of the days, we can arranged for all your children to join you on either day.

An order form for tickets will be sent home for your response and ordering.

Tickets will also be available for sale on each day. The schedule will be provided on the ticket order form.

Art classes seek supplies

As the season turns and you are cleaning out your cupboards and closets, please be on the look out for the following items that would be put to good use in the art rooms:

■ Gently used men's dress shirts

■ Baby food jars

■ Plastic storage containers

Thank you for your time and thoughtfulness, as always anyone who is looking to volunteer is welcome in the art rooms!

For more information, contact art teacher Jessica Hill-Benhoummad at Jessica.Hill@fcps.edu

Jump Rope for Heart set

LSES students will participate in Jump Rope for Heart November 20-22 during their Physical Education classes. All students will receive more information in coming weeks.

WatchDOGS to kick off with 'Donuts for Dads'

School seeking men to serve as volunteers

We want to see dads in school! Can you give us just an hour before or after work for just one day between now and the end of the school year?

We need you to be here to provide a positive and active role model for children at the school.

"Donuts for Dads," our annual kick-off of the WatchDOGS program, will be held from 7:30 to 8:15 a.m. Nov. 15 in the cafeteria.

WatchDOGS (Dads of Great Students) are men — uncles, stepfathers, neighbors, or grandfathers — who play a significant male role in a child's life and who volunteer for about one hour at the beginning or end of the school day. These men keep the

kiss and ride line moving, make sure breakfast runs smoothly, unload buses, or shelve library books — whatever needs to be done to plant seeds of success in the lives of our children.

We are asking each dad to volunteer just one hour. Of course, if you try it and want to do it more often, you are certainly welcome!

Dads are needed in the morning from 8:15 to 9:15 a.m. and in the afternoon from 3:15 to 4:15 p.m. We'll give you a cool vest and sticker to wear, and say your name during the morning announcements!

To sign up for a day or get more information, contact Jim Douthwaite at (703) 455-2461.

Box Tops provide cash for LSES

By SUSAN BUTLER

It's time to start saving again for the March collection for Box Tops. The more you save between now and March, the more money goes to your child's classroom and school.

All you have to do is cut out the Box Top coupons on many of the products you already have in your pantry and refrigerator. Send the coupons in with your child to his/her classroom. We will be keeping track of all the class totals and there will be a party for the highest scoring class in April!

Ms. Lanning's and Ms. Savanick's classes will both be receiving class treats for the highest counts in the collection we just completed. Don't miss out on your chance to be the winning class in the spring! Keep collecting, cutting, and sending in your Box Tops!

At this time I am collecting only Box Tops, not Campbell's soup labels or

Here is a list of some of the products that carry the coupons:

- ZipLock bags
- Kleenex Tissues
- Hefty plastic bags
- Cottonelle paper products
- Pillsbury Dough products
- Scott paper products
- Old El Paso
- Betty Crocker Baking products
- Chex Mix
- Hamburger Helper
- Yoplait yogurt
- Nature Valley products
- General Mills Cereals

any other promotional labels. If anyone is interested in coordinating any of the other fundraising projects (Campbell's, Tysons, etc), please contact the school.

Please call me at (703) 339-6640 or e-mail me at jbsueva@cox.net if you have any questions.