

**Minutes - Student Impact Committee**  
**Thursday, December 6, 2007, 7:00 to 9:00 p.m. – Pohick Public Library**

**Attendees:** Patricia Velkoff, Phyllis Payne, Peter Steinberg, Robin Carroll, Mark Emery, Jill Hecht, Roger Cryan

**Absent:** Mahri Aste, Mary Ann Bosley, Jay Brigleb, Stephanie Cox, Carlos Galicia, Judy Harbeck\*, Shirley Kang, Christina Kim, Lory Monaco-Stevenson\*, Beanca Nicholson, John Vdovjak, Carol Vennergrund\*, Gayle Wood, Doug Wright

\* = unable to attend but contributed by phone or email

Members signed in and handouts were distributed, including:

Agenda

Summary of Alternate School Programs

VA state law on education & transportation – several relevant statutes

Areas of Impact Listing, revised into sub-areas

Area lists with questions to address

Community Impact Committee compilation of research, thanks to Marie Reinsdorf

Bell Schedules – alternate format by Marie Reinsdorf

TTF guidelines for our work

Jill Hecht volunteered to be secretary for the evening.

The request for a one-month delay is being discussed at tonight's School Board meeting. A discussion was held about how to proceed with gathering information on the six **Areas of Impact** for each proposed bell schedule option. It was determined to review the charts in progress as a group at this meeting. We were to add any missing information or correct ambiguous statements from an overall perspective. Then, divide into sub-committees for in-depth analysis and information gathering. Each sub-committee will provide Patricia with a Revised Area of Impact chart by next week's TTF meeting on December 11. Areas of Impact Charts are attached to these minutes so that subcommittees can revise them and present revised charts to the group at the 6:30 meeting on Dec. 11.

Attached are the Areas of Impact charts we referred to in our discussion. An additional "Neutral" category will be added to each chart for impacts that are either unknown or are neither positive nor negative. Below are the changes we agreed to make.

**Area 1 – Academic Achievement/Performance**

Positives: Tier 1 & 2 references for Elementary Schools  
Add: Improved Academic Performances for all grade levels.

Negatives: Delete: Early rise time could lead to students to be less ready to learn  
Move: Reduced opportunity for field trips . . . to High School. More Research needed for this statement  
Delete: duplicate statement "No opportunity for morning classes. . . " for Elementary  
Research: SOL remediation issues and MS tardiness for B schedule

**Area 2 – Health & Safety**

Positives: Add: Pedestrian Safety increased for HS and MS  
Add: Less unsupervised time at home on the afternoon for HS and MS

Negatives: Add: Federal Breakfast program Includes preparation and delivery from HS  
Research: rush hour issue for HS starting later  
Research: Warm up conditions time reduced under HS

Subcommittee review Lumeng study on sleep duration associated with risk of being overweight at ages 9 to 12 years.

### **Area 3 – Sports; School-Based and Outside School**

Positives:      Add: Well rested kids have fewer injuries to HS and MS  
                    Add: Well rested kids increase participation to HS and MS  
                    Add: Shorter County/FCPS after school programs/less funding to MS

Add shorter practices to both Positive and Negative.

### **Area 4**

We discussed the inclusion of SACC in this area and determined to remove it from Area 4. We then took Area 5, organized non-school based, non-athletic Extracurricular Activities and combined it with Area 4. Area 5 became Day Care/SACC.

Change Name: **Non-Athletic Extracurricular Activities; School-based and Outside School**

This subcommittee is encouraged to coordinate information gathering with Community Impact Committee. We need to keep in mind our Impacts are from the eyes of Students, but the information can be overlapped. Patricia will assist with coordination between the other Impact Committee chairs.

### **Area 5**

Change name: **Day Care/SACC**

### **Area 6**

We discussed this name and decided to make a change.

Change name: **Family**  
Focus on Quality of Life

Sub-committee assignments:

Areas 1 & 2: Robin & Phyllis  
Area 3 & 4: Mark & Jill  
Areas 5 & 6: Peter & Roger

Next SIC meeting: Tuesday, December 11, 6:30 pm Gatehouse Center before TTF meeting. Then, break until January.

Submitted by  
Jill Hecht