

**Agenda, Student Impact Committee**  
**Tuesday, January 29, 2008, 7:00-9:00 p.m. Gatehouse Room #1610**

**Attendees:** Mahri Aste, Stephanie Cox, Mark Emery, Judy Harbeck, Jill Hecht, Phyllis Payne, Patricia Velkoff, and Carol Vennergrund

**Absent:** Mary Ann Bosley, Jay Bringleb\*, Robin Carroll\*, Roger Cryan\*, Carlos Galicia, Jill Jakulski, Christina Kim, Peter Steinberg\*, Lory Monaco-Stevenson\*, Beanca Nicholson\*, John Vdovjak, Doug Wright

\* = unable to attend but contributed by phone or email

Members signed in and picked up handouts:

- Agenda
- CAREI reports summary
- Student Employment revised report from Carol Vennergrund
  
- “Best” and “Worst” on the summary tables was discussed, with agreement that these would be changed to “Better” and “Worse,” to reflect degrees of relationships among bell schedule Options rather than absolutes.
- Comments that had been shared by our Committee’s student members by email and phone were discussed. We decided to add a row to our charts titled: TTF Student Representative Comments. Each comment was reviewed for wording, meaning, and relevance for inclusion. Subcommittee members were tasked with contacting students if questions were raised about their intent or phrasing; comments will be included in the appropriate sections of subcommittee reports.
- Two studies completed in 2002 and 2007 in Maryland were discussed. These studies address the relationship between sleep and grades. Committee members agreed to add them to the Academics report. We agreed to include a statement that, “Some studies found a correlation between more sleep or later morning sleep and higher grades (cite sources), while others found no correlation (Eliasson and Eliasson). Mark agreed to send references for the two Eliasson studies.
- The wording of several items was raised for possible refinement since they did not fully reflect the views of all members. Some members felt that it was not fruitful to review issues that had been previously decided by the Committee. Others felt that if dissatisfaction remained among Committee members about wording, an attempt should be made to gain better consensus by evaluating potential rewriting.
  - The wording on before-school practices was discussed and modified. We agreed to address the difference of opinion in the “Minority/Majority Opinions” row of the SIC Sports Summary: Some members of the committee believe that before school conditioning, practices and activities occur now and are therefore a “viable and effective solution” if later start times are adopted.
  - The wording on availability of ES and MS gyms and fields was discussed and modified. We agreed that ES fields would be available earlier in the afternoon for HS practice and conditioning but that they are too small for most HS level games.
  - The wording on possible increased travel time to and from sports practices during rush hour was discussed and modified to reflect that this would affect only freshman teams. Other competitive levels would experience no significant change in travel time because they are already travelling in rush hour.
  - The wording on impact of bell schedule changes on district bands, orchestras and choruses was discussed and modified. “Significant negative” was deleted, since this impact was listed under Negative Impacts. Also, some members felt that these activities would require an adjustment but the adjustment would not necessarily be positive or negative.

- The wording on bell schedule Options to include in the summary table of Athletics and Extra-Curricular Activities was discussed; Option C was added as a possibility between Better and Worse. It was agreed that two versions of the summary table would be included, representing majority and minority views.
- SIC members discussed enrollment in the middle school after-school program. Mark explained that nearly 50% of the middle school population has participated in after-school programs at least one day during the past year. He stated that students are counted if they participate at least once, and they are not double-counted if they participate in more than one activity per day. They are not counted if they register and do not participate; or if they stay after school for academic remediation and do not participate in any other after-school program.
- A request was made to include the specific number of athletes in the Fall, Winter, and Spring sports as reported on the TTF website—10,000+ participate in the Winter and slightly fewer in the Spring and Fall seasons.

The meeting adjourned at 8:55 p.m..

Submitted by: Patricia Velkoff