

**Fairfax County Public Schools
Transportation Task Force**

Community Impact Committee

Bibliography

January 17, 2008

Adolescent Sleep, School Start Times, and Teen Auto Accidents

Fred Danner and Barbara Phillips, University of Kentucky, February 13, 2006.

A study of the sleep habits and auto crash rates of adolescents from a single large county-wide school district in Kentucky before and after the start times of the county's high schools changed to one hour later.

To access, go to the following link and search for “Danner”:

http://www.journalsleep.org/PDF/Oral_Split/Oral_Tuesday.pdf

Community Impacts from Other Jurisdictions Changing to Later HS Start Times, Other Local Data

Sandy Evans, co-founder of Start Later for Excellence in Education Proposal (SLEEP), December 2007

Results of an independent review and analysis of reports on the community impacts resulting from later start times in selected locations across the nation.

<http://www.fcps.edu/fts/taskforce07/committees/CICimpacts.pdf>

How Do Arlington County and Thomas Jefferson High School for Science and Technology (TJ) Schedule Sports Practices and Games Around Their Later End Times?

By Sandy Evans, December 6, 2007

Findings on how Arlington County, VA, high schools and Thomas Jefferson High School for Science & Technology provide their students adequate after-school sports facilities and practices with later end times than Fairfax County high schools, using practice/game schedules and interviews.

<http://www.fcps.edu/fts/taskforce07/committees/CICarlingtonandt.pdf>

Juvenile Offenders and Victims: 2006 National Report, Chapter 3

Snyder, Howard N. and Sickmund, Melissa. 2006. Juvenile Offenders and Victims: 2006 National Report. Washington, DC: U.S. Department of Justice, Office of Justice Programs, Office of Juvenile Justice and Delinquency

Prevention.

Research that indicates both juvenile crime and juvenile victimization peak in the afternoon hours after school and that there is more potential to prevent crime by filling the hours between 3 to 7 PM than by using juvenile curfews.

<http://www.fcps.edu/fts/taskforce07/committees/CICjunvenileoffenders.pdf>

Studying the impact of 5 new bell schedules under consideration: A Compilation of Informational Reports

Members of the Fairfax County Transportation Task Force's Community Impact Committee: Berlin, John; Culin, Susan; Evan, Sandy; McGrath, Patti; Swarm, Joe; Wegner, Christy; December 5, 2007

Compilation of informational reports prepared by Community Impact Committee members on conditions in Fairfax county and other jurisdictions that might impact the decision to change the start times of Fairfax county high schools.

<http://www.fcps.edu/fts/taskforce07/committees/CICbellschedules.pdf>

Why is the Pool Closed for High School: Explanatory Statements

A Fairfax County Park Authority Handout and a page from Parktakes, the Course Catalog of the Fairfax County Park Authority, Fall 2007

Statements that explain why blocks of time are reserved for Fairfax County, Virginia high school swimming teams at all Fairfax County Recreation Centers for several weeks each year.

http://www.fcps.edu/taskforce07/committees/why_pools_close_for_high_school_swim.pdf