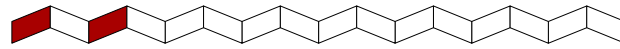




SAFETY RULES FOR OUTDOOR RECESS



Safety & Security Fact Sheet

- ✓ Teachers on recess duty must be visible to children on the playground. They must position themselves around the playground and avoid standing in clusters.
- ✓ Follow the playground safety rules posted on the large blue sign posted near the playground equipment.
- ✓ Children may not wear backpacks while playing on equipment.
- ✓ Students should leave objects such as pencils, pens, and markers in the classroom.
- ✓ Shoelaces should be tied at all times.
- ✓ Equipment should be used only for the purpose it was designed.
- ✓ Once on the playground, children may not re-enter the building except when directed to do so by a teacher.
- ✓ Children should be encouraged to play actively without pushing, shoving, punching, pulling, or hitting other children.
- ✓ Children must not wear bicycle helmets while playing on equipment because their head could become entrapped in the equipment.
- ✓ "Gangs" of children are not permitted to march through play areas.
- ✓ Jump ropes may be used only for jumping, and not for playing tug-of-war and other games; they should not be taken on slides.
- ✓ Only soft balls are permitted on the playground during recess.
- ✓ Children shouldn't retrieve balls that are off the playground without permission from an adult.
- ✓ Snowballs are not allowed.
- ✓ Children may not climb trees.
- ✓ Children must stay away from dangerous areas, such as drains, trash receptacles, and streams.
- ✓ Contact sports are not permitted.
- ✓ Children on swings must sit in an upright position, and not twirl or jump off while a swing is in motion; they may not run in front or in back of the swings.
- ✓ Children must go down slides one at a time, sitting in an upright position, and not loiter at the top or bottom; they must not climb up or down the slide.

Adapted from the American Academy of Pediatrics

If you need assistance, call the safety section at 571-423-2010.
To place a work order for equipment repair call 703-764-2415.