



Facts for Teachers

**“We Care” is our Slogan
Good Nutrition is our Goal!**

The Energy Zone, Food and Nutrition Services invites you to join us for breakfast or lunch and become a member of the BLTeam Club. Registered Dietitians plan a variety of nutritious meals including salads to reflect the Dietary Guidelines for Americans and strict federal nutrient regulations. FCPS also limits trans fats, sodium and sugar. Federal regulations state “adult prices must be the full cost or at least the price paid by students plus the rate of federal and state reimbursement and the value of USDA donated foods.” Food and Nutrition Services (FNS) is a financially self supporting program within FCPS and no local tax dollars are used to support the program.

Nutrifax (nutrition messages) provide nutrition information to students, teachers, and parents. Visit: www.fcps.edu/fs/food/ for current nutrition information. We are also available to provide nutrition education in the classroom and attend health fairs.

The FCPS Student Wellness Policy promotes student health and wellness activities at the school level. An annual Golden Wellness Scorecard Award recognizes schools that exceed the wellness guidelines.

Web site: <http://fcpsnet.fcps.edu/fs/food/WellnessAward/index.htm>.

Green Friendly!

Since 1994 all polystyrene items and trash used in food services are being processed into electricity, a process known as ‘waste to energy’ at the energy resource recovery system (ERRS) facility in Lorton, VA. We strive to use recyclable paper and continuously evaluate the number and kind of disposables and implement waste reduction initiatives. Web site: <http://www.fcps.edu/fs/food/recycling/index.htm>.



JOIN THE BLTEAM CLUB

**Health Fair and Nutrition Education
Reservation Form**

School: _____


Teacher: _____

Topic: _____

Date: _____

Time: Allow 40-60 minutes for each lesson.

Return by fax to:
703-813-4954

BLTEAM CLUB 

Members of the BLTeam Club receive a complimentary nutritious breakfast or lunch with the purchase of ten school meals.