EZ Bear Breakfast

$1.75

Monday

Fruit and/or Fruit Juice

Grain

Egg and Cheese Breakfast Sandwich
or
Yogurt w/Graham Crackers
or
Cereal w/Graham Crackers

Milk
1% Unflavored or Skim
EZ Bear Breakfast
$1.75
Tuesday

Fruit and/or Fruit Juice

Grain
Mini Pancakes
or
Yogurt w/Graham Crackers
or
Cereal w/Graham Crackers

Milk
1% Unflavored or Skim

USDA is an equal opportunity provider and employer.
EZ Bear Breakfast

$1.75

Wednesday

Fruit and/or Fruit Juice

Grain

Bagel w/Cream Cheese and Jelly

or

Yogurt w/Graham Crackers

or

Cereal w/Graham Crackers

Milk

1% Unflavored or Skim
EZ Bear Breakfast
$1.75
Thursday
Fruit and/or Fruit Juice
Grain
Pancake and Turkey Sausage on a Stick
or
Yogurt w/Graham Crackers
or
Cereal w/Graham Crackers

Milk
1% Unflavored or Skim

FOOD AND NUTRITION SERVICES
Fairfax County Public Schools
"USDA is an equal opportunity provider and employer."
EZ Bear Breakfast

$1.75

Friday

Fruit and/or Fruit Juice

Grain

Banana Bread

or

Yogurt w/Graham Crackers

or

Cereal w/Graham Crackers

Milk

1% Unflavored or Skim

FOOD AND NUTRITION SERVICES
Fairfax County Public Schools
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EZ Bear Breakfast
$1.75
Friday

Fruit and/or Fruit Juice

Grain
Cinnamon Roll
or
Yogurt w/Graham Crackers
or
Cereal w/Graham Crackers

Milk
1% Unflavored or Skim

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