What’s on the Menu Today?
Healthy Choices!

Parents - did you know? Today’s school lunch includes:

✓ Fresh fruits and veggies
✓ More whole grains
✓ Less sodium and fat
✓ Nonfat or low-fat milk

Enjoy the convenience of a healthy school lunch for just $2.90 elementary, $3.00 middle and $3.00 high school. Contact the Office of Food and Nutrition Services at 703.813.4800 to learn more about what’s being served!

Learn more at [http://www.fcps.edu/fs/food](http://www.fcps.edu/fs/food) or [www.schoolnutrition.org/SchoolMeals](http://www.schoolnutrition.org/SchoolMeals)