

Where's the Parenting Manual?

As parents, we are faced with an assortment of challenges; some have existed for generations and others that didn't exist five years ago. Did you ever ask where can we go for help?



Eagle View



Elementary

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Hot Topics Discipline

"Top 7 Tips for Disciplining Your Grade-Schooler"

<http://childparenting.about.com/od/behaviordiscipline/a/disciplinechild.htm>

What's wrong with a little attitude?

<http://life.familyeducation.com/behavioral-problems/parenting/36601.html?detoured=1>

Adventures in Parenting

http://www.nichd.nih.gov/publications/pubs/adv_in_parenting/index.cfm

Household Chores



How To Get Started

<http://www.parenting-ed.org/html/html/chores.htm>

Meal Time- Nutrition-Health



Positive impact of eating together:

<http://www.com/releases/1997/08/970821001329.htm>

TV or No TV? What is the Question!

<http://wsciencedailyww.sciencedaily.com/releases/2007/10/071014200545.htm>

Fast Food

<http://www.webmd.com/parenting/news/20040105/fast-food-creates-fat-kids>

Healthy Eating

http://kidshealth.org/parent/nutrition_fit/nutrition/habits.html

Let's Move!

<http://www.letsmove.gov/>

Bed Time

Routine

http://parentingresources.suite101.com/article.cfm/establish_a_healthy_bedtime_routine

How much sleep does my child need??

<http://childparenting.about.com/od/healthsafety/a/kidsneedsleep.htm>

Homework

Homework Friendly Home

<http://video.about.com/singleparents/Make-a-Homework-Friendly-Home.htm>

On-line Homework Help

<http://homeworkhowto.com/2/?src=184486>

<http://www.homeworkspot.com/>

Car Safety

GIVE 'EM A BOOST!

http://www.vahealth.org/Injury/safetyseat/PSAs/TVads/GMB_10/GMB_10.htm



Screen Time

Rating Systems



Video Games

http://www.childdevelopmentinfo.com/kids_media/video_game_rating_system.shtml

Television

<http://www.tvguidelines.org/>

Movies

http://www.filmratings.com/filmRatings_Cara/#/ratings/



*Videos
Time Limits*

http://kidshealth.org/parent/positive/family/tv_habits.html

Should my child have a T.V.
in his bedroom?

<http://www.sciencedaily.com/releases/2005/07/050705005926.htm>

ScienceDaily (July 5, 2005) — A study of elementary school students found that children who had television sets in their bedrooms scored significantly lower on school achievement tests than children without TVs in their bedrooms.

Home Alone

Supervision Guidelines

http://www.fairfaxcounty.gov/dfs/childrenyouth/supervision_eng.htm



Here are some
additional resources:

Child Development Institute

<http://www.childdevelopmentinfo.com/index.htm>

American Academy of Pediatrics

<http://www.healthychildren.org>

Parenting Support

<http://www.about.com/parenting/>

<http://life.familyeducation.com/parenting/manners-and-values/34453.html?detoured=1>

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