

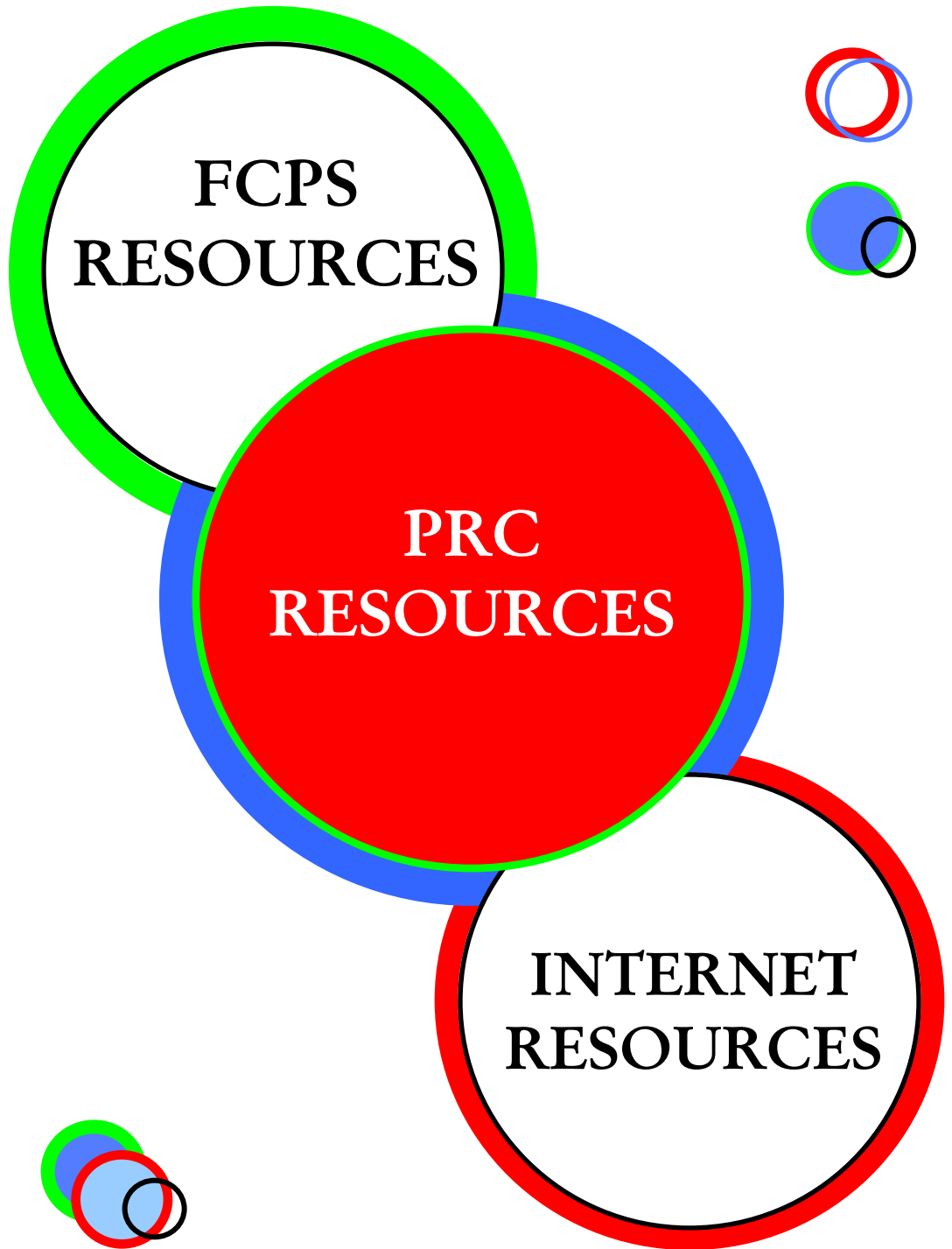
# Transition Resources



## FUTURE PLANS

Getting Ready for Life After High School

The Parent Resource Center Team



**Great Books and DVDs to help you and your student start  
planning for post-secondary success!**

Available at the PRC and search online!

1. *Going to College: Expanding Opportunities for People with Disabilities* by Elizabeth Evans Getzel
2. *Complete Guide to Special Education Transition Services* by Roger Pierangelo
3. *Self-Advocacy Skills for Students with Learning Disabilities: Make It Happen In College and Beyond* by Henry B. Reiff
4. *Dyslexia at College* by Dorothy Gilroy
5. *Succeeding in College with Attention Deficit Disorders* by Jennifer Bramer
6. *Colleges that Change Lives: 40 Schools that will change the way you think about colleges* by Loren Pope
7. *Learning How to Learn: Getting Into and Surviving College When You Have a Learning Disability* by Joyanne Cobb
8. *ADD and the College Student* by Patricia Quinn
9. *Coaching College Students with AD/HD: Issues and Answers* by Patricia Quinn
10. *How to Study in College* by Walter Pauk
11. *Letting Go: A Parent's Guide To Understanding the College Years* by Karen Levin Coburn
12. *Survival Guide for College Students with ADD or LD* by Kathleen G. Nadeau
13. *How the Student with Hearing Loss can Succeed in College* by Carol Ann Flexer
14. *The K&W Guide to Colleges with Learning Disabilities or ADD* by Marybeth Kravets & Imy F. Wax
15. *Colleges for Students with Learning Disabilities or ADD* by Thomson Peterson's
16. *Self-Advocacy: A Guide for Students with Disabilities (VHS)* by Virginia Polytechnic Institute and State University
17. *Success in College and Career with Attention Deficit Disorders (DVD)* by Jennifer Bramer



# Upcoming Workshops



Career and Transition Services (CTS)  
Department of Special Services

## Information Fair

**Is your child prepared for high school and beyond?  
Do you know what opportunities are available to help prepare students?**

Wednesday, February 18, 2009  
West Springfield High School

7:00-8:30 p.m.

(Snow date - Thursday, February 26)

[Register online now!](#)

[Download the flyer](#) for additional information.

Representatives from the following Career and Transition Services options will provide information and answer questions:

- Career Academy Support
- Career Assessment
- Davis and Pulley Career Centers
- Employment and Transition Services
- Job Coach Services
- Office Technology and Procedures Class
- Technology Support Services
- Work Awareness and Transition Class

**For more information please call: Ann Marie Cook 571-423-4152 or visit the CTS website <http://www.fcps.edu/ss/careertransition/index.htm>**

## What Am I Going To Do After High School?

### Post-secondary Education Options

**Bring your high school student to help them determine their best Post-secondary Education options!**

Come learn about a variety of education options and how to determine what's best for you after high school. This presentation, offered by the Office of Special Education Career and Transition Services, will address accessing support services, documentation, and if and when to talk about your disability.

**Explore your options!**

**Wednesday, February 25, 2009, from 7:00—8:30 p.m.**

**South Lakes High School—Lecture Hall**

**11400 South Lakes Drive**

**Reston, VA 20191**

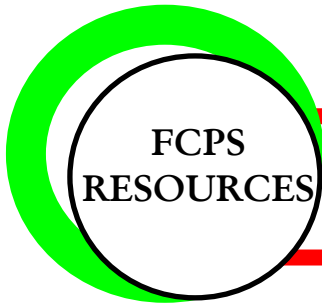
- 4-year colleges
- 2-year colleges
- Technical schools
- Apprenticeships
- AND MORE!

**[Register online now!](#) [Download the flyer](#) for additional information.**

**For more information please e-mail: [natashi.anthony@fcps.edu](mailto:natashi.anthony@fcps.edu)**

**Call: 571-423-4150 or visit the CTS website**

**<http://www.fcps.edu/ss/careertransition/index.htm>**



## Planning Resources

Helping a student prepare for life after high school requires planning, communication, and self-advocacy. The following resources can help you and your child develop a plan that addresses needs, strengths, and future goals.

### Fairfax County Public Schools - Resources

<http://www.fcps.edu/ss/CareerConnections/student/stuhelp.htm>

### The Parent Resource Center - Resources

<http://www.fcps.edu/cco/prc/AdditionalResources.htm#CollegePlanning>

### Career and Transition Services – Transition Plan

<http://www.fcps.edu/ss/careertransition/crtntnrs.htm>

A transition plan is added to the student's individualized education program (IEP) in eighth grade. The transition plan takes into consideration the student's skills, interests, and desires and also includes a career goal as well as specific transition objectives that will help the student realize the career goal.

### Career Connections

<http://www.fcps.edu/ss/CareerConnections/>

This is a comprehensive college and career planning site.

### Family Connection

<http://www.fcps.edu/ss/CareerConnections/fconnect/fconnect.htm>

This resource is available to students in grades 9-12 and is the comprehensive 24-7 planning center for individual student plans and resources for post-graduation life.

### Getting Ready for High School and Beyond

<http://www.fcps.edu/ss/linkedfiles/GettingReady.pdf>

This document is published by the Department of Special Services and provides a timetable as well as information about postsecondary education and the planning process.

### Fairfax County Public Schools Junior Senior Handbook

<http://www.fcps.edu/ss/CareerConnections/JrSrHandbook/mainpage.htm>

This handbook is a planning guide for after high school.

### The Career Center

<http://www.fcps.edu/ss/CareerConnections/resource/fcpscc.htm>

The Career Center in your child's school provides information and resources for postsecondary options. Many of the Career Centers in FCPS have a web presence on their school sites.

### Transition Toolkit for Parents

[http://www.fcps.edu/ss/careertransition/tool\\_kit\\_sections/TransToolKit4%20Parents.pdf](http://www.fcps.edu/ss/careertransition/tool_kit_sections/TransToolKit4%20Parents.pdf)

Transition Tool Kit for Parents - [Spanish](#) version available

<http://www.fcps.edu/ss/careertransition/SpanishToolkit4Parents.pdf>



## Planning Resources

**The Internet** provides valuable information about academic and career planning as well as post-secondary resources.

### **Academic and Career Planning**

<http://www.vaview.org/>

User names, passwords, and assessment codes are available through the school counselor.

### **Community Services Board**

<http://www.fairfaxcounty.gov/csb/board/>

### **Colleges with Programs for Students with Learning Disabilities**

[http://www.college-scholarships.com/learning\\_disabilities.htm](http://www.college-scholarships.com/learning_disabilities.htm)

A list of colleges with direct links to the support program at individual colleges and universities; it also has links to training, technical colleges, scholarships and more.

### **Test Preparation**

<http://www.fcps.edu/ss/CareerConnections/student/testprep.htm>

### **US Department of Education**

<http://www.ed.gov/about/offices/list/ocr/docs/auxaids.html>

The Auxiliary Aids and Services for Postsecondary Students with Disabilities provides information helpful for students who require auxiliary aids and services in postsecondary settings.

### **Virginia College Quest**

<http://www.vacollegequest.org/>

Information for students with disabilities transitioning to college.

### **Virginia's College Guide**

<http://www.doe.virginia.gov/VDOE/sped/transition/collegeGuide2003.pdf>

### **Virginia Department of Rehabilitative Services**

<http://www.vadrs.org/default.htm>

### **Virginia View**

<http://www.vaview.vt.edu/>

VA View has information about opportunities for post-secondary training and colleges in Virginia.