

What U Need 2 Know! Strategies for School Success

Help your middle/high school-aged student get ready for the demands of today's curriculum and challenging testing.



Is your middle/high school-aged student organized? Have the demands of today's curriculum stressed them out? Can your student manage time and work space?

If not, then both you and your middle/high school-aged student should attend this workshop.

When: Saturday, December 5, 2009 from 9:30 – noon

**Where: Fairfax HS – Entrance 1 in the Cafeteria
3501 Rebel Run, Fairfax, VA 22030**

9:30 – Noon

Guest Speakers:

Carrie Martell - Exceptional education teacher, Harrisonburg, VA

Ashley Reyher - Exceptional education teacher, Henrico County, VA

Join us for this unique opportunity to attend a ***FREE*** workshop together with breakout opportunities for parents and students.

- ♦ Self Advocacy Tips
- ♦ Writing Strategies
- ♦ Learn relaxation and concentration strategies for test taking
- ♦ Improve study skills for homework success and high-stakes testing
- ♦ Better understand time management
- ♦ Increase knowledge of organizing space and materials

This workshop is presented in collaboration with FCPS Parent Resource Center and George Mason University, T/TAC.

Register online or call 703-204-3941 or 703-204-3955 (Espanol)

For more information visit www.fcps.edu/cco/prc



The Parent Resource Center
Fairfax County Public Schools
Communications and Community Outreach