

THE PARENT CONNECTION

educational parent
support group



Every Tuesday
6:30 – 8:00 PM
Sacramento Neighborhood Center
8792E Sacramento Dr
Alexandria, VA 22309

- **FREE & ONGOING** support and education
- A place to share experiences and skills in order to become more confident in your role as a parent & to improve your relationship with your child
- An opportunity to get to know other parents and feel connected to a supportive, safe community

Topics Discussed Include:

- Child Development
- Effective Discipline
- Healthy Communication
- Stress Management
- Conflict Resolution
- Other Parenting Topics

— FREE CHILDCARE —
AVAILABLE FOR PARTICIPATING PARENTS



SCAN
Building hope for children & families
in Northern Virginia

No eligibility requirements. Registration available on site or by phone.

For more information, please call Shannon May at 703-820-9001.

Offered to the community with the support of Fairfax County Consolidated Community Funding Pool.