

# PARENT CONNECTION

## EDUCATIONAL PARENT SUPPORT GROUP

- > FREE & ONGOING support and education
- > A place to share experiences and skills in order to become a better parent & improve your relationship with your child
- > An opportunity to get to know other parents and feel connected to a supportive, safe community

**EVERY MONDAY**

**7:00 – 8:30 PM**

**FAIRLINGTON UNITED METHODIST CHURCH**

**3900 KING STREET, 3RD FLOOR**

**ALEXANDRIA, VA 22302**

**— FREE CHILDCARE —**  
AVAILABLE FOR PARTICIPATING PARENTS



### Topics Discussed Include:

- Child Development
- Effective Discipline
- Healthy Communication
- Stress Management
- Conflict Resolution
- Other Parenting Topics

No eligibility requirements.

Registration available on site or by phone.

For more information, please call Shannon May at 703-820-9001.

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**SCAN**

Building hope for children & families  
in Northern Virginia