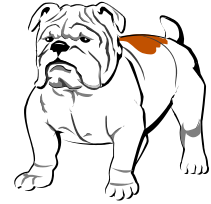


# 10<sup>th</sup> Grade Health Education

Mr. Blank  
2011-2012



We will be participating in the newer 10<sup>th</sup> grade health curriculum this year. Information presented will provide students with the opportunity to acquire the knowledge, skills and attitudes necessary to take positive action to ensure health and wellness now and in the future.

Units include Personal and Community Health, Nutrition, Injury and Violence Prevention, and Human Growth and Development (FLE).

## Grading

Please put your best effort into your work. Grading is based on the following percentages.

**20% = Participation** – On time, health notebooks, engaged participation in class activities and discussions, and completion of class and group work.

**40% = Handouts & Notebook** – completion of assignments

**40% = Tests & Projects** – 2 tests, poster project and Personal Wellness Plan

## New FCPS Grading Scale

A (93-100) = 4.0	B+ (87-89) = 3.3	C+ (77-79) = 2.3	D+ (67-69) = 1.3	F (below 64) = 0.0
A- (90-92) = 3.7	B (83-86) = 3.0	C (73-76) = 2.0	D (64-66) = 1.0	
	B- (80-82) = 2.7	C- (70-72) = 1.7		

## Attendance

**TARDY** = not in your seat or in class when the bell rings. You will report to your sub school for a pass. You will lose part of your daily participation credit.

## Make-Up Work Policy

### **Excused Absence** (taken from FCPS Grading and Reporting to Parents)

- Students are fully responsible for completing any missed assignments. Each day of absence affords one school day of makeup work opportunity. Students have a maximum of ten days to make up work missed during an excused period of absence. However, the period of time allowed to make up work may be extended at the discretion of the teacher.
- Makeup work for excused absences is graded and recorded in the grade book by teachers without penalty to students. For approved prearranged absence, a student may request assignments in advance of the absence. Teachers will provide regular or alternative assignments in advance of the absence, when feasible. Following any absence, including a prearranged absence, students should make arrangements with individual teachers for makeup work.

### **Unexcused Absence**

- Unexcused absences do not mandate course failure. If students are absent and unexcused, they cannot earn credit for classroom activities or labs missed as a result. Students may choose to make up work following unexcused absences and teachers may help the student and parent or guardian to identify missed work, but teachers are not obligated to provide makeup work. Make up work is encouraged so that students will profit from future instruction.

## Late Work

Late work is almost always accepted but will result in deducted points for each day late.

Go Bulldogs!

Notebook \*\*\***You will need a separate 3-Ring Binder/2 dividers/and some loose leaf paper**\*\*\*

You will be responsible for keeping a Health Notebook that will include worksheets and notes from class. This should be brought to class every day. Having it is part of your daily grade. ONLY health should be in this notebook. These will be checked at various times during the course and graded twice.

Classroom Behavior

We will cover a wide variety of issues this quarter. It is important that we as a class adhere to the following classroom rules.

- Food or drink should be discreet and not create a mess or disruptions in class. If I find this is not the case I will remove the privilege.
- Restrooms should be used during class changes BEFORE coming to class....
- NO CELL PHONES OR ELECTRONICS. They will be given to your sub school for your parents to pick up at their convenience. Your focus should be on class activities.
- All topics will be treated seriously.
- There will be no tolerance for disrespectful comments.
- Respect the privacy of each other and respect the diversity of your classmates.
- Do NOT provide specific examples from your life, especially using names!
- If you're not comfortable asking a question aloud you may write it down and turn it in at the end of class or talk to me individually at the end of class.
- **Raise your hand to speak.** Do NOT interrupt someone who is speaking.

**Honor Code/PRIDE Statement:**

Copying homework, cheating on quizzes or tests, and plagiarism are serious offenses. Be sure to understand the expectations for each assigned task, and be sure to complete each one *honorably*. Never be afraid to ask if you are not sure about what is expected and acceptable. Members of the Westfield High School community are committed to demonstrating **Personal Responsibility, Respect, Integrity, Discipline, and Excellence (PRIDE)** in all activities and programs. All teachers are committed to supporting honest, individual student achievement; therefore, the policies and procedures outlined in the Westfield Honor Code will be upheld and enforced. Students and parents/guardians are expected to be familiar with the code and to adhere to its guidelines at all times. Please take a moment to review the Westfield Honor Code at: [http://www.fcps.edu/WestfieldHS/about\\_whs/honorcode.pdf](http://www.fcps.edu/WestfieldHS/about_whs/honorcode.pdf)

Blackboard

Check Blackboard (<http://fcps.blackboard.com/>) for class information. General information will be posted; however, due to the content of this material not all classroom information (notes, worksheets, etc.) will be posted. Important resources for mypyramid and your Personal Wellness Plan will be on blackboard.

Instructor Information

Mr. Blank  
Health & Physical Education Dept

Contact Information

[bill.blank@fcps.edu](mailto:bill.blank@fcps.edu)

Student Printed Name \_\_\_\_\_

Student Signature \_\_\_\_\_

Date \_\_\_\_\_

Parent Signature \_\_\_\_\_

Date \_\_\_\_\_

Parent email \_\_\_\_\_

**Go Bulldogs!**