

Principal's Corner (continued)

Back to School Night Schedule:

Monday, September 12: Grades K-1-2-3 and Learning Support Teachers:

6:30—7:00 p.m.	Mrs. Bundens (LST)	Ms. Mirro (LST)	Ms. Roberts (SBTS)
	Mrs. Pendlebury (Speech)	Mrs. Everton (Music)	Mrs. Leonard (Counselor)
	Ms. Fuentes (LST)	Ms. Leberstien (LST)	Mrs. Conley (Librarian)
	Mrs. Hall (LST IA)	Mrs. Licklider (LST IA)	Mrs. Guerrero (PHTA)
	Mrs. Penley (LST)	Mrs. Sealey (LST IA)	Mrs. Baker (Math Resource)
7:00—8:00 p.m.	Opening announcements via TV in Classrooms		

Tuesday, September 13: Grades 4-5-6, Learning Support and Specialists as listed:

6:30—7:00 p.m.	Ms. Nunley (Reading)	Mr. Antoncic (P.E.)	Mr. Ginger (P.E.)
	Mrs. Castellaw (LST)	Mrs. Sieber (LST)	Ms. Weathers (LST)
	Mrs. Alvarez-Keefer (Art)	Ms. Lopez (Art)	Mrs. Bonanno (Strings)
	Ms. Amoroso (Band)	Mrs. Atanasov (ESOL)	Mrs. Chang (ESOL)
	Ms. Gartlan (AAP)	Ms. Harrison (LST)	Mrs. Hoyesen (LST)
	Mrs. Carroll (Reading)	Mr. Tyler (Music)	Mrs. Habermeyer (Counselor)
	Mrs. McDevitt (LST)	Mrs. Slusher (LST IA)	Mrs. Walls (LST IA)
	Mrs. Hatcher (LST IA)	Mrs. Bancroft (LST IA)	
7:00—8:00 p.m.	All 6th grade in the cafeteria Opening announcements via TV in Classrooms		

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Dress Code:

All students are expected to dress appropriately for a K-12 educational environment. Any clothing that interferes with or disrupts the educational environment is unacceptable. Clothing with language or images that are vulgar, discriminatory, or obscene, or clothing that promotes illegal or violent conduct, such as gang symbols, the unlawful use of weapons, drugs, alcohol, tobacco, or drug paraphernalia, or clothing that contains threats is prohibited. Clothing should fit, be neat and clean, and conform to standards of safety, good taste, and decency. Examples of prohibited clothing include, but are not limited to: sagging or low-cut pants, low-cut necklines that show cleavage, tube tops, halter tops, backless blouses or blouses with only ties in the back, studded belts, chain belts, clothing constructed of see-through materials and head coverings unless required for religious or medical purposes.

Parents or guardians of students requiring accommodation for religious beliefs, disabilities, or other good causes should contact the principal. Students not complying with this code will be asked to cover the non-complying clothing, change clothes, or go home. Repeated infractions will result in disciplinary action.

Students have physical education instruction two times a week and outdoor recess almost daily, weather permitting. For the safety of your child, tennis shoes (or the like) are recommended for P.E. Sandals (of any kind) are not acceptable at any time during P.E. If girls choose to wear dresses or skirts, they are asked to please wear shorts or pants under them while participating in P.E. or recess activities. I truly appreciate your continual support in helping children stay focused and safe during the school year.

New Parent Coffee

The PTA and administrators will sponsor a "New Parent Coffee" on Friday, September 16th from 9:15 a.m. to 10:30 a.m. in the cafeteria for all parents new to Virginia Run Elementary School.

RSVP by contacting the main office at 703-988-8900.



Parents:

You have 2 options in returning your child's emergency care form.

- Option #1: Fill out the blank form in your Wednesday envelope and return it to your child's teacher.

- OR -

- Option #2: Review your child's emergency care card online via weCare (accessed through your FCPS 24-7 Parent View account), print a copy and return it to your child's teacher.

Back *to*
School



Advanced Academic Program News Judy Gartlan, AAP Resource Specialist

Welcome back! I am looking forward to working with the students at VA Run this year. My days are the same as last year - Monday mornings, Tuesday and Wednesday.

As part of my job, I will be teaching AAP lessons in all classes. I also assist teachers with enrichment needs of students. Many times students receive these differentiated services within the classroom setting and sometimes students join a small group of students with similar needs and meet with me weekly.

I believe all students have gifts that need to be nurtured. According to Howard Gardner there are eight different intelligences. These include: Verbal/Linguistic, Logical/Mathematical, Musical/Rhythmic, Interpersonal, Intrapersonal, Visual/Spatial, Body/Kinesthetic, and Naturalist. In future articles, I will explain these intelligences in more depth.

I am happy to hear from you. My email address is: judy.gartlan@fcps.edu or feel free to visit the AAP website: www.fcps.edu/dis/gt for more information regarding Advanced Academic Programs in Fairfax County.



Is your child going to be absent or late?

Please call the attendance line at 703-988-8989 each and every day as soon as you know that your child will be absent or late. Make sure to leave your child's name, his/her teacher's name and the reason for their absence in the message. Please be specific with the reason. If your child has an illness, please identify his symptoms, e.g. fever, vomiting, sore throat, stomach ache, diarrhea. This is also the time to request homework. Please indicate whether you will pick the homework up after 4:00 p.m. in the office or if another child or sibling will bring it home.

Volunteer/Visitor Computer Check-In

If you are planning to come into the school, either to volunteer in the classroom, have lunch with your child, or attend a meeting, you **MUST** register on the computer located in the office. If you are "working" at the school on a **VOLUNTEER** basis, please check in and out as a **VOLUNTEER**. If you are coming to visit your child at lunch and are not "working" or "volunteering" in some way, shape or form, then you must check **IN** and **OUT** as a **VISITOR**. There should be no reason to manually sign in anymore unless the computer is down. The only time you will manually sign in or out is when your child is **TARDY** or **LEAVING EARLY**.

Thanks for your cooperation in this matter.

PTA BOARD MEMBERS 2011-2012

Virginia Run Elementary
PTA
everychild.onevoice.®

President	Mark Cutlip	703-266-9250
Vice President	Lori Leventry	703-266-3638
Vice President	Joan Gorvett	703-449-8669
Treasurer	Melissa Tucker	703-825-1323
Recording Secretary	Kelly Bobek	703-830-6802

2011-2012 BELL SCHEDULE

Monday:

9:15 a.m.—1:25 p.m.

Tuesday-Friday:

9:15 a.m.—3:55 p.m.

FLEX (Foreign Language Experience)

FLEX (Foreign Language Experience) at Virginia Run is Back!

FLEX Classes will be offered before school again this year in Spanish, German and Chinese. Please look for information on the FLEX program in the Wednesday envelope. Specific information about the classes being offered including the instructor and days will be provided the following week. Registration will be online again this year (first come, first served) and classes will begin early October.

Please contact Laura Preston at lp Preston10@msn.com if you have any questions.

Virginia Run Elementary Back-to-School Picnic



September 9, 2011

5:00 -7:00 pm

Virginia Run Playground

Bring a picnic blanket or chairs, dinner for your family, and a dessert to share.

Join DJ Curtiss for some family-friendly tunes and games as we kick-off the start of another great school year!

Volunteers needed on the day of the picnic for set up, attending food table, and clean up. Contact Joan Gorvett at Gorvett@aol.com to sign up for a 30-minute shift.

"We hope to see you all there!"

Parents are encouraged to open meal accounts for their children and can designate the account for meals only or for meals and à la carte items. Elementary school students must purchase a lunch or bring a lunch from home to purchase one à la carte snack.

FCPS offers families three ways to purchase meals for students: online, check, or cash.

- Online using <https://www.mylunchmoney.com/>—The service is easy, convenient, private, and secure. There is a convenience fee. Once parents open the account, they may check the balance at any time.
- Check—Make checks payable to (School Name) Food Services and bring the check to the food service manager's office. A local address and phone number are required to be either printed or handwritten on the check. The student name and personal identification number (PIN) are required on the check memo line.
- Cash—Cash may be brought to the food service manager's office for deposit to the student's account, or students may pay cash on a daily basis.

Special Notes on Lunch Accounts:

- Remind your child not to share his or her PIN with friends.
- Payments may be specified for meals only or meals and à la carte snacks.
- A printed summary of the child's account is available by contacting the food service manager or by signing on with myLunchMoney.com. It is not necessary to use the online account for this service.



Why Buy a School Lunch?



- Lunches are planned by registered dietitians and chef to reflect the 2010 Dietary Guidelines for Americans and strict United State Department of Agriculture meal patterns. The menus Contain no more than 30 percent calories from fat, 10 percent calories from saturated fats, limited trans Fat, and reduced sodium and sugar.
- Lunches contain whole grain breads and cereals, fresh fruits, vegetables choices and low fat or skim milk.
- A variety of lunches include salad, hummus, and vegetarian options.
- Food is prepared and served under safe and sanitary conditions.
- Lunch costs less than bringing an equally nutritious lunch from home.

In this period of rising food costs, a comparison of a lunch brought from home with school lunch prices shows the school lunch is a nutritious bargain.

Cost of a Sample Lunch from Home Determined from prices at local grocery store 8/11

	Elementary	Middle/High
Bread (white), 2 slices	\$.15	\$.15
Turkey slices, 3 oz	\$1.31	\$1.31
Potato Chips, (small bag)	\$.33	\$.33
Baby Carrots (6-8)	\$.50	\$.50
Fresh Apple (1)	\$.96	\$.96
Milk, 1/2 pint (at school)	\$.60	\$.60
Bag, napkin, etc	\$.13	\$.13
Labor, 15 minutes	free	free
Total Cost	\$3.98	\$3.98
Lunch purchased at school	\$2.65	\$2.75
Savings	\$1.33	\$1.23

Distribution of Literature and Fliers



To protect our children from becoming little advertisers and mail carriers, FCPS has clearly described the situation under which children may carry announcements home to parents. (Regulation 1367.1) Students may only carry fliers consistent with the mission of the school: education and the welfare of children. All nonprofit organizations are eligible to submit fliers in accordance with the guidelines below. Charitable solicitations, partisan political organizations, and commercial or profit-making enterprises are excluded with the exception of school-business partnerships and events. Students may not carry advertisements. Non-profit organizations such as the Boy Scouts and Girl Scouts may only use the backpack system at designated times during the year. The fliers must be representative of something appropriate to the children and not violate any rules of decency, political campaigning, or marketing. These designated times are set by the school principal. At Virginia Run Elementary, the four dates that Wednesday envelopes may be used for carrying announcements from non-profit organizations:

September 21, 2011 **November 16, 2011**
February 8, 2012 **April 18, 2012**

All announcements/fliers must carry the following disclaimer:

These materials are neither sponsored nor endorsed by the Fairfax County School Board, the Superintendent, or this school.

All announcements/fliers must be approved by the administration in advance, allowing at least 3 days turn-around time. Upon receiving approval, the organization is responsible for supplying the copies to the school by the Tuesday preceding the designated envelope. PTA materials and announcements must also be approved in advance, but are not restricted to the four dates listed above. No materials carried by children may promote improper behavior or political opinion.



Let's start **CLIPPING** and **SHOPPING** using the BTFE website!

Welcome to another great year at Virginia Run! As we start the new school year, I would like to remind you about **BOX**

TOPS FOR EDUCATION!

Did you know that last year our school raised over \$2,000 through the Box Tops for Education Program? And, that was just by clipping! **Our goal this school year is to raise \$3,000!!!** In addition to clipping, there is another simple way to earn money for our school through the Box Tops for Education program:

Shop — Shop at your favorite online stores through the Box Tops MarketplaceSM (btfе.com/marketplace). Up to 8% of each qualifying purchase is automatically donated to our school. There is no additional cost to your purchase and many exclusive deals and discounts can be found!

Step 1 - To begin you must sign up to support our school at <http://www.boxtops4education.com> It is easy and once you register, you do not have to do it again. Also, you can choose to not receive any additional emails from them.

Step 2 - Every time you shop online, start at the Box Tops for Education website, click on Earn and scroll down to Marketplace. There you will see a list of popular retailers like Old Navy, Gap, Lands End, Target, Kohls, Staples, Justice, Oriental Trading, Wal-Mart, Expedia, FTD, etc. If you are logged in through the Box Tops for Education website, a percentage of your purchase goes to our school. Our school can get money while you shop! Again, remember just log on through the Box Tops for Education website and shop MARKETPLACE. It is simple and an easy way to help our school.

In addition to shopping online, we will have three Box Top coupon collection dates. Our first collection date will be Wednesday, October 19th. So start saving! Additionally, we will have a collection mid-February and at the end of the school year in June. You can ask your family and neighbors to save too. These are everyday products that everyone uses. For a complete list of products or if you have questions regarding the Box Tops program, please contact Lorraine Matier@ lpmatier@yahoo.com.



Fall Picture Day



October 7, 2011