

*The Centreville Pyramid School Counselors Present...*

# Parenting Night



## *An Evening of Learning for Parents*

Wednesday, March 21<sup>st</sup> at 7pm

Colin Powell Elementary School  
13340 Leland Road  
Centreville, VA 20120

Choose to attend two of the following presentations:

### ***Parenting with Love and Limits***

Join Licensed Professional Counselor, Neil McNerney, to learn why your child misbehaves, the seven aces of misbehavior, how to stay two steps ahead, and how to enjoy your child again.

### ***Structuring Your Home for School Success***

Topics addressed include establishing positive attitudes, fostering responsibility, managing time and resources, developing realistic expectations, and enhancing motivation and self-discipline.

### ***Siblings Without Rivalry***

Many sibling conflicts are due to developmental issues. Topics addressed include setting realistic expectations, engaging cooperation, responding to conflict, and understanding the difference between fairness and equality.

### ***Improving Study Skills***

Learn ways to help your children develop organization, time management, effective textbook reading, test-taking, and homework skills.

### ***Internet Safety***

Learn strategies to keep your children "internet safety smart" during computer time.

**Questions? Contact Your School Counselor:**

Kimberly Shoemaker or Maureen Smith – 703-322-8500

- ★ Spanish and Korean speaking translators will be available for selected sessions.
- ★ Free child care and homework help will be provided to participants' children!