



Union Mill Elementary School

FAMILY NEWSLETTER

November 4, 2011



Kathleen Case
Principal
kgcase@fcps.edu

Holly Walker
Assistant Principal
Holly.Walker@fcps.edu

Join us for our annual Thanksgiving Lunch
Grades K-3 on Wednesday, November 16
Grades 4-6 on Thursday, November 17
See flyer at the bottom of this newsletter for specific class times!

Please Return Your Federal Impact Aid Survey As Soon As Possible

Federal Impact Aid Survey forms were sent home this week and we are anxious to have all completed forms returned to the school as soon as possible. Fairfax County Public Schools receives approximately \$3,500,000 from this grant program each year. We are required to submit a form for each and every student. If you cannot locate your form, you may obtain another copy at <http://www.fcps.edu/DIT/forms/fs57.pdf> or call Sheri Brown at 703-322-8500 in the Union Mill Office. Thank you so much for your prompt response.

Nov. 15th Principal Coffee – Primary Literacy

Have you ever wondered what your child is learning in the language arts block, how we assess reading, or how you can support your child's reading at home? Please join Mrs. Case and our reading resource teacher, Mrs. Hare, in the cafeteria from 9:00 – 10:00 a.m. on Tuesday, November 15th to learn more about the language arts program in our primary grades. Hope to see you there.

Journey to the Great Pumpkin Returns to UMES

Our PE teachers, Liz Cross and Jenny Murray, redesigned the gym this week and took our children on a special adventure. Take a look at some of the action!



Theater Centreville

Looking to enjoy a great theater experience at a reasonable price? Bring your family to a live performance of Charles Dickens' A CHRISTMAS CAROL at Centreville High School! Showtimes are November 17, 18, & 19 at 7:30 p.m. and November 19 & 20 at 3:00 p.m. Tickets sold at the door and online. For more info go to TheatreCentreville.com.

Win a \$500 Shopping Spree at the Colonnade and \$1000 donation for UMES

Do you enjoy shopping at the Colonnade? If so, please use the entry form at the end of this newsletter for the holiday drawing sponsored by the Colonnade. Complete the form and turn it in at any participating merchant by December 2, 2011, and win a \$500 shopping spree and a \$1,000 donation to the school of your choice.

SCA Thanksgiving Food Drive

As in years past, the SCA will be collecting food in November to help those less fortunate in our area. We are asking that every student at Union Mill bring one non-perishable, canned or boxed item of food so others may have enough food for their Thanksgiving. Boxes will be placed in the front lobby from November 9-18. The SCA thanks you in advance for your generosity and support!!

UMES Book Fair is Just around the Corner

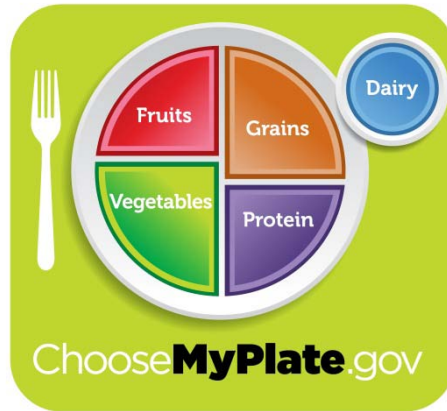
The UMES Book Fair will be held in the library the week of November 17th. Since Thanksgiving lunches are Wednesday and Thursday of Book Fair Week, students are welcome to shop at the Book Fair with their parents after lunch. For your planning, here are the Book Fair Hours:

Monday, Nov. 14	8:00 AM – 12:50 PM
Tuesday, Nov. 15	8:00 AM – 3:20 PM and 5:30 PM – 7:00 PM
Wednesday, Nov. 16	8:00 AM – 3:20 PM and 5:30 PM – 7:00 PM
Thursday, Nov. 17	8:00 AM – 3:20 PM and 5:30 PM – 7:00 PM
Friday, Nov. 18	8:00 AM – Noon

From 8:00 AM to 8:25 AM and from 5:30 PM to 7:00 PM children must be accompanied by a parent.

New Health Guidelines for a Healthier You

Did you know there were new good guidelines to help us stay healthier? ChooseMyPlate is the new food icon based on the 2010 Dietary Guidelines for Americans. The Guidelines encourage all Americans to eat a healthy diet and be physically active.



- Enjoy your food, but eat less.
- Avoid oversized portions.
- Make half your plate fruits and vegetables.
- Switch to fat-free or low fat (1%) milk.
- Make at least half your grains whole grains.
- Compare sodium in foods like soup, bread, and frozen meals – and choose foods with lower numbers.
- Drink water instead of sugary drinks.

<http://www.choosemyplate.gov>

5th Grade Nutrition Fair

It appears our 5th graders already have a head start on nutrition. Students selected healthy snacks and provided classmates with information on the snack and delicious samples.



Human Growth and Development Parent Preview Night

Fifth and sixth grade students will be taking part in lessons on Human Growth and Development (HGD) as part of the Family Life Education (FLE) Program in early December. These lessons address the many changes that students will experience as they go through puberty and provide them with important information that will help them make positive choices as they grow and change in the next few years. Parents are invited to attend a meeting to preview the HGD lessons and materials and to talk with school staff about the program. The meeting will be held on November 15, 2011 at 7:00 pm in classrooms in the Red POD. All program materials and videotapes will be available for review at that time.

Mark Your Calendar - Blood Drive at UMES on December 5 from 2:30 to 7:00 pm



The American Red Cross and the Union Mill PTA will be holding a blood drive on Monday, December 5, 2011 **at Union Mill Elementary from 2:30 to 7:00 pm**. You may schedule your appointment with the Red Cross online by clicking [here](#). The Sponsor Code for this drive is 16346. Contact Sheri Brown at sheri.brown@fcps.edu or 703-322-8504 for help in scheduling your donation appointment.

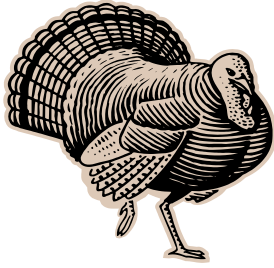
Grade 6 Youth Survey Aids in the Development of Education Procedures and Interventions

UMES will again be participating in the 2011 Fairfax Youth Survey. The survey focuses on high risk behaviors, such as alcohol, tobacco, and drug use, as well as delinquency and violence. Parents of sixth grade students received a letter explaining the survey content and opt-out procedures in the first Friday folder of this school year. The letter is signed by Dr. Jack Dale, Superintendent of FCPS. The survey will be administered at Union Mill on November 9. As in the past, the entire sixth grade will take the survey at the same time. If you have questions, please feel free to contact Clarence Jones at 571-423-4270. More information and a sample survey can be found online at www.fairfaxcounty.gov/youthsurvey.

AAP Referrals for Full-Time Advanced Academic Placement Level IV

For your future planning, parents may initiate the AAP screening process by completing and submitting an *AAP Level IV Referral Form* to Kathleen Case, UMES Principal, no later than Feb. 3, 2012. No late referrals will be accepted. Second graders not in the pool* and all third through seventh graders are screened only by referral. Forms are available on the AAP website (<http://www.fcps.edu/is/aap/index.shtml>) and in the *Parent Information Packet* available at the local school. (*Parents or guardians of students who are in the 2nd grade pool will be notified by the school sometime in January. Students who are not in the 2nd grade pool will not receive notification. The benchmark score used to create the 2nd grade pool will be published on the Advanced Academic Programs website mid-January.)

UMES Calendar At a Glance						
NOVEMBER						
SUN	MON	TUES	WED	THURS	FRI	SAT
6	7 Teacher Workday No School for Students	8 Teacher Workday No School for Students Election Day	9 6 th Grade Youth Survey SCA Food Drive begins	10	11 Happy Veteran's Day Family Bingo Night	12
13	14 NNAT testing 1 st grade	15 Principal's Coffee 9:00	16 Thanksgiving Lunches K-3	17 Thanksgiving Lunches 4-6	18 SCA Spirit Day- Mismatched Day	19



**COME AND JOIN US FOR
UNION MILL ELEMENTARY
SCHOOL'S
THANKSGIVING LUNCH**



November 4, 2011

Dear Children and Parents,

The staff and children at Union Mill would like to invite parents, friends, and relatives to join us for our traditional Thanksgiving lunch. To facilitate serving and to accommodate our guests, we are having two Thanksgiving lunches:

Wednesday, November 16, 2011

Grades K – 3 – Thanksgiving Lunch
Grades 4 – 6 – Lunch in classrooms (bring bag lunch from home)
(can buy milk for \$.60)

Thursday, November 17, 2011

Grades 4 – 6 – Thanksgiving Lunch
Grades K – 3 – Lunch in classrooms (bring bag lunch from home)
(can buy milk for \$.60)

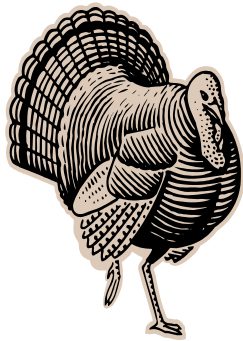
THANKSGIVING LUNCH MENU
November 16 and 17

Roast Turkey and Dressing with Gravy
Whipped Potatoes
Cranberry Sauce
Green Beans
Frozen Pumpkin Yogurt Cup
Choice of Milk

Our two cafeteria serving lines will feature “turkey and trimmings” for our children and our guests. No a la carte items will be available these days.

Prices for lunch are \$3.65 for visitors (adults and children), and \$2.65 for children enrolled at Union Mill. Please bring exact change, if possible, to help ticket lines move more quickly.

The November 16 and 17 lunch schedule is shown on the back of this page. Please plan to meet your child’s class in the school foyer.



THANKSGIVING LUNCH SCHEDULE

Wednesday, November 16, 2011

Grades K – 3

10:30 – 11:10	Gerde
10:35 – 11:15	Leonard
10:40 – 11:20	Petty
10:45 – 11:25	Toth
10:50 – 11:30	Burge
11:15 – 11:55	Spicer
11:20 – 12:00	Divers
11:25 – 12:05	Bellis
11:30 – 12:10	Duncan
11:35 – 12:15	Wysocki
12:00 – 12:40	Vredenburg
12:05 – 12:45	Scrafford
12:10 – 12:50	Eads
12:15 – 12:55	Carr
12:20 – 01:00	Hottle
12:45 – 01:25	Sturges
12:50 – 01:30	Harrison
12:55 – 01:35	Seidel
01:00 – 01:40	Bardenhagen

Thursday, November 17, 2011

Grades 4 – 6

10:50 – 11:30	Whitney
10:55 – 11:35	Nicholson
11:00 – 11:40	Hunter
11:05 – 11:45	McAdoo
11:10 – 11:50	Zimmerman
11:40 – 12:20	Patton
11:45 – 12:25	Carlstrom
11:50 – 12:30	Landsman
11:55 – 12:35	Hoernke
12:00 – 12:40	Grace/Hilton
12:30 – 01:10	McCullor
12:35 – 01:15	Brickwedde
12:40 – 01:20	Renn
12:45 – 01:25	Turner
12:50 – 01:30	McLaughlin

ENTER TO

Win

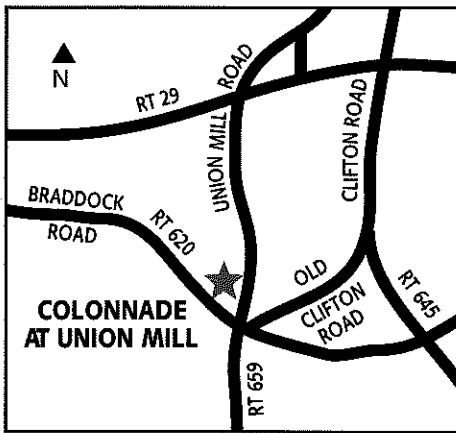
A \$500 SHOPPING SPREE
AND A \$1,000 DONATION
TO A LOCAL SCHOOL

COMPLETED FORM DUE TO A PARTICIPATING
MERCHANT BY 10 A.M. ON DECEMBER 2.

Happy Holidays



at Union Mill
Clifton, Virginia



Name _____

Address _____

Phone (day) _____

(evening) _____

Email _____

Your favorite local school _____

No purchase necessary. Purchases will not improve chances of winning.
Need not be present to win. Colonnade at Union Mill merchants, employees
and family members are not eligible.

SCH

The Colonnade at Union Mill features,
Giant and Outback Steakhouse



The Rappaport Companies
571-382-1200

FOR COMPLETE RULES, VISIT WWW.PROMORULES.INFO