

**PHYSICAL EDUCATION – Grade: Kindergarten
YEAR PLAN – 2009-2010**

Dates	Grade K
QUARTER 1	
August 3-7	Orientation <ul style="list-style-type: none"> • Classroom Procedures • Quiet Blue Line • Movement Vocabulary
August 10- September 4	Space Awareness <ul style="list-style-type: none"> • Locomotor Movements • Pathways • Position Words
September 8-Oct 2	Throwing & Catching <ul style="list-style-type: none"> • Self toss & catch • Partner toss and catch • Overhand/underhand throw • Stationary Targets
October 5- Oct 30	Screening
QUARTER 2	
October 26-Nov 24	Gymnastics <ul style="list-style-type: none"> • Tumbling • Balancing • Apparatus/Climbing Wall
Nov 30-Dec 18	Striking <ul style="list-style-type: none"> • Hand eye coordination • Long/short handled implements
Dec 22- Dec 23	Winter Wonderland Stations
QUARTER 3	
Jan 11-Jan 29	Dance and Rhythmic Activities <ul style="list-style-type: none"> • Intro to dance
February 2-19	Kicking & Punting <ul style="list-style-type: none"> • Inside and outside of feet • Dribbling
February 22-March 12	Jumping & Landing <ul style="list-style-type: none"> • One foot/two feet • Height • Stations
March 15-March 26	Scooterville
QUARTER 4	
April 19 – April 30	Ball Manipulation <ul style="list-style-type: none"> • Dribbling/bouncing • Traveling

May 3-21	Chasing, Fleeing, and Dodging <ul style="list-style-type: none">• Spatial awareness/directions
May 24-June 9	Field Day Activities
June 14-18	Year Review