

Discovery Garden Vegetable Soup



Ingredients:

- 6 cups broth
- 1 cup diced onion
- 1 cup sliced carrots
- 1 cup beans (green beans, kidney beans, lentils, or lima beans)
- 3 cups diced green cabbage
- 1 teaspoon dried basil
- 1/2 teaspoon salt
- 1/2 teaspoon dried oregano
- 3 cloves garlic, minced (use more if you like)
- 4 tablespoons of tomato paste (or use a whole tomato, even two if you desire)

Directions:

In a large pan saute the carrots, onions and garlic over a low heat for five minutes.

Add the cabbage, beans basil, oregano, salt, beans, and broth and bring to a boil.

Lower heat and simmer with the cover on the pot for 15-20 minutes or until the beans are tender.