

2009 South Lakes Fall Schedule

8/6/09

Varsity Football

Fri.	8/21	@ Wakefield (scr.) 6:00pm
Thurs.	8/27	vs. Washington - Lee (scr.) 6:00pm
Fri.	9/4	Falls Church
Fri.	9/11	@ Thomas Jefferson
Thurs.	9/17	Herndon
Fri.	9/25	@ Marshall
Fri.	10/2	McLean (RYA Youth Night)
Sat.	10/10	@ Madison 3pm
Fri.	10/16	Fairfax (Senior Night)
Fri.	10/23	@ Dominion
Fri.	10/30	Langley (Homecoming)
Fri.	11/6	@ Stone Bridge
Fri.	11/13	Regional Playoffs @ Top Seed

- **Game starts @ 7:30**

Freshmen & Junior Varsity Football

Thurs.	9/3	@ Falls Church (scr.)
Thurs.	9/10	Thomas Jefferson (scr.)
Wed.	9/16	@ Herndon
Wed.	9/23	Marshall
Thurs.	10/1	@ McLean
Thurs.	10/8	Madison
Thurs.	10/15	@ Fairfax
Thurs.	10/22	Dominion
Thurs.	10/29	@ Langley
Thurs.	11/5	Stone Bridge

- **Freshman 6:00 & JV 7:30**

Golf

Tues.	8/25	Marshall @ Westwood
Wed.	8/26	Stone Bridge @ Reston National
Thur.	8/27	Langley @ Reston National
Mon.	8/31	McLean @ Reston National
Wed.	9/2	Thomas Jefferson @ Reston National
Mon.	9/14	Madison @ Reston National
Thur.	9/17	Fairfax @ Reston National
Mon.	9/21	Districts @ Herndon Centennial 10am
Tues.	9/22	Districts @ Herndon Centennial 9am
Tues.	10/6-7	Regionals @ Fairfax National 9am

- **Matches start @ 3:30 unless otherwise noted**

Cross Country

Thur.	9/3	@ Bull Run Park 4pm
Sat.	9/12	Monroe Parker at Burke Lake 8am
Thurs.	9/17	District Meet @ Lake Fairfax
Mon.	9/21	District Meet @ Lake Fairfax 5pm
Sat.	9/26	Oatlands Invitational @ Oatlands
Wed.	9/30	District Meet @ Nottoway 5pm
Sat.	10/3	Frank Keyser Invitational @ Boonsboro HS
Wed.	10/7	District Meet @ Burke Lake 3:30pm
Sat.	10/10	Glory Days Invitational @ Bull Run
Sat.	10/17	Invitational TBA
Wed.	10/21	Liberty District Festival @ Lake Fairfax 5pm
Thurs.	10/29	Districts @ Burke Lake {G-3:15 / B-3:45}
Thurs.	11/5	Regionals @ Burke Lake {G-3:15 / B-4:00}
Sat.	11/14	States @ Great Meadows

Field Hockey

Wed.	8/19	@ Falls Church (scr.)
Mon.	8/24	@ West Potomac (scr.)
Thur.	8/27	@ Herndon
Tue.	9/1	Wakefield- V only 7pm
Fri.-Sat.	9/3-4	Under the Lights Tournament at Lee High School
Tues.	9/8	Stuart
Thur.	9/10	@ McLean V-4:00 / JV-5:15
Tues.	9/15	@ Falls Church
Thur.	9/17	Langley V-4:00 / JV-5:15
Mon.	9/21	@ Yorktown
Wed.	9/23	Mount Vernon
Wed.	9/30	Fairfax
Thur.	10/8	Madison (Senior Night)
Wed.	10/14	@ Marshall
Fri.	10/16	@ Thomas Jefferson V-4:00 / JV-5:15
Mon.	10/19	Districts @ Top Seed @ 7:30
Tue.	10/20	District Semis @ Madison 5:30 & 7:30
Thur.	10/22	District Finals @ Madison 7:30
Thurs.	10/27-11/4	Regions @ Oakton

- **JV 6:15 Varsity 7:30 unless otherwise noted**

Volleyball

Thu.	8/20	Briar Woods F-5:00, JV-6:00, V- 7:15 (scr.)
Mon.	8/24	@ Freedom F & JV-5:00, V- 6:30 (scr.)
Thurs.	8/31	@ Oakton
Wed.	9/2	Mount Vernon (Varsity Only) 6pm
Tue.	9/8	@ Stuart
Thur.	9/10	Wakefield
Sat.	9/12	Rumble Invitational-Stuart HS
Mon.	9/14	@ Fairfax F & JV-6pm, V-7:15pm
Wed.	9/16	@ Lee
Mon.	9/21	Thomas Jefferson
Wed.	9/30	Stone Bridge
Mon.	10/5	Hayfield
Thur.	10/8	@ Langley
Tue.	10/13	@ W-L
Mon.	10/19	Madison
Wed.	10/21	@ McLean
Mon.	10/26	Lake Braddock
Thur.	10/29	Marshall (Senior Night)
Mon.	11/2	Districts @ Top Seed 7:00
Tues.	11/3	District Semi-finals @
Thurs.	11/5	5:30/7:00pm @ Stone Bridge
Thurs.	11/5	District Finals @
Thurs.	11/5	7:00pm @ Stone Bridge
Mon.	11/9	Reg. 1 st Rd. @ 7:00pm @ Top Seed
Tues.	11/10	Reg. 2nd Rd. @ 7:00pm @ Top Seed
Thurs.	11/12	Reg. Semi-finals @ 6:00 & 7:30pm
Thurs.	11/12	@ Centreville High School
Sat.	11/14	Reg. Championship 6:00pm
Sat.	11/14	@ Centreville High School

- **Home matches @ 5:00/6:00/7:15 or earlier**

Cheerleading

Sat.	10/3	Park View Spiritfest 6pm
Tues.	10/20	District Cheer Semi-finals @ SL 6:30pm
Tues.	10/27	District Cheer Finals @ Fairfax 6:30pm
Sat.	10/31	Region Cheer 1 st Rd. @ Robinson 11am or 4pm
Sat.	11/7	Region Cheer Finals @ Robinson 5pm

2009 South Lakes Fall Schedule

Band

Sat.	9/26	Marching Band - USSBA Regional @Herndon HS
Sat.	10/3	Marching Band –Fall Classic @Manassas Park HS
Sat.	10/17	Marching Band – Oakton Classic@ Oakton HS
Sat.	10/24	Marching Band - VBODA State Festival Bealton,VA
Thur.	11/12	Tag Day Concert Band- Theatre @ 7:00PM

Chorus

Sat.	10/3	Honors Choir Audition- Longwood
Mon.	10/19	FCCDA Men’s Chorus Festival @ GMU
Sat.	11/7	District Choir Auditions- TBD

Theatre

Thurs.	10/22	Halloween Fright Night
Fri.	10/23	Halloween Fright Night
Sat.	10/24	Halloween Fright Night
Thurs.	11/5	Fall Show
Fri.	11/6	Fall Show
Sat.	11/7	Fall Show

Dance

Tues.	9/22-23	Essence Dance Company Auditions 2:20-4pm
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