

Catch Your Teen with a Good Book

Research shows that the more children read and are read to, the better off they'll be intellectually. May is "Get Caught Reading Month" and a great time to share the pleasures of reading with your teen. Here are a few ideas for accomplishing that:

Get Caught Listening Recent studies have shown that one in every five American households listens to audio books. Encourage your teen to browse the variety of audio titles in libraries and bookstores. It's a sure bet that he or she will find something of interest.



Get Caught Sharing Books The opportunities for your teen to share reading are limitless: book-swapping with friends, reading with the family, reading with a friend, or joining a book club at the public library. There might also be unexpected positive effects such as the cost benefit of swapping books, learning about new titles, or connecting with other teen readers – none of which might otherwise happen.



Get Caught with Something New "Get Caught Reading Month" is a great time to introduce and talk about new reading possibilities with your teen. Encourage your child to read outside of his or her comfort zone. If he only reads fantasy or science fiction, perhaps he or she would enjoy a true adventure. If he or she only reads magazines and newspaper articles, perhaps short stories could be added.

Encourage your teen to catch a new interest in reading.