

Ram Sports Camp – Summer of 2009

This will be our eighth consecutive year for Ram Sports Camp at Robinson Secondary School. Our camp has grown from a total of 150 campers the first year of camp to over 900 in the summer of 2008. Our mission is to offer quality instruction in many different sports for students in the Greater Fairfax area. We have been successful due to the coaching and teaching staffs of Robinson Secondary School, “The Home of Champions,” they provide a majority of our instruction.

Listed below is a brief summary of the different activities we offer. The activities are broken up into sessions. AM runs from 8:30 – 12:30 and PM runs from 1:00 – 3:30. Campers are welcome to participate in multiple sessions each week. We also offer an Extended Day program from 3:30-5:00 for those families who have childcare concerns. Campers who are participating all day will have a supervised lunch break from 12:30 – 1:00.

MULTI SPORT PROGRAM (GRADES K – 6) ALL WEEKS (AM & PM)

This program is run by Oak View Elementary School PE teacher, Matt Corey. Campers will be introduced to different sports each day and will also participate in many of their favorite PE games. This is one of our most popular camps as we focus on the campers having fun while learning. We work to create opportunities for the campers to experience success.

BOYS’ BASKETBALL CAMP (GRADES 2-9)

GIRLS’ BASKETBALL CAMP (GRADES 2-9)

Our basketball camps are conducted by Ram Head Coaches Brian Nelson (Boys’), TJ Dade (Girls’) and their coaching staffs. Campers are age and skills grouped and participate in drills that emphasize skill development in all areas of basketball, as well as daily full and half court games. We end each week with various tournaments, awards, and the famous camp *money shot*.

BOYS’ AND GIRLS’ TENNIS (GRADES 4-10)

Coach Billy Nason runs our tennis camp. Coach Nason is playing in his 4th year at the defending state champion Robinson High School. He is a three year varsity player and has assisted Head Coach Paul Fisher at the Oaks

Courts and Jim Fox at previous Rams Camps. Billy participates in USTA tournaments.

GIRLS' LACROSSE (GRADES 4-10)

Over the last 20 years, the Girl's Robinson Lacrosse Program has been one of the most successful teams in the state. Head Coach Alison Neun has been the driving force behind the success. These camps are for players of all ability levels and campers will be age and skill grouped. Campers must bring their own gear as they are expected to be in full lacrosse gear each day.

GIRLS' FIELD HOCKEY (GRADES 4-10)

Rams Head Coach, Katie Garvey will coordinate the third year of our Field Hockey Camp. Coach Garvey played club field hockey at UVA and will be in her 6th year coaching for Fairfax County . Players of all ability levels will learn the fundamentals needed to become a complete player. We are able to provide Field Hockey sticks for those campers who do not have their own, but all participants must provide their own mouth and shin guards.

TRACK & FIELD (GRADES 4-10)

Robinson Track & Field Coach Mark Gleason will be teaching the techniques essential to becoming a Track & Field competitor in running and field events. Robinson has sent numerous athletes to college programs around the nation under the tutelage of Coach Gleason.

FOOTBALL (GRADES 4-9)

Coach Dick Holmes from the staff of Robinson's State Championship teams of '97 and '01 have structured an outstanding football camp for players of all positions. Fundamentals are emphasized and campers will participate in daily games. This is a non-contact camp, but players are asked to bring mouth guards and cleats.

DANCE TEAM (GRADES K-8)

Robinson Head Coach and Professional Dance Instructor, Carol Chappell heads the Dance Team Camp. Under her direction, Robinson Dance Team has become one of the Metropolitan Areas premier performing squads. The highlight of the week is the dance performance the campers put on for parents each Friday. This camp fills up fast!

CHEERLEADING (GRADES K-10)

Jocelyn Swiger has been the Head Varsity cheerleading coach at Robinson for the past 4 years and has been with the program for 5 years. Coach Swiger spent the past 6 summers being a head camp instructor for the Universal Cheerleaders Association (UCA). She has taught camps all over the East Coast including large camps with up to 1000 participants of all ages. She is also a High School Physical Education teacher here at Robinson. This has been the most popular of our camps for elementary age girls in the past, and can be considered a great opportunity for middle school girls who are planning on trying out for the Cheerleading Team when they reach HS age.

VOLLEYBALL (GRADES 4-9)

Head Coach Jill Pearson conducts the Volleyball Camp for Ram Sports Camp. The Rams were the 2004 Northern Regional Champions and Coach Pearson was selected as Coach of the Year. This is a camp for players of all skill levels who desire to develop the skills necessary to eventually play at the HS or Club level.

BASKETBALL GAMES CAMP (GRADES K-7)

This camp is structured for the campers to learn by playing. Instruction in the area of fundamentals is limited. Campers are taught to organize and officiate games using the pick up game rules of the Robinson Basketball Program. Participants are age and skill grouped and will participate in all types of basketball games and tournaments each day. Attendees at this camp learn and have a great time!

GYMNASTICS (GRADES 4-9)

Megan Smiley is a Robinson graduate and is currently at GMU studying exercise science. Coach Smiley has done gymnastics since she was 9 years old and has been competing for Capital Gymnastics since she was 12. She also was on the Robinson Varsity Gymnastics team all four years and was captain senior year. Coach Smiley has been volunteering with the summer camp for the past three years, and she currently works at The Little Gym of Fairfax and teaches gymnastics classes for ages 3-12. She was also assistant coach of the Robinson team this year. This camp is for beginners to intermediates and campers need to come dressed in gymnastics attire.

PRE-SCHOOL CAMP (AGES 3-5)

Our camp has been so successful in a large part because of the outstanding quality of our high school and college age counselors. Children will participate in games of low organization in a structured and safe environment. Parents are welcome to watch the activities. Families may pre-register for the entire week, partial week/hours, or take advantage of our drop-in policy.

Soccer – Indoor (GRADES 4-8)

This is our inaugural year for our indoor soccer camp. Coach Matt Corey, played NCAA Division I soccer for four years, has coached and ran camps for 12 years and was the JV and assistant Varsity coach at Paul the VI and Woodson HS. Coach Corey will emphasize skill development for campers of all skill levels. He will do this through a series of drills and competitions. Campers will be skill grouped to optimize their individual experience!

Baseball – Indoor (GRADES K - 6)

This is our inaugural year for our indoor offensive baseball camp. It will be run by JD Detwiler our head varsity baseball coach. Coach Detwiler played baseball at Chantilly HS, Shepherd University and West Virginia University...he has coached HS at multiple levels prior to becoming Robinsons Head Varsity Coach. He also runs the Robinson baseball summer camp. This camp will focus on offensive skill development which will include hitting, baserunning and bunting! The campers will be broken into age and skill appropriate groups to best optimize their personal abilities. Indoor batting cages and indoor appropriate balls will be used!