

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
County Grade Summary - 2007-2008**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	6,121	5,512	90.1	6,085	4,353	71.5	6,242	5,486	87.9	6,061	5,134	84.7	6,165	5,076	82.3	6,405
04	Girls	5,647	5,107	90.4	5,600	5,174	92.4	5,731	5,361	93.5	5,593	5,014	89.6	5,687	4,582	80.6	5,866
05	Boys	6,070	5,439	89.6	6,225	4,770	76.6	6,329	5,590	88.3	6,092	5,183	85.1	6,141	4,922	80.1	6,436
05	Girls	5,688	5,063	89.0	5,815	5,226	89.9	5,917	5,545	93.7	5,687	5,024	88.3	5,758	4,544	78.9	5,996
06	Boys	6,060	5,551	91.6	6,286	4,706	74.9	6,213	5,510	88.7	5,878	5,230	89.0	6,151	4,707	76.5	6,434
06	Girls	5,834	5,243	89.9	6,011	5,350	89.0	6,009	5,664	94.3	5,690	5,179	91.0	5,931	4,584	77.3	6,149
07	Boys	5,898	5,575	94.5	6,258	4,782	76.4	6,127	5,774	94.2	5,914	4,973	84.1	6,257	4,931	78.8	6,508
07	Girls	5,391	5,105	94.7	5,741	4,958	86.4	5,647	5,484	97.1	5,407	4,785	88.5	5,730	4,628	80.8	5,956
08	Boys	6,051	5,781	95.5	6,132	4,633	75.6	6,229	5,859	94.1	5,848	4,863	83.2	6,011	5,037	83.8	6,390
08	Girls	5,622	5,404	96.1	5,695	4,556	80.0	5,823	5,662	97.2	5,379	4,737	88.1	5,593	4,745	84.8	5,978
09	Boys	5,576	5,377	96.4	6,097	4,452	73.0	6,151	5,693	92.6	5,239	3,994	76.2	5,916	4,909	83.0	6,799
09	Girls	5,054	4,820	95.4	5,469	3,924	71.7	5,600	5,346	95.5	4,785	4,041	84.5	5,363	4,452	83.0	6,158
10	Boys	5,167	5,024	97.2	5,574	3,729	66.9	5,752	5,297	92.1	5,214	4,130	79.2	5,542	4,742	85.6	6,333
10	Girls	4,972	4,791	96.4	5,302	3,426	64.6	5,489	5,231	95.3	4,976	4,325	86.9	5,301	4,417	83.3	6,069
11	Boys	266	259	97.4	277	122	44.0	302	275	91.1	258	204	79.1	292	226	77.4	353
11	Girls	313	287	91.7	320	108	33.8	356	327	91.9	318	262	82.4	329	238	72.3	410
12	Boys	38	35	92.1	35	14	40.0	43	35	81.4	39	31	79.5	40	29	72.5	50
12	Girls	39	35	89.7	46	11	23.9	49	42	85.7	38	34	89.5	45	29	64.4	59
Totals		79,807	74,408	93.2	82,968	64,294	77.5	84,009	78,181	93.1	78,416	67,143	85.6	82,252	66,798	81.2	88,349