

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS REPORT
SPRING 2007 - COUNTY SUMMARY

Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Trunk Extensor Strength		Flexibility		Enrolled
		Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
04	BOYS	6002	5246	6033	4170	6058	4858	5647	4260	6018	4967	6126
04	GIRLS	5671	4987	5701	4808	5706	4496	5322	4290	5677	5102	5769
05	BOYS	6002	5316	6076	4592	6056	4736	5717	4650	6009	4986	6152
05	GIRLS	5771	5175	5847	5012	5830	4550	5468	4637	5793	5278	5908
06	BOYS	6076	5512	6153	4496	6135	4676	5739	4799	6074	5156	6224
06	GIRLS	5600	5038	5649	4924	5635	4413	5269	4574	5578	5131	5719
07	BOYS	5997	5514	6086	4300	6105	4570	5953	4426	6012	5100	6255
07	GIRLS	5578	5193	5623	4417	5671	4397	5550	4392	5603	5179	5794
08	BOYS	5936	5574	6038	4343	6003	4642	5832	4696	6016	5236	6192
08	GIRLS	5456	5162	5548	4204	5493	4393	5378	4564	5552	5178	5671
09	BOYS	5867	5669	5963	4223	5930	4732	5661	3926	5937	5112	6113
09	GIRLS	5530	5288	5635	4057	5635	4499	5390	4187	5639	5186	5788
10	BOYS	5412	5191	5545	3596	5547	4501	5224	3692	5528	4642	5741
10	GIRLS	5227	4998	5348	3405	5317	4330	5035	3889	5365	4762	5570
11	BOYS	54	53	54	25	54	42	53	44	53	45	54
11	GIRLS	50	45	49	19	52	43	51	36	51	47	54
12	BOYS	6	6	6	2	6	5	6	5	6	5	6
12	GIRLS	5	3	4	0	5	3	4	3	5	3	5
Totals		80240 97%	73970 89%	81358 98%	60593 73%	81238 98%	63886 77%	77299 93%	61070 73%	80916 97%	71115 86%	83141